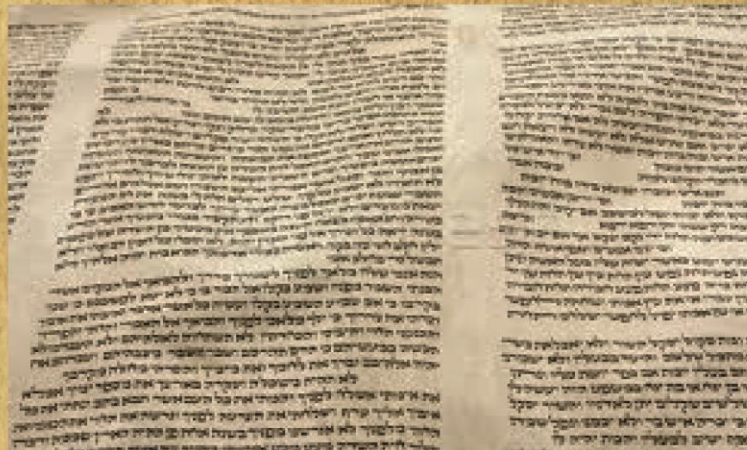


DAILY TEFILLAH / PRAYER BOOK

**Daily Scripture Prayers To Pray For
The Messianic Believer**



Rabbis Scott & Deborah Brandt
Deborah's Messianic Ministries
Beit Midrash Tefillah Hallel Congregation

Table Of Contents

Section	Page #
1. Introduction/Vision/Statement of Faith	Page 4
2. The Shema	Page 10
3. Daily Prayer Siddur /Various Prayers	Page 11
4. Shemon Esrei Amidah	Page 34
5. Prayer For Leadership	Page 38
6. Prayer For BMTH Ministry	Page 39
7. Prayer for Community of BMTH	Page 41
8. Prayer for Children	Page 42
9. Chicago ResTORAHation Conference Prayer	Page 43
10. Prayer For The Prodigal	Page 45
11. Prayer for Chicago & Suburb	Page 47
12. Victory Over The Enemy	Page 48
13. . Restoration To Wholeness	Page 49
14. Deliverance	Page 50
15. Health and Healing	Page 60
16. Prayer Against Fear	Page 63
17. Protection	Page 65
18. Prayer For Israel	Page 68
19. Who I Am In Yeshua	Page 74
20. . Reading Through The Scriptures Daily	Page 84

Table Of Contents Cont.

<u>Section</u>	<u>Page #</u>
21. 31 Days of Prayer For Israel, America and Youth	Page 88
22. Addendum-Prayer and Fasting Guide	Page 92
23. Addendum- Intercession Knowing The Basics	Page 96
24. Addendum: 613 Mitzvot	Page 98
25. Addendum: Various Prayers In Hebrew	Page 143
26. Addendum: Prayer List	Page 169

Introduction

The purpose of putting this prayer book together was so that our Congregation, Beit Midrash Tefillah Hallel, would be able to pray in agreement, even when we were not able to be together. We use this book in during our weekly intercessory prayer meetings as well.

The prayers are predominately scriptures, because there is nothing more powerful then praying the Word of YHWH. He watches over His word to perform it.

It is a collection of prayers that we have used over the years and were written by several different people and have been updated using the name of Yeshua and YHWH and Ruach HaKodesh and other Hebrew terminology where applicable..

My husband and I pray these prayers every morning. Some are customized for our Congregation and the location we live in, which is Chicago. However you can insert your Congregation or city where applicable as well.

In the back are several pages where you can write your prayer requests and keep a record of answered prayer.

Also using the Daily Prayer Siddur will add to your prayer life as well. We have included a simple daily Siddur in English and the Traditional Shema in English and Hebrew as well. However we recommend you purchase a good Prayer Siddur as well. Artscroll.com has some beautiful Siddurs and even some with Transliteration of the Hebrew. We have several different Prayer Siddurs we use at home and for our Congregation as well.

If Yeshua needed to pray, how much more do we! Praying shows our dependence upon YHWH and our need for Him to bring about His will in our lives, to meet our needs, help us in our walk, open the doors for effective ministry, see people delivered, healed and saved and is a tool for ruling and reigning in life in Messiah Yeshua!

Rabbis Scott & Deborah Brandt

Deborah's Messianic Ministries

Beit Midrash Tefillah Hallel Congregation Vision

(House Of Study, Prayer and Praise)

"Where there is no vision, the people perish ...but the people who know their GOD/YHWH will display strength and take action." Proverb 29:18a; Daniel 11:32b

The vision: Beit Midrash Tefillah Hallel is a Messiah-centered community born out of the Restoration Hebrew Roots revival restoring the entire commonwealth of Israel. In order to be a light for Yeshua/Jesus in the community, we endeavor to create a contextually Messianic Hebrew atmosphere where all believers can follow Yeshua/Jesus as a unified Commonwealth of Israel; where both Jewish Believers and Non Jewish Believers may reconnect with the Hebrew Roots of their faith. Together, this reconciled Messianic community can witness to GOD/YHWH's faithfulness toward the people of Israel and toward the nations.

Philosophy of Ministry, Our community belongs to GOD/YHWH: He formed us, He sustains us and we exist for His glory.

Our community is Messiah-centered: "And every day, in the temple and from house to house, they kept right on teaching and preaching Yeshua/Jesus as the Messiah." Our goal through every ministry of this congregation is to exalt **and lift up Yeshua/Jesus as the Messiah, the Son of GOD/YHWH.** His Word, as preached and taught from a Hebrew perspective, is the foundation of what we believe.

Our community is family oriented: We believe that the family was instituted by GOD/YHWH as the basis for passing His heritage and values to the next generation (Deut. 6:7). Together, we form a larger Mishpocha (family) devoted to expressing the love of GOD/YHWH. **Beit Midrash Tefillah Hallel Congregation** is a fruit of the Restoration Of Israel Hebrew Roots Revival in the believing community. GOD/YHWH promised that He would revive the house of Israel in Ezekiel 36:24-27. He did so in the days of the Shlichim (Apostles) of the first century as we read in Acts 21:20. Today, He is once more fulfilling His word by bringing revival to ALL Israel—both Saved Jews and Saved Ephraim and The Nations-- as foreseen in Romans 11:25-32 making them One New Man In Messiah.

Our community is contextually Hebrew and we encourage our membership to live a Hebrew lifestyle because: · We are called to be a light for Yeshua/Jesus first to the Israelite community (Matt. 5:14; Rom. 1:16; Rom. 9:3,4; Rom. 10:1; Matt. 10:6; Rom. 1:10, 1 Cor. 8:20), then to all the world. · GOD/YHWH has a prophetic destiny for the household of Israel that will be fulfilled in maintaining its GOD/YHWH given identity (Acts 21:20; Rom. 7:4,5; Acts 25:8; Rom. 3:2).

Our community is called to reflect the one new man reality of Ephesians 2:11-22. Through the redemption of our GOD/YHWH given ethnic and national identities, we are set free to mutually bless one another and serve GOD/YHWH in unity through the realization of "Messiah in you, the hope of glory". (John 10:16; John 17:22,23, Eph. 1:18, Col. 1:27). Our congregation undergirds and supports the restoration of the Commonwealth of Israel which is made up of both members of the house of Judah—which are called “Jews” today and the house of Ephraim—the descendents of the 10 Northern Tribes of Israel—thought to be lost until the great revival of the last days when Orthodox Jews believe Ephraim’s return is the LAST prophecy to be fulfilled and then Messiah returns for ALL TIME. **We believe Ephraim can be found within the Christian Community** who are saved by grace through faith in the Lord Yeshua/Jesus—Jesus the Messiah, and healing the breach between believing Jews and Christian believers in Yeshua/Jesus is a restoration of the first century of the Church, doing so primarily through humility, prayer and repentance. (Acts 15, Acts 21:17-26, Rom. 11:29, Rom. 11:11-24, 2 Cor. 5:18-29, Eph. 2:11-16) We have been given the ministry of reconciliation. (2 Cor. 5:18)

Beit Midrash Tefillah Hallel Congregation stands as a witness to GOD/YHWH's loyal love to Israel by raising up a Hebrew remnant and combining it with the wild olives of Ephraim—and together we make up a united Israel—**not replacing physical Israel through replacement theology—and not through British Israelism**—which we **openly reject as false**, but through God grafting ALL men into the natural olive tree which is ISRAEL. This demonstration of GOD/YHWH's covenant-keeping faithfulness is central to His plan to redeem and bless the nations (Ezek. 36:23; Luke 2:32; Rom. 11:12,15).

We are called to be a house of prayer for all the nations. (Isa. 56:7, Matt. 21:13) Accomplishing the Vision (Psalm 127:1; Eph. 2:10; Eph. 4:11-16)

To prepare GOD/YHWH's people for works of service, so that the body of Messiah may be built up (Eph. 4:12). "from [Messiah] the whole body according to the proper working of each individual part, causes the growth of the body for the building up of itself in love."

Each individual brings unique gifts and talents to the local Body. We encourage our members to develop and use these GOD/YHWH given talents to edify the congregation and to foster the Kingdom of GOD/YHWH .

This service takes place through various ministries:

Shabbat Worship Services: The weekly cycle culminates with the celebration of Shabbat, a day of rest, worship and meditation on GOD/YHWH's word; a time to refocus and follow Yeshua/Jesus, the L-RD of Shabbat.

Hebrew Holidays: Our community celebrates Hebrew holidays and the Biblical feasts of Israel , recognizing their historical importance and prophetic significance in pointing to the Messiah and His kingdom.

Lifecycle: In obedience to the Scriptures and in honor of the tradition of our fathers, we observe the various seasons of life through b'rit milah (circumcision), bar and bat mitzvah, weddings under the Chuppah, and other rites.

These are gifts from GOD/YHWH that help us to implement His ways in our everyday lives.

Education: In seeking the continuance of our spiritual heritage, our priority is to train up our children in the way they should go, from nursery through adulthood..

Future Goals is to have a Jr. Shabbat program, with bar and bat mitzvah training, youth group, Bible studies and Yeshiva are a few of the ways through which we will realize our vision.

Family Life and Future Plans: Chaverah (friendship) fellowship, family Torah study, men's and women's meetings, marriage seminars, singles' group, and summer camp are ways in which we support family life. Strong families, focused on GOD/YHWH's way result in strong congregations that render powerful service to the L-RD.

• **Jewish Community** - We are compelled to bear the light of Yeshua/Jesus the Messiah to the Jewish people. While maintaining a Hebrew lifestyle as followers of Yeshua/Jesus, we proclaim His Messiahship to the house of Judah in an attempt to make them jealous for the GOD/YHWH of Abraham, Isaac and Jacob through the living Torah Yeshua/Jesus the Messiah.

• **Christian Community - Both Jew and Gentiles are in need of salvation by grace through faith it is not of works**—so no man can boast, but the final piece of prophetic fulfillment in the last days is the reunification of the 12 tribes of Israel which are present in Revelation Chapter 7. We believe that Joseph represents ALL who believe in the One GOD/YHWH—YHVH and come through the blood of Yeshua/Jesus Messiah—Jesus Christ who is YHVH--WHO IS GOD! When Christians learn they are covenanted into the natural olive tree—they are set free from the directionless lifestyle that many have known in the body of Messiah. **We were always meant to be partners; Psalm 60:7 say that Ephraim—is GOD/YHWH's helmet—the helmet of salvation—and Judah is GOD/YHWH's scepter—meaning Jews bring the Torah: Gods Teaching and Instruction and Hebrew Roots to Ephraim/Christianity—and Ephraim/Christianity brings outreach and aggression for soul winning to Judah. The combination results in what Paul called, “Life from the dead” in the book of Romans.**

Deborah's Messianic Ministries Evangelistic & Teaching Association Inc.
Beit Midrash Tefillah Hallel Congregation
Statement Of Faith

1. We believe in the One and only God/YHWH, "The God/YHWH of Abraham, The God/YHWH of Isaac and the God/YHWH of Jacob" who is the Creator and sustainer of all things (Genesis 1:1, Exodus 3:6, Isaiah 42:5)
2. We believe that the God/YHWH of Abraham, Isaac and Jacob is One God/YHWH, who has revealed Himself as the Father, the Son, and the Holy Spirit, and these three are "Echad" the One God/YHWH. We believe that both the Tanach, the First Testament (Old Testament) and the B'rit Chadashah, the Second Testament (New Testament) support the triune nature of the God (Genesis 1:26, Deuteronomy 6:4, Psalm 2:8, 45:6-7, 51:11, Isaiah 9:6-7, Micah 5:2, Proverbs 30:4, Daniel 7:14, John 1:1-3, 8:58 & 20:28, Philippians 2:6-11, Colossians 1:15, Hebrews chapter 1)
3. We believe the Bible from Genesis to Revelation (Tanach and the B'rit Chadasha) is the infallible and the authoritative Word of God/YHWH. We believe that only the Bible is divinely inspired and that man must turn to it for guidance, growth, reproof, correction, and instruction concerning God/YHWH will to mankind (11 Peter 1:20-21, 11 Timothy 3:16)
4. We believe that Yeshua HaMashiach/Jesus The Messiah was both fully human and fully Divine. He is the fulfillment of the Promise (the redeemer first mentioned in Genesis 3:5 the seed of Woman) and that His virgin birth was to be a sign to Israel of His Messiahship, the Promised Messiah (both the Suffering Servant and the Reigning King) of Israel.
5. We believe that man's disobedience (sin) to God/YHWH revealed Will caused a separation between man and God/YHWH (Genesis 2:16-17, Isaiah 59:1-2, Romans 5:12)
6. We believe that the only provision God/YHWH made for reconciling man to Himself was through the atoning blood of Yeshua (of which the Passover Lamb was a type), who took the penalty for our sin and disobedience upon Himself. That He was crucified and rose again having lain in the tomb for 3 days and 3 nights, manifesting His Victory over sin and death (Leviticus 17:11, Isaiah 53:6, 1 Corinthians 15:57, 11 Corinthians 5:19, 1 Peter 1:18-21, 11 Timothy 1:10)
7. We believe that there is no other name under heaven by which man (both Jew and Gentile) may be reconciled to the Father (Acts 4:12, Psalm 2:1-12).
8. We believe salvation is by faith through the grace of God/YHWH alone and not by human efforts. One may not earn, merit, or keep this eternal salvation by our own efforts. A new creation is the work of God/YHWH alone. (Ephesians 2:8-10, Romans 8:29-39) We believe in the spiritual unity and equality of all believers in Messiah Yeshua (Ephesians 2:11-22)
9. We believe in the miracles performed by Yeshua/Jesus, those of yesterday and today. We believe in the work and presence of the Holy Spirit in the life of the believer. He brings forth the fruit of righteousness in the life of all in Yeshua/Jesus. The Holy Spirit also manifests His

gifts, power, and authority in the local body of believers, enabling them to become a supernatural community of love and service. (Romans 8:1-4, Chp 12, 1 Corinthians 12, Galatians 5:22-23)

10. We believe in Water Baptism/Mikva. Acts 2:23, 10:48, 22:6, Mark 16:16, Romans 6:4, Colossians 2:12)

11. We believe in the Baptism of the Holy Spirit. Acts 1:3-2:4

12. We believe in the existence of hell. Ezekial 31:16-17, Luke 16:22-26


13. We believe in the resurrection of both the saved and the lost. Those who are saved, to everlasting life, those who are lost to separation from God/YHWH. (Daniel 12:2)

14. We believe that the nation of Israel is chosen by God/YHWH to be a channel of blessing to all the nations of the earth. The return of the Jewish people to the land is in fulfillment of Biblical prophecy. The day will come when the faithful of Israel will accept Yeshua/Jesus as the Messiah. Then Yeshua/Jesus will come again to establish His worldwide rule from Jerusalem. Then the Word of the Lord will go forth from Zion and all nations will gaze on Him with joy. (Genesis 12:1-3, Isaiah 1:1-4 & Chapter 11, Zechariah 12:10 & 12:1, Romans 11)

15. We believe we should remember the Lord's sacrifice at "Passover/Pasha" and celebrate the Seven "Feasts of YHVH" in praise and honor of Yeshua/Jesus, just as the early believers did. We believe that each of the Seven "Feasts of YHVH" God/YHWH prophetically points to God/YHWH plan of salvation of man, through "His only begotten Son" Yeshua our Lord and Savior!

16. We believe we should remember the "Sabbath" day and keep it Holy. We believe the Sabbath is a feast of the Lord and is from Sundown on Friday to Sundown on Saturday. Exodus 20:1

Deuteronomy 6:4-9

שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ יְיָ אֶחָד 

Sh'ma Yis'ra'eil Adonai Eloheinu Adonai echad.
Hear, Israel, the Lord is our God, the Lord is One.

In an undertone:

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד

Barukh sheim k'vod malkhuto l'olam va'ed.
Blessed be the Name of His glorious kingdom for ever and ever.

וְאַתָּה יְיָ אֱלֹהֶיךָ בָּכָל לְבָבְךָ וּבְכָל נַפְשְׁךָ וּבְכָל מְאֹדְךָ

V'ahav'ta eit Adonai Elohekha b'khol l'vav'kha uv'khol naf'sh'kha uv'khol m'odekha.
And you shall love the Lord your God with all your heart and with all your soul and with all your might.

וְהָיוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אֲנִי מְצַוְךָ הַיּוֹם עַל לְבָבְךָ

V'hayu had'varim ha'eileh asher anokhi m'tzav'kha hayom al l'vavekha.
And these words that I command you today shall be in your heart.

וְשִׁנַּנְתֶּם לְבָנֵיךָ וְדִבַּרְתָּ בָם

V'shinan'tam l'vanekha v'dibar'ta bam
And you shall teach them diligently to your children, and you shall speak of them

בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבְלֶכְתְּךָ בַּדֶּרֶךְ וּבְשֹׁכְבְּךָ וּבְקוּמְךָ

b'shiv't'kha b'veitekha uv'lekh't'kha vaderekh uv'shakh'b'kha uv'kumekha
when you sit at home, and when you walk along the way, and when you lie down and when you rise up.

וְקָשַׁרְתָּם לְאוֹת עַל יָדְךָ וְהָיוּ לְטֹטַפֹּת בֵּין עֵינֶיךָ

Uk'shar'tam l'ot al yadekha v'hayu l'totafot bein einekha.
And you shall bind them as a sign on your hand, and they shall be for frontlets between your eyes.

וְכָתַבְתֶּם עַל מְזוֹזֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ

Ukh'tav'tam al m'zuzot beitekha uvish'arekha.
And you shall write them on the doorposts of your house and on your gates

DAILY PRAYER SIDDUR

BLESSING UPON ARISING

I gratefully thank You, living and existing King, for granting me another day with compassion, abundant is your faithfulness.

HAND WASHING BLESSING

Before washing the hands, the following scripture may be recited:

“The earth is Yahweh’s, and the fullness thereof; the world, and they that dwell therein. For He has founded it upon the seas, and established it upon the floods. Who shall ascend into the hill of Yahweh? Or who shall stand in His holy place? He that has clean hands, and a pure heart; who has not lifted up his soul unto vanity, nor sworn deceitfully.” (Psalm 24:1-4)

As the water is poured over the hands, the following blessing is said:

Blessed are you Yahweh our Elohim, King of the universe, who has sanctified us by Your commandments and has commanded us concerning the washing of hands. I dedicate my hands to Messiah, the hope of glory, to serve him only.

BLESSING UPON DONNING THE SMALL TALLIT

Blessed are You, Yahweh, our Elohim, King of the Universe, who has sanctified us with His commandments, and commanded us regarding the commandment of tzitzit. (Shemot {Num} 15:37-41)

BLESSING UPON DONNING THE TALLIT

Blessed are You, Yahweh, our Elohim, King of the Universe, who has sanctified us with His commandments, and commanded us to wrap ourselves in tzitzit. (Davarim {Deut} 22:12)

BLESSING UPON DONNING THE ARM AND HEAD TEFILLIN

Stand while putting on the tefillin, place the arm tefillin upon the left biceps, hold it in place ready for tightening, then recite the following blessing:

Blessed are You, Yahweh, our Elohim, King of the Universe, who has sanctified us with His commandments, and commanded us to put on the tefillin.

Tighten the arm tefillin and wrap the strap seven times around the arm. Without any interruption whatsoever, put the head tefillin in place, above the hair line and between the eyes. Before tightening the head tefillin recite the following blessing:

Blessed are You, Yahweh, our Elohim, King of the Universe, who has sanctified us with His commandments, and commanded us regarding the commandment of tefillin.

Tighten the head tefillin and recite:

Blessed is the Name of His glorious kingdom for all eternity.

After the head tefillin is in place, recite:

From Your wisdom, O supreme Elohim, may you imbue me. From Your understanding give me understanding, with Your kindness do greatly with me; with Your power cut down my foes and rebels. (May) You pour goodly oil upon the seven arms of the menorah, to affect all Your creatures with Your goodness. (May) You open Your hand and satisfy the desire of every living thing. (Psalm 145:16)

Wrap the strap around the middle finger and hand according to your custom. While doing this, recite:

I will betroth you to Me forever, and I will betroth you to Me with righteousness, justice, kindness, and mercy. I will betroth you to Me with fidelity, and you shall know Yahweh. (Hoshea 2:21-22)

SHACHARIT

MA TO-VU

HOW GOODLY ARE YOUR TENTS OH YA'AKOV

How lovely are your tents, oh Ya'akov, your dwelling place, O Israel. (Numbers 24:5)

Yahweh, through Your abundant kindness I will enter Your house,

In awe I will bow down toward Your Holy Sanctuary. (Psalm 5:8)

Yahweh, I love the House where You dwell, And the place where Your Glory resides.

(Psalm 26:8)

I shall prostrate myself and bow, bend the knee before Adonai my Maker. (Ps. 95:6)

As for me, may my prayers to You, Yahweh, be at the right time. Yahweh, in Your

Abundant righteousness, answer me with the truth of Your Salvation. (Ps 69:14)

TORAH BLESSING

Blessed are You, Yahweh our Elohim, King of the Universe, Who has sanctified us with Your commandments, and commanded us to be occupied with issues of Torah.

Blessed are You, Yahweh our Elohim, King of the Universe, Who has chosen us from all peoples, and has given us Your Torah. Blessed are You Yahweh, Giver of the Torah.

KADDISH A SONG OF PRAISE

Magnified and sanctified be His great Name.

In the world, which He has created according to His will. May He establish His kingdom during our lifetime and during our days, and during the life of the whole house of Israel, even swiftly and soon, - A-men.

Let His great name be blessed forever and to all eternity, - A-men.

Blessed, praised, and glorified, exalted, extolled and honored, magnified and lauded be the name of the Holy One, Blessed is He, Though He be high above all the blessings and songs, praise and consolations which are uttered in the world, - A-men.

Bow and take three steps back.

He who makes peace in His heights, may He make peace upon us, and upon all Israel.

<i>Bow left and say</i>	He who makes peace in His heights
<i>Bow right and say</i>	May He make peace upon us <i>Bow</i>
<i>forward and say</i>	and upon all Israel.

BAH-RUCH SHE-A-MAR BLESSED IS HE WHO SAID

During recitation of Bah-ruch She-a-mar, hold front two tzitzit in the hand. At conclusion, kiss tzitzit and release them.

Blessed is He who said let the world be, blessed is He.
Blessed is the Maker of the creation, blessed is He who speaks and does,
Blessed is He who decrees and fulfills,
Blessed is He who has mercy on the earth,
Blessed is He who has mercy on the creation,
Blessed is He who gives good rewards to those who revere Him.
Blessed is He who lives forever and exists for eternity,
Blessed is He who redeems and rescues, Blessed is His Name.
Blessed are You, Yahweh, our Elohim, King of the Universe,
Elohim the merciful Father, who is glorified by the mouth of His people,
Praised and lauded by the tongue of His followers and servants,
And with the songs of David, Your servant.
We shall praise You, Yahweh, our Elohim, with praise and songs.

We shall exalt You, praise You, glorify You, mention Your name,
And proclaim Your kingdom, our King, our Elohim.
O Unique One, life-giver of the worlds, King whose great name is eternally
Praised and glorified.
Blessed are You, Yahweh, the King who is lauded with praises.

ASH-REY PRAISEWORTHY

Praiseworthy are those who dwell in Your house, they will further praise You, Selah.

(Ps 84:5)

Praiseworthy is the people for whom this is so, praiseworthy is the people whose Elohim is
Yahweh. (Ps 144:15)

A Psalm of David. Psalm 145

I will exalt You, my Elohim the King, and I will bless Your name forever and ever.
Every day I will bless You, and I will praise Your name forever and ever.
Yahweh is great and exceedingly glorified, and His greatness is beyond investigation.
Each generation will praise Your deeds to the next and of Your mighty deeds that will tell
The splendorous glory of Your might, and Your wondrous deeds I shall discuss.
And of Your awesome power they will speak, and Your greatness I shall tell.
A recollection of Your abundant goodness they will express and
Of Your righteousness they will sing.
Gracious and merciful is Yahweh, patient and great in kindness.
Yahweh is good to all, His mercy is on all His works.
All Your works shall thank You, Yahweh, and Your devout one will bless You.
They will tell of the glory of Your kingdom, and of Your might they will speak.
To inform human beings of His heroic deeds, and the glorious splendor of His kingdom.
Your kingdom is a kingdom of all eternities,
and Your dominion is throughout every generation.
Yahweh supports all the fallen ones, and straightens all the bent.
The eyes of all look to You with hope, and You give them their food every season.
You open Your hand, and satisfy the desire of every living thing.
Righteous is Yahweh in all His ways, and virtuous in all His deeds.
Yahweh is close to all who call upon Him, to all who call upon Him sincerely.
The will of those who fear Him He will do, and their cry He will hear, and save them.
Yahweh protects all who love Him, and will destroy the wicked.

My mouth will speak praise to Yahweh, and all flesh will bless
His Holy Name forever and ever.

We will bless Elohim from this time and forever, Halleluyah! (Psalm 115:18)

YISH – TA – BACH

May Your name be praised forever – Elohim, the great and holy King, who is in heaven and on earth. For to You is fitting – Yahweh, our Elohim and the Elohim of our forefathers – song and praise, tribute and singing, strength and dominion, eternal greatness and triumph, glory and splendor, holiness and kingdom, blessings and thanksgiving from now to eternity. Blessed are You Yahweh, Elohim, King exalted through praises, Elohim of thanksgiving, Master of wonders, Who chooses musical songs of praise, King, Elohim, Life-giver of the world. Amen.

BAR – CHU BLESS

Bless Yahweh, the Blessed One.
Blessed is Yahweh, The blessed one for all eternity.

KA-DOSH HOLY

Holy, Holy, Holy, is Yahweh Elohim of Hosts, the whole earth is filled with His glory. (Isaiah 6:3)

Blessed is the Glory of Yahweh from this place. (Ezekiel 3:12)

AH-HA-VA RA-BA EVERLASTING LOVE

With a great love have You loved us, Yahweh, our Elohim, with exceedingly great mercy have You pitied us. Our Father, our King, for the sake of our forefathers who trusted in You, whom You taught the laws of life, may You have mercy for us, and teach us alike.

Our Father, the merciful Father, who has mercy, have mercy for us and place in our hearts {insight} to understand and to become wiser, to listen, learn and teach, observe, follow and maintain all the words of teaching of Your Torah with love. Enlighten our eyes with Your Torah, and affix our hearts to Your commandments, and unify our hearts to love and deeply respect Your Name, and we will not be ashamed forever and ever. For in Your great and awesome Holy Name we have trusted, we shall rejoice and delight in Your salvation.

At this point, gather the four tzitzit between the fourth and fifth fingers of the left hand. Hold tzitzitot in this manner throughout the Shema.

And bring us to peace from the four corners of the earth, and lead us with pride to sovereignty in our country. For You are the Elohim who executes salvations, You have chosen us from among

all nations and tongues. And You have brought us closer to Your great Name forever in truth, to thank You and distinguish Your Oneness with love.

Blessed are You, Yahweh, who chooses His people Israel with love. Amen.

SHE'MA
(Davarim {Deut} 6:4-9)

Hear O Israel, Yahweh is our Elohim, Yahweh is One.
Blessed is the name of His glorious kingdom for all eternity.

VEH – AH – HAV – TAH

And you shall love Yahweh your Elohim, with all your heart, with all your soul, and with all your might. And have these words, which I command you this day, be upon your heart. And you shall teach them diligently to your children, and speak of them when you sit in your house, when you walk by the way, when you retire, and when you arise. And you shall bind them for a sign upon your hand and let them be frontlets between your eyes. And you shall write them on the doorposts of your house and upon your gates;

And you shall love your neighbor as yourself.

MEE KA-MO-CHA
WHO IS LIKE YOU

Who is like You, Yahweh among the gods? Who is like You, glorified in holiness?
You are awesome in praise, working wonders Yahweh, who is like You Yahweh?
Shemot{Exodus} 15:11

SHEMONEH ESREI

AMIDAH

THE AMIDAH OPENING

Take three steps forward as you approach Yahweh.

Yahweh, open my lips that my mouth may tell Your glory.

AH – VOT (FATHERS)

Blessed are You, Yahweh, our Elohim and Elohim of our fathers, Elohim of Av'raham, Elohim of Yitz'chak and Elohim of Ya'akov, the great, mighty and awesome Elohim, the most high Elohim, who bestows grace and creates all, and remembers the kindnesses of the fathers, and brings a redeemer to their children's children, for His name's sake with love.

O King, Helper, savior, and shield, blessed are You, Yahweh, Shield of Av'raham.

**GI-BOR
YAHWEH'S MIGHT**

You are eternally mighty, Adonai, the Resurrector of the dead are You; Great in Salvation.

Who sustains the living with kindness, resurrects the dead with great mercy, supports the fallen, heals the sick, releases the confined, and keeps His faith to those asleep in the dust. Who is like You, O master of mighty deeds, and who is comparable to You, O King who causes death and restores life and makes salvation sprout? And You are faithful to resurrect the dead.

Blessed are You, Yahweh, who resurrects the dead.

**KAH-DOSH-ET HA-SHEM YAHWEH
HOLINESS OF YAHWEH'S NAME**

**You are holy and your Name is holy, and every day holy ones will praise You. Selah.
Blessed are You, Yahweh, the holy Elohim.**

**BEE-NAH
INSIGHT**

**You grant man knowledge and teach insight to human beings.
Endow us graciously from You with knowledge, insight and wisdom.
Blessed are You, Yahweh, the giver of wisdom.**

**TESH-U-VAH
REPENTANCE**

**Bring us back, our Father, to Your Torah, and bring us closer, our King, to Your service and make us return in complete repentance before You.
Blessed are You, Yahweh, who desires repentance.**

**SHE-LACH
FORGIVENESS**

Strike the left side of the chest with right hand when saying "erred" and "sinned".

Forgive us, our Father, for we have erred, pardon us, our King, for we have intentionally sinned, for You pardon and forgive.

Blessed are You, Yahweh, the merciful One who pardons abundantly.

**GO-AYL
REDEMPTION**

Behold our affliction, take up our grievance, and save us soon. (Ps 119:153-154)
For the sake of Your Name, for You are a powerful redeemer.
Blessed are You, Yahweh, the redeemer of Israel.

**REH-FU-AH
HEALING AND HEALTH**

Heal us Yahweh – and we shall be healed, save us – and we shall be saved, for You are our praise, and bring complete recovery for all our ailments,

At this point, one may add a prayer for a person who is ill:

May it be Your will, Yahweh, my Elohim, and the Elohim of my forefathers, that You quickly send a complete recovery from heaven, spiritual healing and physical healing to the patient (son or daughter) of (mother or father's name) among the other patients of Israel. For You are Elohim, King, the faithful and compassionate healer. Blessed are You, Yahweh, who heals the sick of His people Israel.

**BIR-KAT HA-SHA-NIM
YEAR OF PROSPERITY**

Bless for us, Yahweh, our Elohim, this year and all its kinds of crops for the best, and give a blessing, and give dew and rain for blessing on the face of the earth, and satisfy us from Your goodness, and bless our year like the good years. Blessed are You, Yahweh, who blesses the years.

**KEE-BUTZ GA-LU-YOT
INGATHERING OF EXILES**

Sound the great shofar for our freedom, and raise a standard to gather our exiles, and gather us from the four corners of the earth. (Isaiah 11:12) Blessed are You, Yahweh, who gathers the dispersed of His people Israel.

**DEEN
RESTORATION OF JUSTICE**

Restore our judges as in early times, and our counselors as at first (Isaiah 1:26), remove from us agony and groaning, and reign over us – You, Yahweh, alone – with grace and mercy, and justify us in judgment. Blessed are You, Yahweh, King who loves righteousness and judgment.

**TZA – DEE – KIM
THE RIGHTEOUS**

On the righteous, on the devout, on the elders of Your people, the house of Israel, on the remnant of their scribes, on the righteous converts and on us, may Your compassion be aroused, Yahweh, our Elohim, and give good reward to all those who truly trust Your Name, may You put our share among them forever, and we shall not be ashamed, for You we trust.

Blessed are You, Yahweh, who supports and safeguards the righteous.

**BIN – YAN YER – USH – A – LA – EEM
REBUILDING JERUSALEM**

And to Jerusalem Your city You shall return with mercy, and You shall dwell in it, as You have spoken, may You rebuild it soon in our days for eternity, and may You establish the Throne of David within it.

Blessed are You, Yahweh, the Builder of Jerusalem.

**MAL – CHOT BEIT DAVID
DAVIDIC REIGN**

The offspring of David, Your servant, may You swiftly make flourish and exalt his honor with Your salvation. For Your salvation (Yeshua) we hope all day long.

Blessed are You, Yahweh, who raises the ray of salvation.

**TEH – FI – LAH
ACCEPTANCE OF PRAYER**

Hear our voice, Yahweh, our Elohim, have mercy and compassion for us, and accept our prayers mercifully and willingly, for You are Elohim who listens to prayers and supplications. From before Yourself, our King, turn us not away empty-handed, for You hear the prayer of Your people Israel mercifully.

Blessed are You, Yahweh, who hears prayers.

**AH – VO – DAH
RESTORATION OF TEMPLE SERVICE**

Be favorable, Yahweh our Elohim, toward Your people Israel and their prayer, and restore the service to the Holy of Holies of Your temple. The fire-offerings of Israel and their prayer, with love and favor may You accept, and may the service of Your people, Israel, always be favorable to You. May our eyes behold Your return to Zion in compassion.

Blessed are You, Yahweh, who restores His presence to Zion.

MO – DEEM THANKGIVING

We thank You, for You are Yahweh, our Elohim and the Elohim of our forefathers forever and ever. The rock of our lives, the shield of our salvation, You are in every generation. We shall thank You and tell Your glory **(Ps 79:13)** for our lives which are in Your hands, and for our souls that are entrusted to You, and for Your miracles that are with us every day, and for Your wonders and favors that happen all the time, evening and morning and noon. The Good One, for Your compassion was not exhausted, and the Compassionate One, for Your merciful deeds have not ended, **(Lamentations 3:22)** always have we put our hope in You. For all these, may Your Name be blessed and exalted, our King, always, forever and ever; and all the living will thank You – Selah – and praise Your Name truly, O Elohim, our salvation and help – Selah!

Blessed are You, Yahweh, the Good One is Your Name, and You are proper to thank.

SEEM SHA – LOM ESTABLISH PEACE

Establish peace, goodness and blessing, graciousness, kindness and compassion upon us and upon all Israel Your people. Bless us our Father, all of us as one with the light of Your countenance, for with the light of Your countenance You gave us, Yahweh our Elohim, the Torah of Life and a love of kindness, righteousness, blessing, compassion, life and peace. And may it be good in Your eyes to bless Your people Israel, in every season and in every hour with Your peace.

Blessed are You, Yahweh, who blesses His people Israel with peace.

COMPLETION OF AMIDAH

May the expressions of my mouth and the thoughts of my heart find favor before You, Yahweh, my Rock and my Redeemer. **(Psalm 19:15)**

CONCLUDING PRAYER

My Elohim, guard my tongue from evil, and my lips from speaking deceitfully **(Psalm 34:14)**. To those who curse me, make my soul silent, and make my soul like dust to everyone. Open my heart with Your Torah, and my soul will pursue Your commandments. And those who plan against me evil things, speedily nullify their counsel and disrupt their plan. Act for the sake of Your Name, act for the sake of Your Right Hand, for the sake of Your Holiness, act for the sake of Your Torah. For rescuing Your beloved ones, let Your Right Hand save and respond to me. **(Ps 60:7)**

May the expressions of my mouth and the thoughts of my heart find favor before You, Yahweh, my Rock and my Redeemer. **(Psalm 19:15)**

Bow and take three steps back.

He who makes peace in His heights, may He make peace upon us, and upon all Israel.
Amen.

*Bow left and say
Bow right and say
Bow forward and say*

**He who makes peace in His heights
May He make peace upon us
and upon all Israel.**

**AH – LAY – NU
IT IS OUR DUTY**

It is our duty to praise the Master of all, to ascribe greatness to the Molder of primeval creation, for He has not made us like the nations of the lands, and has not emplaced us like families of the earth. For He has not assigned our portion like theirs, nor our fate like all their multitudes. And we kneel, and bow and acknowledge our thanks, before the King who reigns over kings, the Holy One, Blessed is He.

He stretches out heaven and establishes earth (Isaiah 51:13), the seat of His glory is in the heavens above, and His powerful presence is in the loftiest heights, He is our Elohim and there is none other. True is our King, there is nothing beside Him, as it is written in His Torah: You shall know today and take it back to your heart, that Yahweh is the only Elohim in heaven above, and on earth below, there is none other.

And it is said: Yahweh will be King over all the world, on that day Yahweh will be One and His Name will be One. (Zechariah 14:9)

**AH – DON O – LAM
MASTER OF THE UNIVERSE**

Master of the Universe who has reigned before anything was created,
At the time that everything was created at His will, then “King” was His name proclaimed. After all has ceased to exist, He, the Awesome One, will reign alone.

And He was and He is, and He shall be in Glory.

And He is One – and there is no second, to compare to Him, to declare as His equal.

Without beginning, without end, He has the might and dominion. And He is my Elohim and my living Redeemer, and the Rock of my salvation at time of trouble.

And He is my standard and a refuge for me, the portion of my cup on the day I call.

In His hand I will deposit my spirit, when I am asleep – and I shall awaken,

And with my spirit shall my body remain.

Yahweh is with me and I shall not fear.

Eliyahu the Prophet, Eliyahu the Tishbite, Eliyahu from Galidi, quickly in our day, come to us, with Messiah Yeshua, the Son of David.

**TEH-FEE-LAHT HA-TAL-MEE-DIM
THE DISCIPLES PRAYER**

Our Father, Who is in Heaven, Holy is Your Name. Your Kingdom come, Your Will be done, in earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For Yours is the Kingdom, and the power and the glory forever. Amen

Prayer Before a Meal

On washing the hands before a meal:

Blessed are you O God, our Lord, King of the Universe, who has sanctified us with his commandments, and has commanded us about the washing of hands.

Source: Traditional

|

The Shema

Hear, Israel, the Lord is our God, the Lord is One.

Blessed be the Name of His glorious kingdom for ever and ever

And you shall love the Lord your God with all your heart and with all your soul and with all your might.

And these words that I command you today shall be in your heart.

And you shall teach them diligently to your children, and you shall speak of them when you sit at home, and when you walk along the way, and when you lie down and when you rise up.

And you shall bind them as a sign on your hand, and they shall be for frontlets between your eyes.

And you shall write them on the doorposts of your house and on your gates.

Shema Yisrael, Adonai Eloheinu, Adonai Echad.

Barukh Shem k'vod malkhuto l'olam va-ed

V-ahavta et Adonai Elohecha b-chol l'avcha u-v-chol naf'sh'cha u-v-chol m'odecha.

V-hayu ha-d'varim ha-ayleh asher anochi m'tzav'cha ha-yom al l'avcha.

V-shinantam l-vanecha, v-dibarta bam b-shivt'cha b-vaytecha, u-v-lecht'cha ba-derech, u-v-shachb'cha u-v-kumecha.

U-k'shartam l'ot al yadecha, v-hayu l-totafot bayn aynecha.

U-chtavtam al m'zuzot baytecha u-vi-sharecha.

Deuteronomy 6: 4-9

|

Modeh Ani -- A Morning Prayer

I am thankful before You,

Living and Sustaining Ruler,

Who returned my soul to me with mercy.

Your faithfulness is great.

Modeh ani l'fanecha melech chai v'kayam sh'hechezarta bi nishmati b'chemla rabah

emunatecha.

Source: Traditional

Prayer Before Drinking Wine

Blessed are you, O God, our Lord, King of the Universe, creator of the fruit of the vine.

Source: Traditional

|

Blessing Over Fruit

Blessed art Thou, Lord our God, King of the universe who creates the fruit of the tree.

Baruch atah Adonai Eloheinu Melech ha-olam borei pri ha-etz.

Source: Traditional

|

Prayer After Eating (Birkat Hamazon)

Blessed is The Lord our God, Sovereign of the universe, who sustains the entire world with goodness, kindness and mercy. God gives food to all creatures, for God's mercy is everlasting. Through God's abundant goodness we have not lacked sustenance, and may we not lack sustenance forever, for the sake of God's great name. God sustains all, does good to all, and provides food for all the creatures whom God has created. Blessed is The Lord our God, who provides food for all.

Baruch atah Adonai, Eloheinu melech ha-olam, hazan et ha-olam kulo b'tuvo b'chein b'chesed uv-rachamim, hu notein lechem l'chol-basar, ki l'olam chasdo, uv-tuvo hagadol tamid lo chasar lanu v'al yechsar lanu mazon l'olam va-ed. Ba-avur sh'mo hagadol, ki hu Eil zan um-farneis lakol, u-meitiv lakol u-meichin mazon l'chol-b'riyotav asher bara. Baruch atah Adonai, hazan et hakol.

Source: Traditional

|

Blessing Over Bread

Blessed art Thou, Lord our God, King of the universe who brings forth bread from the earth.

Baruch atah Adonai Eloheinu Melech ha-olam hamotzi lechem min ha-aretz.

Source: Traditional

Prayer for Protection

O Lord, grant that this night we may sleep in peace. And that in the morning our awakening may also be in peace. May our daytime be cloaked in your peace.

Protect us and inspire us to think and act only out of love.

Keep far from us all evil; may our paths be free from all obstacles from when we go out until we return home.

Source: The Babylonian Talmud

|

Bless Ye HaShem

Behold, bless ye HaShem, all ye servants of HaShem, that stand in the house of HaShem in the night seasons.

Lift up your hands to the sanctuary, and bless ye HaShem.

HaShem bless thee out of Zion; even He that made heaven and earth.

Psalms 134: 1-3 | Source: Tanakh (Jewish Publication Society, 1917)

|

On Lighting Shabbat Candles

Blessed are You, Lord our God, King of the universe,
Who has sanctified us with His commandments,
and commanded us to kindle the light of the holy Shabbat.

Baruch atah adonai eloheinu melech haOlam asher kideshanu bemitzvotav vitzivanu l'hadlik ner shel Shabbat.

Source: Traditional

Prayer For Those Who Have Died

El Maley Rachamim

God full of mercy who dwells on high
Grant perfect rest on the wings of Your Divine Presence

In the lofty heights of the holy and pure
who shine as the brightness of the heavens
to the soul of_____.

who has gone to his eternal rest
as all his family and friends
pray for the elevation of his soul.
His resting place shall be in the Garden of Eden.
Therefore, the Master of mercy will care for him
under the protection of His wings for all time
And bind his soul in the bond of everlasting life.
God is his inheritance and he will rest in peace
and let us say Amen.

*El maley rachamim shochen bam'romim
hamtzey menuchah nechonah al kanfey haschechinah
bema'alot kedoshim ute'horim
kezo harakia me'irim umazhirim
lenishmat*

*shehalach le'olamo
ba'avur shekol beney hamishpachah, yedidim umakirim
mitpalelim le'iluy nishmato
began eden tehey menuchato
lachen ba'al harachamim yastireyhu
beseter kenafav le'olamim
veyitzror bitzror hachayim et nishmato
Adonai hu nachalato Veyanuach beshalom al mishkavo
Venomar amen.*

Source: From Jewish Funeral Care

|
|

Prayers for Help in Times of Trouble

Incline Thine Ear, O HaShem

A Prayer of David. Incline Thine ear, O HaShem, and answer me; for I am poor and needy. Keep my soul, for I am godly; O Thou my God, save Thy servant that trusteth in Thee. Be gracious unto me, O Lord; for unto Thee do I cry all the day. Rejoice the soul of Thy servant; for unto Thee, O Lord, do I lift up my soul. For Thou, L-rd, art good, and ready to pardon, and plenteous in mercy unto all them that call upon Thee. Give ear, O HaShem, unto my prayer; and attend unto the voice of my supplications. In the day of my trouble I call upon Thee; for Thou wilt answer me.

Source: Tanakh (Jewish Publication Society, 1917)

Psalm of Comfort

As the hart panteth after the water brooks, so panteth my soul after Thee, O God.
My soul thirsteth for God, for the living God: 'When shall I come and appear before God?'
My tears have been my food day and night, while they say unto me all the day: 'Where is Thy God?'
These things I remember, and pour out my soul within me, how I passed on with the throng, and led them to the house of God, with the voice of joy and praise, a multitude keeping holyday.
Why art thou cast down, O my soul? and why moanest thou within me? Hope thou in God; for I shall yet praise Him for the salvation of His countenance.

Psalms 42: 2-6 | Source: Tanakh (Jewish Publication Society, 1917)

Prayer for Renewal

Hide Thy face from my sins, and blot out all mine iniquities. Create me a clean heart, O God; and renew a steadfast spirit within me. Cast me not away from Thy presence; and take not Thy holy spirit from me. Restore unto me the joy of Thy salvation; and let a willing spirit uphold me.

Psalms 51: 11-14 | Source: Tanakh (Jewish Publication Society, 1917)

God Is Our Refuge

God is our refuge and strength, a very present help in trouble.
Therefore will we not fear, though the earth do change, and though the mountains be moved into the heart of the seas;
Though the waters thereof roar and foam, though the mountains shake at the swelling thereof.
Selah

There is a river, the streams whereof make glad the city of God, the holiest dwelling-place of the Most High.

God is in the midst of her, she shall not be moved; God shall help her, at the approach of morning.

Nations were in tumult, kingdoms were moved; He uttered His voice, the earth melted.

HaShem of hosts is with us; the God of Jacob is our high tower. Selah

Come, behold the works of HaShem, who hath made desolations in the earth.

He maketh wars to cease unto the end of the earth; He breaketh the bow, and cutteth the spear in sunder; He burneth the chariots in the fire.

'Let be, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.'

Psalms 46: 2-11 | Source: Tanakh (Jewish Publication Society, 1917)

|

Twenty-Third Psalm

HaShem is my shepherd; I shall not want.

He maketh me to lie down in green pastures; He leadeth me beside the still waters.

He restoreth my soul; He guideth me in straight paths for His name's sake.

Yea, though I walk through the valley of the shadow of death, I will fear no evil, for Thou art with me; Thy rod and Thy staff, they comfort me.

Thou preparest a table before me in the presence of mine enemies; Thou hast anointed my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me all the days of my life; and I shall dwell in the house of HaShem for ever.

Psalms 23: 1-6 | Source: Tanakh (Jewish Publication Society, 1917)

Prayer for Those in Need

Hear my cry, O God; attend unto my prayer.

From the end of the earth will I call unto Thee, when my heart fainteth; lead me to a rock that is too high for me.

For Thou hast been a refuge for me, a tower of strength in the face of the enemy.

I will dwell in Thy Tent for ever; I will take refuge in the covert of Thy wings. Selah

Psalms 61: 2-5 | Source: Source: Tanakh (Jewish Publication Society, 1917)

|

My Help Cometh From HaShem

I will lift up mine eyes unto the mountains: from whence shall my help come?
My help cometh from HaShem, who made heaven and earth.
He will not suffer thy foot to be moved; He that keepeth thee will not slumber.
Behold, He that keepeth Israel doth neither slumber nor sleep.
HaShem is thy keeper; HaShem is thy shade upon thy right hand.
The sun shall not smite thee by day, nor the moon by night.
HaShem shall keep thee from all evil; He shall keep thy soul.
HaShem shall guard thy going out and thy coming in, from this time forth and for ever.

Psalms 121: 1-8 | Source: Tanakh (Jewish Publication Society, 1917)

|

Psalm of Protection

HaShem is my light and my salvation; whom shall I fear? HaShem is the stronghold of my life;
of whom shall I be afraid?
When evil-doers came upon me to eat up my flesh, even mine adversaries and my foes, they
stumbled and fell.
Though a host should encamp against me, my heart shall not fear; though war should rise up
against me, even then will I be confident.

Psalms 27: 1-3 | Source: Tanakh (Jewish Publication Society, 1917)

|

91st Psalm

O thou that dwellest in the covert of the Most High, and abidest in the shadow of the Almighty;
I will say of HaShem, who is my refuge and my fortress, my G-d, in whom I trust,
That He will deliver thee from the snare of the fowler, and from the noisome pestilence.
He will cover thee with His pinions, and under His wings shalt thou take refuge; His truth is a
shield and a buckler.
Thou shalt not be afraid of the terror by night, nor of the arrow that flieth by day;
Of the pestilence that walketh in darkness, nor of the destruction that wasteth at noonday.
A thousand may fall at Thy side, and ten thousand at Thy right hand; it shall not come nigh thee.
Only with thine eyes shalt thou behold, and see the recompense of the wicked.
For thou hast made HaShem who is my refuge, even the Most High, thy habitation.
There shall no evil befall thee, neither shall any plague come nigh thy tent.
For He will give His angels charge over thee, to keep thee in all thy ways.
They shall bear thee upon their hands, lest thou dash thy foot against a stone.
Thou shalt tread upon the lion and asp; the young lion and the serpent shalt thou trample under
feet.
Because he hath set his love upon Me, therefore will I deliver him; I will set him on high,
because he hath known My name.

He shall call upon Me, and I will answer him; I will be with him in trouble; I will rescue him, and bring him to honour.
With long life will I satisfy him, and make Him to behold My salvation.'

Psalms 91: 1-16 | Source: Tanakh (Jewish Publication Society, 1917)

Prayers for Holidays

Prayer for Tisha B'av

Thou, O HaShem, art enthroned for ever, Thy throne is from generation to generation.
Wherefore dost Thou forget us for ever, and forsake us so long time?
Turn Thou us unto Thee, O HaShem, and we shall be turned; renew our days as of old.
Thou canst not have utterly rejected us, and be exceeding wroth against us!

Lamentations 5: 19-22 | Source: Tanakh (Jewish Publication Society, 1917)

Blessing for Sukkot

Blessed are You, O Lord our God, King of the universe, Who has kept us in life, and has preserved us, and enabled us to reach this season.

Source: Traditional

Hanukkah Candle-Lighting Prayers

Blessed are you, Lord our God, King of the Universe, Who sanctified us by his commandments, and has commanded us to kindle the lights of Hanukkah.

Baruch ata Adonai, Elohenu melech ha-olam asher kideshanu be-mitzvotav, ve-tzivanu le-hadlik ner shel Hanukah.

Blessed are you, Lord our God, King of the Universe, Who wrought miracles for our fathers in days of old, at this season.

Baruch ata Adonai, Elohenu melech ha-olam she-asa nisim la-avotenu ba-yamim ha-hem ba-zeman ha-zeh.

On the first night only:

Blessed are you, Lord our God, King of the Universe, Who has kept us alive, and has preserved us, and enabled us to reach this season.

Baruch ata Adonai, Elohenu melech ha-olam she-hecheyanu, ve-kiyemanu, ve-higiyanu la-zeman ha-zeh.

Source: Traditional

Rosh Hashanah Prayer

God is the incomparable King of the Universe. The destiny of humanity is to come to this realization. Whereas human kings rule in accordance with the principle of : "might makes right," God is the Holy King, Who is, at the same time, beyond comparison in His power, "Vas er vil, Tut er" - "Whatever He wills, He can do," yet He is also the Father of the orphan and the Judge of the widow, Who is always on the side of the powerless.

He is the Incorruptible and Righteous Judge of the World, Who favors no one, and cannot be bribed.

He is the true God and His word, the Torah, is true and eternal.

Source: From The Malchiyot (Kingliness) prayer in the High Holidays liturgy

The Al-Chet, Yom Kippur Confession

For the mistakes we committed before You under duress and willingly.
For the mistakes we committed before You through having a hard heart.
For the mistakes we committed before you through things we blurted out with our lips.
For the mistake we committed before You through harsh speech.
For the mistakes we committed before You through wronging a friend.
For the mistakes we committed before You by degrading parents and teachers.
For the mistakes we committed before You by exercising power.
For the Mistakes we committed before You against those who know, and those who do not know.
For the mistakes we have committed before You through bribery.
For the mistake we have committed before You through denial and false promises.
For the mistake we have committed before You through negative speech.
For the mistakes we have committed before You with food and drink.
For the mistakes we committed before You by being arrogant.
For the mistakes we committed before You with a strong forehead (brazenness).
For the mistakes we committed before You in throwing off the yoke (i.e. refusing to accept responsibility).
For the mistakes we committed before You through jealousy (lit: 'a begrudging eye').
For the mistakes we committed before You through baseless hatred.
For the mistakes we committed before You in extending the hand.
For the mistakes we committed before You through confusion of the heart.

Source: Traditional

Prayer for Passover

This is the bread of affliction which our ancestors ate in the land of Egypt.
Let all who are hungry come and eat.
Let all who are in need come and celebrate Passover.
This year we are here: Next year, in the land of Israel.
This year we are slaves: Next year may we all be free.

Children's Blessings

Entering the Baby Into the Covenant

Blessed are you, Adonai our God, Sovereign of the Universe, who sanctified us with your commandments and commanded us to bring our daughter into the covenant of Israel.

Source: RitualWell.org

|

A Prayer for Mikveh

Our mothers, Rebekka and Rachel, were betrothed and began new lives at the gently flowing waters of the well.

Our mother Tzipporah gave life to her child Moses in the ever-flowing waters of the Nile.
Our sister Miriam danced for the saving of lives beside the overflowing waters of the Sea of Reeds.

Water is God's gift to living souls, to cleanse us, to purify us, to sustain us, and to renew us.
Moses and Aaron and the priests of Israel washed with cleansing waters before attending to God's service at the altar.

As God separated the waters in the First Creation so do we ask that protecting waters surround this child.

As it is written: " I will sprinkle clean water upon you and you shall be clean. " (Ezekiel 36)
And it is written: " I am a well of living waters, a garden spring, a stream flowing from the heights of Lebanon. " (Song of Songs 4:15)

You are Blessed, O God, Spirit (Sovereign) of the World, who has sanctified us with Your commandments, and commanded us concerning Immersion.

Source: RitualWell.org

Blessings for Boys & Girls

For a girl:

May God make you like Sarah, Rebecca, Rachel, and Leah.

For a boy:

May God make you like Ephraim and Menasheh.

(Both) May God bless you and keep you. May God make His face to shine upon you and be gracious unto you. May God lift up his countenance upon you, and give you peace.

Source: Traditional

|

For a Baby-Naming

Our God and God of our ancestors, sustain this child for her father and mother. Let her be called in Israel _____ daughter of _____ and _____. May the father rejoice in his offspring and may her mother rejoice in the fruit of her womb. Let your parents be happy; let she who bore you rejoice. Give thanks to God; God's mercy is constant. May this little one, _____, be big. As she has entered into the covenant, so may she enter into a life of Torah, loving relationships and good deeds.

Source: RitualWell.org

|

Prayer for a Newborn Child

We are humbled by the awesome power of this moment.
From our lives we have brought forth life.
Through our love we have fashioned a child of love.
May our child be a blessing to all he meets.
And may he count us among his blessings as well.

Rabbi Rami M. Shapiro | Source: SoultoSpirit.com

Shemoneh Esreh-Amadah and Ha Adonai Tefillah/The Lords Prayer

Worship

1. Blessed are Thou, Yahweh our Elohim and Elohim of our fathers, Elohim of Abraham, Elohim of Isaac and Elohim of Jacob. The great, mighty and awesome Elohim, Yahweh Supreme who extends loving kindness and is Master of all, who remembers the gracious deeds of our forefathers, and who will bring a Redeemer with love to their children's children for His name's sake. King, Helper, Savior and Protector, blessed art Thou, Yahweh, Protector of Abraham.
2. Thy might is eternal, O Yahweh, who revives the dead, powerful in saving, who makes the wind to blow and the rain to fall, who sustains the living with loving kindness, who revives the dead with great mercy, who supports the falling, heals the sick, frees the captive, and keeps faith with the dead; who is like Thee Almighty, and who resembles Thee, O King who can bring death and give life
3. Thou are holy, and Thy name is holy, and those who are holy shall praise Thee every day. Blessed art Thou, Yahweh, the holy Elohim.
4. Thou grantest knowledge to man, and teaches understanding to humans; from thine own self, favor us with knowledge, understanding, and sense. Blessed art Thou, Yahweh, giver of knowledge.

Matthew 6:9⁹ You, therefore, pray like this:

'Our Father in heaven!

May your Name be kept holy¹[1]

Repentance

5. Return us, Our Father, to Thy Torah, and draw us closer, our King, to Thy worship, and bring us back before Thee in complete repentance. Blessed are Thou, Yahweh, who desires repentance.
6. Forgive us, Our Father, for we have sinned, pardon us our King for we have transgressed, for Thou art a pardoner and forgiver. Blessed art Thou, Yahweh, gracious One who forgives abundantly.

Matthew 6:12 Forgive us what we have done wrong, as we too have forgiven those who have wronged us.²[2]

¹[1]*The Jewish New Testament*, (Clarksville, MD: Jewish New Testament Publications) 1996.

²[2]*The Jewish New Testament*, (Clarksville, MD: Jewish New Testament Publications) 1996.

Requests

7. Look upon our suffering, and fight our struggles, redeem us speedily, for Thy name's sake, for Thou art a mighty Redeemer. Blessed art Thou, Yahweh, Redeemer of Israel.
8. Heal us, O Yahweh, and we shall be healed, save us and we shall be saved, for Thou art our glory. Send complete healing for our every illness, for Thou, Divine King, art the faithful, merciful Physician. Blessed art Thou, Yahweh, who heals the sick of His people Israel.
9. Bless this year for us, O Yahweh, our G-d, and all its varied produce that it be for good; provide (dew and rain as a) blessing on the face of the earth, satisfy us with Thy goodness, and bless this year like the good years. Blessed art Thou, Yahweh, who blessed the years.
10. Sound the great Shofar (to proclaim) our freedom, lift up a banner for the ingathering of our exiles, and bring us together from the four corners of the earth. Blessed art Thou, Yahweh, who gathers together the dispersed of His people Israel.

Matthew 6:11 Give us the food we need today^{3[3]}

Restoration

11. Restore our judges as at first, and our counselors as in the beginning, removing from us sorrow and Blessed art Thou, Yahweh, King, who loves righteousness and judgment.

Matthew 6:10 May your Kingdom come, your will be done on earth as in heaven.^{4[4]}

Protection for Righteous

12. On the righteous and the saintly, on the elders of Thy people, the house of Israel, and on their surviving scholars, on the true proselyte and on ourselves, let Thy compassion flow, O Yahweh our G-d. Grant a good reward to all who sincerely trust in Thy name; place our lot with them forever and let us not be shamed, for in Thee do we trust. Blessed art Thou, Yahweh, the support and security of the righteous.

Jerusalem

13. To Jerusalem Thy city, return with compassion, and dwell within it as Thou promised; rebuild it soon in our day, and everlasting structure; and speedily establish its midst the throne of David. Blessed art Thou, Yahweh, builder of Jerusalem.

^{3[3]}*The Jewish New Testament*, (Clarksville, MD: Jewish New Testament Publications) 1996.

^{4[4]}*The Jewish New Testament*, (Clarksville, MD: Jewish New Testament Publications) 1996.

14. The offspring of Thy servant David, quickly cause to flourish, and lift up his power by Thy deliverance; for Thy deliverance do we constantly hope. Blessed art Thou, Yahweh, who makes the glory of deliverance to flourish.
15. Hear our voice, O Yahweh our Elohim, show compassion and mercy to us, accept our prayers with mercy and favor, for Thou art Yahweh who hears prayers and supplications.
16. Favorably receive, O Yahweh our Elohim, Thy people Israel and their prayer, restore the worship to Thy temple in Zion, receive with love and favor the offerings of Israel and their prayer, and may the worship of Thy people Israel always be favorably received by Thee, may our eyes behold Thy return to Zion in mercy. Blessed art Thou Yahweh , who restores His Divine Presence to Zion.

Matthew 6:10 May your Kingdom come, your will be done on earth as in heaven.5[5]

Thanksgiving

17. We give thanks unto Thee who art the Yahweh our Elohim and Elohim of our fathers for all eternity. Thou art the strength of our lives, the shield of our deliverance. In every generation, we shall thank Thee and declare Thy praise for our lives that are entrusted in Thy hand and for our souls that are in Thy care, and for Thy miracles that are daily with us, and for Thy wondrous deeds and goodness that occur at all times, evening, morning and noon. Thou art the Benevolent One, for Thy mercies are never ended. The Compassionate One, for Thy deeds of kindness do not sopt, always have we placed our hope in Thee. For all this, our King, may Thy name be always blessed and exalted forever and ever. All the living will forever thank Thee and praise Thy name in truth, O Yahweh, our eternal salvation and help. Blessed art Thou Yahweh, whose name is goodness; it is pleasing to give thanks to Thee.
18. Establish peace, well-being, blessing, grace, loving kindness, and mercy upon us and upon all Israel, Thy people for by the light of Thy presence have you give us, O Yahweh our Elohim, a Torah of life, love of kindness, justice, blessing, compassion, life and peace, and it is good in Thy sight to bless Thy people Israel at all times and in every hour with Thy peace. Blessed art Thou, Yahweh, who blessed his people Israel with peace.

Matthew 6:13 And do not lead us into hard testing, but keep us safe from the Evil One. For kingship, power and glory are yours forever. Αμεν. '6[6]

5[5]*The Jewish New Testament*, (Clarksville, MD: Jewish New Testament Publications) 1996.

6[6]*The Jewish New Testament*, (Clarksville, MD: Jewish New Testament Publications) 1996.

Ha Adonai's Teffillah/The Lords Prayer

Matthew 6:7-13

⁷ *“And when you pray, don’t babble on and on like the pagans, who think God will hear them better if they talk a lot. ⁸ Don’t be like them, because your Father knows what you need before you ask him. ⁹ You, therefore, pray like this:*

‘Our Father in heaven!

May your Name be kept holy.

¹⁰ *May your Kingdom come, your will be done on earth as in heaven.*

¹¹ *Give us the food we need today.*

¹² *Forgive us what we have done wrong, as we too have forgiven those who have wronged us.*

¹³ *And do not lead us into hard testing, but keep us safe from the Evil One.*

For kingship, power and glory are yours forever. Αμεν. ’7[7]

Luke 11 “Our Father” with Hebrew

Avinu b’shammayim, yitkadash shimcha

Our Father in heaven, may your Name be sanctified

Tavo malchutecha y’aseh r’tzoncha k’mo v’shamayim ken b’aretz

Your Kingdom come, your Will be done on earth as it is in heaven

Et lechem chukenu ten lanu ha yom

Give us this day our daily bread

Us’lach lanu et chovoteinu ka’asher salachnu gam anachnu l’chayyaveinu

And forgive us our debts as we also have forgiven our debtors

V’al t’vi’enu lidei nisayon ki im chaltzenu min hara

Lead us not into temptation, but keep us from all evil

Ki l’cha ha mamlacha v’ha gevurah v’ha tifieret l’olmei loamim. Amen

For yours is the kingdom, the strength and the glory. Amen.

7[7] *The Jewish New Testament*, (Clarksville, MD: Jewish New Testament Publications) 1996.

Prayer For Our Leadership/Pastors/Rabbis

Father I thank you that our Pastors/Rabbis are faithful (Ps 31:23) and that You preserve them (Ps.21:23). That they abound with blessings (Prov. 28:20), and do not grow weary in well doing. (Gal 6:9). That You who began a good work in them will perfect it. (Phil1:6). They are Your workmanship created in Yeshua Ha Mashiach (Eph 2:10) and equipped in every good thing to do Your will (Heb 13:21). Work in them that which is well pleasing in Your sight. (Heb. 13:21).

Let all grace, abound toward them, have sufficiency in all things and an abundance for every good work. (2 Cor. 9:8). Because they have sowed bountifully, they will reap bountifully, (2 Cor 9:6) and whether they plant or water, Father, You give the increase (1 Cor. 3:6). I pray that they continually triumph in Messiah (2 Cor 2:14) diffusing the fragrance of His knowledge in every place. (2 Cor. 2:14). That all blessings come upon them and overtake them because they obey the voice of Yahweh.(Deut. 28:2).

Instruct them and teach them in the way they should go (Ps 32:8). Reveal the deeper things of Yahweh by Your Ruach Ha Kodesh. (1 Cor 9:10). Let them be vessels of honor, sanctified and useful for the Master prepared for every good work (2 Tim. 2:21). Shepherding the flock willingly, eagerly, and being an example to them (1 Pet 5:2).

Their speech and preaching is in demonstration of the Ruach HaKodesh and power (1 Cor 2:4) and they are instant in and out of season to teach the Word of Yahweh (2 Tim. 4:2).

Every place the soles of their feet tread upon has been given to them (Josh 1:3). They are strong and of good courage, for You Yahweh go with them. (Deut. 31:6). They wait upon You and You strengthen them in their heart (Ps. 27:14).

Help them set in order things that are lacking and appoint Elders in every city (Titus 1:5)

We tear down the strongholds over the Bema (2 Cor 10:4) and we lift our Pastors/Rabbis up and cover them with the blood of Yeshua (Heb. 12:24). Sickness and disease shall in no way come near them (Deut 28) for they are redeemed from the curse of the law (Gal 3:13). No weapon formed against them shall prosper and every tongue rising against them shall be shown to be in the wrong. (Isa 54:17).

Father, let the gifts and anointing on their lives come forth (1 Cor 12:11). Birth the things you have spoken to them in their hearts (Luke 1:45) as they continually give themselves to prayer and the ministry of the Word. (Acts 6:4)

PRAYER FOR BEIT MIDRASH TEFILLAH HALLEL CONGREGATION (AND DEBORAH'S MESSIANIC MINISTRIES)

Thank You For Our Future Meeting Place/Building

3000 square feet, Office, Class Rooms, Bookstore, Plenty of Parking, Large open space for Worship

Thank you that you are supplying all that we need according to your riches in glory by Yeshua Ha Mashiach.

Ministries

Children's Ministry, Youth Ministry, Woman's Ministry, Men's Ministry, Yeshiva Classes, Hebrew Classes, Chicago ResTORAHation Conferences, Evangelism Team, Davidic Dance Team, Praise & Worship Team, Widow's and Orphans Ministry, Benevolent Fund, Feeding the Poor and Homeless, Radio Ministry (Restoration in Yeshua); Newsletter (Deborah's Drash N Nosh)

Prayer Of Agreement For Our Congregation and Rabbis

Father in the name of Yeshua, we come into Your presence thanking you for Deborah's Messianic Ministries, Beit Midrash Tefillah Hallel Congregation and The Chicago ResTORAHation Conferences. You have called us to your Talmidim in the Chicago area and around the world. As we lift our voices in one accord, we recognize that You are YHWH and everything was made by and for You. We call into being those things that be not as though they were and are strong in faith knowing that you are watching over your Word to perform it.

We thank You that we speak the same thing; there is no division among us; we are perfectly joined together in the same mind. Grant unto us, Your Bond Servants a boldness to speak Your Torah/Word, which you will confirm with signs following. We thank you that we have skilled and committed workers for every ministry department full of the wisdom of YHWH. Each ministry operates in the excellence of ministry gifts for the edifying of the Body of Messiah till we all come into the unity of the faith. Thank you that we are mature believers not children tossed to and from and carried about with every wind of doctrine. We speak the truth in love to one another and do not get easily offended when we are corrected by our Rabbis.

We are a growing and witnessing Body of Messianic Believers (Judah and Ephraim) becoming at least 50 strong made up of faithful men, woman, families. We have every need met, (\$5000 monthly for ministry expenses and Rabbis Salaries) therefore we meet the needs of the people in our Community Spirit, Soul and Body. Father we thank you for the ministry facilities that will more than meet the needs of the ministry You have called us to. Our Congregation is prospering financially and we have everything we need to carry out Your Great Commission in the Chicago area as we proclaim the Good News and make Talmidim according to the commandment of our Master Yeshua.

We are a people of love as love is shed abroad in our hearts by the Ruach HaKodesh. We diligently pray for our Rabbis and for one another daily. We are a supernatural Congregation, composed of supernatural people doing supernatural things by the power of Your Word and Your Ruach/Spirit and we are laborers together in Your Kingdom. In Yeshua's Name. Amen!

PRAYING FOR THE COMMUNITY OF BEIT MIDRASH TEFILLAH HALLEL

Heavenly Father, we humble ourselves under Your mighty hand (1 Peter 5:6) Forgive us for our sins, and cleanse us from all unrighteousness .(1 John 1:9) Let us draw near to You with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience and our bodies washed(mikvah) with pure water (Heb 10:22). Let Your Word dwell in us richly (Col 3:16). Fill us with the knowledge of Your will in all wisdom and spiritual understanding (Col 1:9) that we may live and conduct ourselves in a manner worth of You, fully pleasing You and being fruitful in every good work (Col 1:10) And by being renewed in the spirit of our minds, (Eph 4:23), that we put on tender mercies, kindness, humility, meekness, longsuffering; bearing with and forgiving one another (Col 3:12) That we dwell together in the unity of the faith (Eph 4:13) recognizing those who labor among us esteeming them highly in love for their work's sake (1 Thes 5:12-13)

I pray we all speak the same thing, with no divisions among us (1 Cor. 1:10), standing fast in one spirit striving together for the faith (Phil 1:12) That we're not carried about with various and strange doctrines (Heb13:9), But we study, rightly dividing the word of truth (2 Tim 2:15).

That we are not murmurers, complainers, walking after our own lusts (Jude 1:16), but are rich in good works, ready to give and willing to share (1 Tim 6:18). I pray that the whole body be knit and joined together and that every part does its' share causing growth in the body Eph 4:16). As each one has received a gift, let him minister it Il Pet 4:10) looking out for the interests others (Phil 2:4). Let us all fervently love one another with a pure heart (1 Peter 1:22), so that we do not lose the things we have worked for (2 Jhn 1:8),

Let us become serious and watchful in our prayers (1 Peter 4:7), redeeming the time, for the days are evil (Eph 5:16) running with endurance the race that is set before us. (Heb 12:1), setting our minds on things above and not on things on the earth (Col 3:2), but pressing toward the goal for the prize of the upward call of Yahweh (Phil 3:14).

Putting on the whole armour of Yahweh that we may stand against ha satan (Eph 6:11). That we will speak forth Your Word with great boldness (Acts 4:29) and that You will stretch forth Your hand to heal , that signs and wonders may be done in the name of Your Son Yeshua (Acts 4:30)

PRAYING FOR OUR CHILDREN

Thank you Father that Your Word prevails over our children (Acts 19:20). That they are taught of Yahweh and continue (Is 54:13) to be the fruit of godly instruction and correction (Prov 13:10.) Great is their shalom and undisturbed composure (Is 54:13).

Father, give us counsel and wisdom in bringing up our children (Prov 2:6), We say that they are obedient, not conforming to the things of the flesh (1 Pet 1:14), but holy/Kadosh, in all conduct (1 Pet 1:15), desiring the pure milk of the Torah/Word that they may grow thereby (1 Pet 2:2) That they are swift to hear, slow to speak and slow to wrath (James 1:19). That their conduct is without covetousness (Heb 13:5), and they are content with what they have (Heb 13:5). They do not forget to do what is right and to share (Heb 13:16).

We pray that they grow in the grace and knowledge of our Master Yeshua (2 Peter 3:18) and abound more and more in how they should walk and please You. (1 Thes 4:1) That they submit to their elders. , and to one another (1 Petr 5:5) being clothed with humility (1 Pet 5:5). That they cast their cares upon You, Father, for You care for them. (1 Pet 5:7).

We thank You that they are doers of the Word and not hearers only (James 1:22), effectively sharing their faith (Phil 1:6), not having a spirit of fear, but of power, love and a sound mind. (2 Tim 1:7).

Father You have saved them can call them with a Holy/Kadosh calling (2 Tim 1:9) not according to works, but according to Your own purpose (2 Tim 1:9).

Deliver them from every evil work and preserve them (2 Tim 4:18) They will by no means follow strangers, not knowing their voices (John 10:5). They abide with others who call on Yahweh out of a pure heart (2 Tim 2:22) and cursing comes not out of their mouth (James 3:10).

Because Yeshua keeps them safe, the wicked one does not touch them (1 John 5:18). Give your angels special charge to accompany, defend, preserve (Ps 91:11) and provide safety for them, day and night (Ps 4:8) Because they keep Your Torah/Word, Your love is being perfected in them (1 John 2:5).

They do not love the world or the things in the world (1 John 2:15) and they do not imitate what is evil, but what is good (3 John 1:11) They walk in the light as You are in the Light (1 John 1:7), cleansing their hands and purifying their hearts, (James 4:8). They follow after righteousness, faith, love and shalom (2 Tim 2:22) They have a good conscience and desire to live honorably, (Heb 13:18), having favor and high esteem with Yahweh and man. (Prov 3:4)

Success Of The Chicago ResTORAHation Conferences

Father, we pray for those who hear the message of restoration (returning to the true Hebrew Roots of our faith in Yeshua) at the **Chicago ResTORAHation Conference** will believe-adhere to and trust in and rely on Yeshua as The Messiah and that all those You have called to attend the **Chicago ResTORAHation Conference** will be there and receive what you have for them.

Let it be known and understood by all that it is in the name and through the power and authority of Yeshua HaMashiach and by means of HIM that his conference is a success.

Father, Yeshua said whatever we bind on earth is bound in heaven, and whatever we loose on earth is loosed in heaven. In His Name we bind each speaker-psalmist, dancers, workers and attendees to Your will, their minds to the mind of Messiah and their emotions to the control of the Ruach HaKodesh. When the people see the boldness and anointing of the speakers and singers, they will receive that anointing and flow in the power of the Ruach HaKodesh.

Everybody shall be praising and glorifying YHWH for what shall be occurring and that the Ruach HaKodesh will move in power to set people free from the lies of the enemy so that they may walk in the Spirit of the Torah that has been written upon their hearts and return in repentance to the Truth of the Torah/His teachings and Instructions, Sabbath and Feasts that Yeshua may be glorified.

Father in the Name of Yeshua, we thank You that You have observed the enemy's threats and have granted us, Your bondservants, full freedom to declare Your message fearlessly while You stretch out Your hand to cure and perform signs and wonders through the authority and by the power of the Name of Yeshua.

We thank you Father that when we gather together in Yeshua's Name at the Conference the place will be shaken and all shall be filled to overflowing with the Ruach HaKodesh. Your people shall continue to speak the Torah/Word of YHWH with freedom and boldness and courage.

We thank you for your devine protection and that no weapon formed against this Conference can prosper and every tongue that rises against this Torah that is going for the with be stopped. Thank you for protecting us against all terrorist plots or threats. We pray for traveling mercies and protection for everyone coming to and going home from the conference

We pray for each one participating in this conference that every attitude be an expression of the fruit of the Ruach; love, joy, shalom, patience, kindness, goodness, faithfulness, gentleness, and self control will be flowing. Father we pray that each one will release rivers of living water and an outflowing of the anointing of the Ruach HaKodesh.

Thank you that every financial need is met for the conference and that we have \$20,000 in advance to pay for the speakers rooms, travel expenses, hotel expenses and other miscl expenses. We thank you for an abundant offering and that each speaker will be blessed with at least \$500.

Thank you for creative ideas and favor as we promote the **Chicago ResTORAHation Conference** this year and for calling us for such a time as this in Yeshua's Name

PRAYER FOR THE PRODIGAL

Because I believe in Yeshua my Messiah, I can declare that I and my household are saved!
Acts 16:31

Adonai/Master, I thank You that You will deliver the one for whom I intercede that is not innocent. Yes, _____ will be delivered through the cleanness of my hands. Job 22:30

Many are the plans in _____'s mind, but it is Your purpose that will stand for them. Pr 19:21 AMP

You said in Isaiah 49:24 that even though _____ has become prey to the mighty or has been taken captive lawfully, she/he shall be delivered. For You will contend with those that contend with me, and You will save my children.

You have promised to pour Your Spirit upon my seed and Your blessings upon my offspring. Is 44:3 You will pour water upon them and floods upon the dry ground of their hearts because she/he is spiritually thirsty.

I thank You that Your covenant with them is that Your Spirit which is upon me and Your words which You have put in my mouth shall not depart from them or their mouth, or from their offspring's mouth. Is 59:21

My children shall dwell safely and continue, and their descendents shall be established before You. Ps 102:28

The seed of the righteous shall be delivered. Pr 11:21 Deliver _____ from the snare of the trapper. Ps 91:31

I pray that _____ will come to her/his senses and escape from the trap of the devil, who has taken them captive to do his will. 2 Tim 2:26

I pray that the spirit of truth would penetrate _____'s heart. John 16:13

_____ has been translated from the kingdom of darkness into the kingdom of Your Son, Yeshua Messiah. Col 1:13

Father, I lay hold of Your covenant for _____. You said that You have made an everlasting covenant with _____, that You will not turn away from her/him, to do them good; but You will put Your fear in her/his heart so they will not depart from You. Jer 32:40

Father, You have promised to circumcise my heart and the hearts of my children, which means to open it to the gospel and take away all hindrances in obeying the truth. You will do this so that they will love You with all of their hearts and all of their souls, and live. Deut 30:6

Thank you for giving _____ a new heart and for putting a new spirit in her/him. Your word says that You will remove from her/him a heart of stone and give her/him a heart of flesh. Ezek 36:26

No one is able to snatch _____ out of Your hand. John 10:29

Open _____'s eyes and turn her/him from darkness to light, and from the power of Satan unto YHVH, that she/he may receive forgiveness of sins, and an inheritance among them which are sanctified by faith that is in Messiah. Acts 26:18

Alert _____ to know the time, that now it is high time for her/him to awake out of sleep: for now is her/his salvation nearer than when she/he believed. The night is far spent, the day is at hand: I pray that _____ will walk honestly, as in the day: not in rioting and drunkenness, not in chambering and wantonness (pleasure mindedness), not in strife and envying. But I pray that _____ will put on the Adonai/Master Yeshua Messiah and make no provision for the flesh, to fulfill the lusts thereof. Rom 13:11-14

Adonai/Master, deliver _____ from the way of the evil man, from the man that speaks perverse things, from those who leave the paths of uprightness, to walk in the ways of darkness; Who delight in doing evil, and rejoice in the perversity of evil; Whose paths are crooked, and who are devious in their ways. Prov 2:12-15

Purge _____ with hyssop, and she/he shall be whiter than snow. Hide Your face from _____'s sins, and blot out all her/his iniquities. Create in _____ a clean heart, O YHVH; and renew a right spirit within her/him. Cast _____ not away from Your presence; and take not Your Holy Spirit from her/him. Restore unto _____ the joy of Your salvation; and uphold her/him with Your free spirit. Then will _____ teach transgressors thy ways; and sinners shall be converted unto You. Ps 51:7-13

I pray that _____ will come out from (the world), and be separate and touch not the unclean thing so that You will receive her/him back. 2 Cor 6:17

Thank you for Your Word that says, "Refrain your voice from weeping, And your eyes from tears; For your work shall be rewarded, says the Adonai/Master, And they shall come back from the land of the enemy. There is hope in your future, says the Adonai/Master, That your children shall come back to their own border." Jer 31:16,17

Father, I pull down the strongholds of pride, unbelief, rebellion, fear, deception, false theologies and _____. I take _____'s heart captive to the obedience of Yeshua the Messiah. 2 Cor 10:4-5

I apply the blood of Yeshua over _____, for I overcome the enemy by the blood of the Lamb and the word of my testimony. Rev 12:11 Where the blood of Yeshua is applied the destroyer cannot come in.

Prayer For Chicago and Surrounding Suburbs

Father, We make this decree that Yeshua is Master over Chicago and the surrounding suburbs. Every strategy that the enemy has arraigned toward this city is hindered and defeated. Every stronghold of the enemy has fallen and is no more. The deception that he has bound this city in is no more, it has fallen.

Angels in the Name of Yeshua go forth throughout this entire city at the sound of the Word of Elohim that we speak and see that it is established and performed. Yahweh's Word saturates this entire city. The good news is preached on every corner. We praise you Father, for your Torah/Word will not return to you void, but shall accomplish everything it is sent out to perform!

Abba Father, thank you, that you have delivered us, the city of Chicago and surrounding suburbs out of the hand of the enemy for your own name's sake. You said seek the shalom of the city; pray unto Elohim for it- in the shalom thereof shall ye have shalom. So we pray for shalom, for Sar Shalom/ The Prince of Peace is Master over the City of Chicago and surrounding suburbs. The children of YHVH in Chicago and the surrounding city are returning to your Torah/Teachings and Instructions, repenting and obeying the voice of Yeshua in all things. We are fruitful and have increased abundantly and have multiplied and waxed exceedingly mighty.

Victory Over All The Power Of The Enemy

Father we thank you for the blood atonement of Yeshua who was the sacrifice for our sins. We pray for your protection over all of our families, friends and their families of Beit Midrash Tefillah Hallel Congregation, members and their families, DMM partners and their families, all the Messianic Jewish, Hebrew Roots and G-d fearing believers. Every Rabbi and Shepherd, apostle, prophet, evangelist and teacher in this nation and in Israel and over the entire Body of Messiah, their families, homes, businesses and possessions.

Ha satan you are bound in the name of Yeshua and every principality, power, ruler of darkness, spiritual host of wickedness in heavenly places, every evil spirit and demon that is not of YHWH that has been operating against us.

We cancel every hex, vex, spell, jinx, work of witchcraft, divination, black magic, psychic mind control, new age, sorcery, and bewitchment sent to oppose us; we cancel every attack of oppression, depression, perversion, distraction, hindrance and deception in Yeshua's name.

We render every assignment, attack, scheme and harassment of the enemy null and void, powerless, inactive, inoperative and ineffective against us in the name of Yeshua our Messiah. No weapon formed against us can prosper, every lying tongue is silenced, and every enemy that rises up against us is smitten before our face and flees seven ways.

The enemy is cast out of our lives, homes, circumstances, finances and neighborhoods. Ha satan's works are destroyed and YHWH people are free! Everything the enemy has stolen from us must be returned sevenfold. We speak life to every area of our life that the enemy has tried to destroy.

We cancel every attack of sickness, disease, pain and infirmity sent against us, for Messiah has redeemed us from our lawlessness and the curse that comes because of disobedience to Torah. By Yeshua's stripes we are healed. We cancel every attack against our finances and the finances of DMM and BMTH Congregation, for we are the seed of Avraham and are your people Israel and blessed above all the nations of the earth.

We cast out every spirit of fear, worry, doubt, anxiety and unbelief and give them no place in our lives. We pull down all strongholds, and cast down every vain and wicked imagination exalting itself against the knowledge of YHWH and bring every thought captive to obedience to Messiah. We root up every plant in us that the heavenly Father has not planted and replace it with the Word of YHWH and the fruit of the Ruach HaKodesh. We have shalom, power and a sound mind in Messiah Yeshua.

Father send the anointing of the Ruach HaKodesh on our lives and destroy every yoke and remove every burden. We yield to the fruits of the Ruach KaKodesh and pray that the gifts of the Ruach HaKodesh will flow freely in our Congregation to set the captives free and edify the Body of Messiah, His people.

Prayer For Restoration to Wholeness

Father, we pray for the believers who have experienced a painful past. Yeshua came to heal the broken hearted and we apply that healing power of YHVH's Word to heal every wound, for YHVH sent his Word and healed them, and delivered them from destruction. We pray forgiveness, healing and deliverance for those who have taken part in abortions, sexual promiscuity, acts of violence and hatred toward others and any type of criminal and abusive behavior.

We pray for healing for those who have been sexually assaulted or abused; healing for the divorced, separated, widowed and abandoned; healing for those who lost a loved one through natural causes, sickness, accident or violence; healing for those who feel they have failed in school, on the job, as a parent, husband or wife, or in any area of life; healing for those who have experienced rejection, pain and sorrow; and healing for those who have allowed bitterness and un-forgiveness to take root in their hearts.

Father wash away their painful past with the precious blood of Yeshua. Help them to forget those things which are behind, and reach for your promises for a bright future, where you are their focus and their fulfillment.

In Yeshua's name we thank you that ha satan and every spirit & demon that has consumed their minds with themselves and their situations is bound. They are set free from every negative assault on their thoughts. We break all mind control bondages and release them from sorrowful memories. In Yeshua's name the yoke of sin and the heavy burden of guilt and condemnation is removed from their lives. They are released NOW in Yeshua's name.

Father please fill them with revelation knowledge that you are the one who binds up their broken heart and bring them liberty from the prisons of their past. Give them beauty for ashes, the oil of joy for mourning, and the garment of praise for a spirit of heaviness. Transform them now as they renew their minds with your Holy/Kadosh Word. Make them trees of righteousness, bringing forth fruit in their season; whose leaves shall not wither and make whatsoever they do to prosper. Restore the years lost and give them a vision of your plan for a glorious future in Messiah. Angels in the name of Yeshua, go and minister to them.

Father send laborers across their path; confirm to them that you have heard their cries, and now is their time of deliverance and restoration. Help them to receive your love, your healing touch, and to trust you to make them whole again. In Yeshua's name. Amen

Prayers For Deliverance

Father Yahweh, I renounce the deceptions, lies and guilt that have tormented me. In your name, Yahweh, I strip away every stronghold or mindset in my soul that blocks Yahweh's truth. I choose to believe your Word and to submit to truth, in balance, and with my whole heart. I break agreement with all my ancestor's sins. I release all my hurts to your healing and justice. We will covenant together to take the Word of Yahweh, resist lies and embrace truth, like Yeshua did. We will swing the Sword of the Ruach until we have victory in our own lives and the beam is out of our own eye!

WE WILL UNITE OUR PRAYERS to agree with Yahweh's truth rather than our negative mindsets. We will persevere for our hope is in Yahweh's Word to us, which will not fail. In the name of Yeshua, we loose ourselves from contending with the Word and bind ourselves to Yahweh's will, way and timing.

Rom 12:2

2 Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what Yahweh's will is--his good, pleasing and perfect will.

2 Cor 10:4-5

4 The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.

5 We demolish arguments and every pretension that sets itself up against the knowledge of Yahweh, and we take captive every thought to make it obedient to Messiah.

Eph 6:11-12

11 Put on the full armor of Yahweh so that you can take your stand against the devil's schemes.

12 For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the Ruachual forces of evil in the heavenly realms.

Phil 1:9-11

9 And this is my prayer: that your love may abound more and more in knowledge and depth of insight,

10 so that you may be able to discern what is best and may be pure and blameless until the day of Messiah,

11 filled with the fruit of righteousness that comes through Yeshua Messiah--to the glory and praise of Yahweh.

WE UNITE OUR PRAYERS to loose ourselves from every form of selfish independence and every strategy of the enemy to separate us from others, from Yahweh and even from ourselves. We bind ourselves to the unity of the Ruach of Yahweh in our homes, churches and in our city. It is written in the Word of Yahweh:

Matt 18:18-20

18 I tell you the truth, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven. 19 Again, I tell you that if two of you on earth agree about anything you ask for, it will be done for you by my Father in heaven. 20 For where two or three come together in my name, there am I with them."

Ps 133:1

1 How good and pleasant it is when brothers live together in unity!

Prov 3:5-7

5 Trust in Yahweh with all your heart and lean not on your own understanding;
6 in all your ways acknowledge him, and he will make your paths straight.
7 Do not be wise in your own eyes; fear Yahweh and shun evil.

Prov 3: 13-18

13 Blessed is the man who finds wisdom, the man who gains understanding,
14 for she is more profitable than silver and yields better returns than gold.
15 She is more precious than rubies; nothing you desire can compare with her.
16 Long life is in her right hand; in her left hand are riches and honor.
17 Her ways are pleasant ways, and all her paths are peace.
18 She is a tree of life to those who embrace her; those who lay hold of her will be blessed.

Prov 6:16-19

16 There are six things Yahweh hates, seven that are detestable to him:
17 haughty eyes, a lying tongue, hands that shed innocent blood,
18 a heart that devises wicked schemes, feet that are quick to rush into evil,
19 a false witness who pours out lies and a man who stirs up dissension among brothers.

Prov 31:11-12,26-31

10 A wife of noble character who can find? She is worth far more than rubies.
11 Her husband has full confidence in her and lacks nothing of value.
12 She brings him good, not harm, all the days of her life.
26 She speaks with wisdom, and faithful instruction is on her tongue.
27 She watches over the affairs of her household and does not eat the bread of idleness.
28 Her children arise and call her blessed; her husband also, and he praises her:
29 Many women do noble things, but you surpass them all."
30 Charm is deceptive, and beauty is fleeting; but a woman who fears Yahweh is to be praised.
31 Give her the reward she has earned, and let her works bring her praise at the city gate.

Eph 5:21-27

21 Submit to one another out of reverence for Messiah. 22 Wives, submit to your husbands as to Yahweh.

23 For the husband is the head of the wife as Messiah is the head of the church, his body, of which he is the Savior. 24 Now as the church submits to Messiah, so also wives should submit to their husbands in everything.

25 Husbands, love your wives, just as Messiah loved the church and gave himself up for her 26 to make her holy, cleansing her by the washing with water through the word, 27 and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless.

Gen 2:18

18 Yahweh Yahweh said, "It is not good for the man to be alone. I will make a helper suitable for him."

Isaiah 32:17

17 The fruit of righteousness will be peace; the effect of righteousness will be quietness and confidence forever.

WE UNITE OUR PRAYERS, to loose ourselves from the effects of the guilt shame, hurt, trauma and hopelessness that devils have brought into our lives. In the Name of Yeshua Messiah, as the bride of Messiah, we bind ourselves to Messiah our healer, who redeems every experience, removes the pain and makes our weak places strong for His glory.

Isaiah 54:4-5, 14

4 Do not be afraid; you will not suffer shame. Do not fear disgrace; you will not be humiliated. You will forget the shame of your youth and remember no more the reproach of your widowhood.

5 For your Maker is your husband-- Yahweh Almighty is his name-- the Holy One of Israel is your Redeemer; he is called the Yahweh of all the earth.

14 In righteousness you will be established: Tyranny will be far from you; you will have nothing to fear. Terror will be far removed; it will not come near you.

Isaiah 61:1-4

1 The Ruach of the Sovereign YAHWEH is on me, because Yahweh has anointed me to preach good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners,

2 to proclaim the year of Yahweh's favor and the day of vengeance of our Yahweh, to comfort all who mourn,

3 and provide for those who grieve in Zion-- to bestow on them a crown of beauty instead of ashes, the oil of gladness instead of mourning, and a garment of praise instead of a Ruach of despair. They will be called oaks of righteousness, a planting of Yahweh for the display of his splendor.

4 They will rebuild the ancient ruins and restore the places long devastated; they will renew the ruined cities that have been devastated for generations.

Isaiah 61:7

7 Instead of your shame, you will have a double portion and instead humiliation they will shout for joy over their portion . Therefore they will possess a double portion in their land, everlasting joy will be theirs.

Joel 2:25-32

25 I will repay you for the years the locusts have eaten-- the great locust and the young locust, the other locusts and the locust swarm -- my great army that I sent among you.

26 You will have plenty to eat, until you are full, and you will praise the name of Yahweh your Yahweh, who has worked wonders for you; never again will my people be shamed.

27 Then you will know that I am in Israel, that I am Yahweh your Yahweh, and that there is no other; never again will my people be shamed.

28 And afterward, I will pour out my Ruach on all people. Your sons and daughters will prophesy, your old men will dream dreams, your young men will see visions.

29 Even on my servants, both men and women, I will pour out my Ruach in those days.

30 I will show wonders in the heavens and on the earth, blood and fire and billows of smoke.

31 The sun will be turned to darkness and the moon to blood before the coming of the great and dreadful day of Yahweh.

32 And everyone who calls on the name of Yahweh will be saved; for on Mount Zion and in Jerusalem there will be deliverance, as Yahweh has said, among the survivors whom Yahweh calls.

1 John 1:9

9 If we confess our sins, He is faithful and just to forgive our sins and to CLEANSE US FROM ALL UNRIGHTEOUSNESS.

Romans 8:28

28 And we know that Yahweh causes all things to work together for good for those that love Yahweh, to those who are called according to HIS purposes.

SATAN, WE UNITE OUR PRAYERS to loose ourselves from hopelessness and helplessness and to bind ourselves to Yahweh's plans, purposes and VISION for our lives with new faith and commitment.

Jer 32:27

27 "I am Yahweh, the Yahweh of all mankind. Is anything too hard for me?"

1 Cor 1:21-22

21 Now He who established us with you in Messiah and anointed us is Yahweh, 22 Who also sealed us and gave us the Ruach in our hearts as a pledge.

Jer 33:3

2 This is what Yahweh says, he who made the earth, Yahweh who formed it and established it--Yahweh is his name:

3 Call to me and I will answer you and tell you great and unsearchable things you do not know.

Hab 2:1-2

1 I will stand at my watch and station myself on the ramparts; I will look to see what he will say to me, and what answer I am to give to this complaint.

2 Then Yahweh replied: "Write down the revelation and make it plain on tablets so that a herald may run with it.

Rom 5:5

5 and hope does not disappoint us, because Yahweh has poured out his love into our hearts by the Holy Ruach, whom he has given us.

WE UNITE OUR PRAYERS to bind ourselves to the love of Yahweh, His humility and to be expressions of His heart. We loose ourselves from fleshly concerns, fears and carnal jealousy and envy that divides.

Mark 12:30-31

30 Love Yahweh your Yahweh with all your heart and with all your soul and with all your mind and with all your strength.'

31 The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these."

Matt 5:8-11

8 Blessed are the pure in heart, for they will see Yahweh.

9 Blessed are the peacemakers, for they will be called sons of Yahweh.

10 Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven.

11 Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me.

Matt 5:25-26

25 Settle matters quickly with your adversary who is taking you to court. Do it while you are still with him on the way, or he may hand you over to the judge, and the judge may hand you over to the officer, and you may be thrown into prison.

Matt 7:3

3 Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye?

Mark 10:42-45

42 Yeshua called them together and said, "You know that those who are regarded as rulers of the Gentiles Yahweh it over them, and their high officials exercise authority over them.

43 Not so with you. Instead, whoever wants to become great among you must be your servant,

44 and whoever wants to be first must be slave of all.

45 For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

John 8:15

15 You judge by human standards; I pass judgment on no one.

Rom 8:1-2

1 Therefore, there is now no condemnation for those who are in Messiah Yeshua,

2 because through Messiah Yeshua the law of the Ruach of life set me free from the law of sin and death.

Rom 8:15-17

15 For you did not receive a Ruach that makes you a slave again to fear, but you received the Ruach of sonship. And by him we cry, "Abba, Father."

16 The Ruach himself testifies with our Ruach that we are Yahweh's children.

17 Now if we are children, then we are heirs--heirs of Yahweh and co-heirs with Messiah, if indeed we share in his sufferings in order that we may also share in his glory.

YAHWEH, WE BIND OURSELVES to godly motives, to speaking in love, with patience and kindness in every sentence... To speak with humility, without rudeness, self-centeredness or anger... We loose our wrong reactions to offenses. We repent of and loose any right to keep a record of wrongs... We loose ourselves from rejoicing in the other's weaknesses and bind ourselves to rejoicing with them and in the truth. Our words will protect and express our trust in others and show that we believe in them.

Rom 12:9-12

9 Love must be sincere. Hate what is evil; cling to what is good.

10 Be devoted to one another in brotherly love. Honor one another above yourselves.

11 Never be lacking in zeal, but keep your spiritual fervor, serving Yahweh.

12 Be joyful in hope, patient in affliction, faithful in prayer.

Rom 15:1

1 We who are strong ought to bear with the failings of the weak and not to please ourselves.

Rom 15:5-7

5 May the Yahweh who gives endurance and encouragement give you a Ruach of unity among yourselves as you follow Messiah Yeshua,

6 so that with one heart and mouth you may glorify the Yahweh and Father of our Yahweh Yeshua Messiah.

7 Accept one another, then, just as Messiah accepted you, in order to bring praise to Yahweh.

1 Cor 9:26-27

26 Therefore I do not run like a man running aimlessly; I do not fight like a man beating the air.

27 No, I beat my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

1 Cor 10:13

13 No temptation has seized you except what is common to man. And Yahweh is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.

Gal 5:22-24

22 But the fruit of the Ruach is love, joy, peace, patience, kindness, goodness, faithfulness,
23 gentleness and self-control. Against such things there is no law.
24 Those who belong to Messiah Yeshua have crucified the flesh with its passions and desires.

Eph 4:14-15

14 Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of men in their deceitful scheming.
15 Instead, speaking the truth in love, we will in all things grow up into him who is the Head, that is, Messiah.

Phil 2:1-8

1 If you have any encouragement from being united with Messiah, if any comfort from his love, if any fellowship with the Ruach, if any tenderness and compassion,
2 then make my joy complete by being like-minded, having the same love, being one in Ruach and purpose.
3 Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves.
4 Each of you should look not only to your own interests, but also to the interests of others.
5 Your attitude should be the same as that of Messiah Yeshua:
6 Who, being in very nature Yahweh, did not consider equality with Yahweh something to be grasped,
7 but made himself nothing, taking the very nature of a servant, being made in human likeness.
8 And being found in appearance as a man, he humbled himself and became obedient to death-- even death on a cross!

IN YESHUA' NAME, we loose ourselves from strongholds of unforgiveness, distrust, fear and anger rooted in the victim Ruach, painful memories, fear of closeness, and our "rights." We bind ourselves to mercy and grace, trust, and forgiving as Yeshua did, paying the price.

It is written:

Eph 4:30-32

30 And do not grieve the Holy Ruach of Yahweh, with whom you were sealed for the day of redemption.

31 Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice.

32 Be kind and compassionate to one another, forgiving each other, just as in Messiah Yahweh forgave you

Eph 4:26-27

26 In your anger do not sin": Do not let the sun go down while you are still angry,

27 and do not give the devil a foothold.

Phil 2:12-13

12 Therefore, my dear friends, as you have always obeyed--not only in my presence, but now much more in my absence--continue to work out your salvation with fear and trembling,

13 for it is Yahweh who works in you to will and to act according to his good purpose.

Col 3:14-15

14 And over all these virtues put on love, which binds them all together in perfect unity.

15 Let the peace of Messiah rule in your hearts, since as members of one body you were called to peace. And be thankful.

1 Pet 2:20-25

20 But how is it to your credit if you receive a beating for doing wrong and endure it? But if you suffer for doing good and you endure it, this is commendable before Yahweh.

21 To this you were called, because Messiah suffered for you, leaving you an example that you should follow in his steps.

22 "He committed no sin, and no deceit was found in his mouth."

23 When they hurled their insults at him, he did not retaliate; when he suffered, he made no threats. Instead, he entrusted himself to him who judges justly.

24 He himself bore our sins in his body on the tree, so that we might die to sins and live for righteousness; by his wounds you have been healed.

25 For you were like sheep going astray, but now you have returned to the Shepherd and Overseer of your souls.

IN YESHUA' NAME, we loose ourselves from the strongholds of control, manipulation and self-indulgence rooted in fears of hurt, interdependence, bonding and in not giving others value. We bind ourselves to Your servant heart out of faith, love and peace.

It is written:

Heb 11:6

6 And without faith it is impossible to please Yahweh, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.

Heb 12:14-15

14 Make every effort to live in peace with all men and to be holy; without holiness no one will see Yahweh.

15 See to it that no one misses the grace of Yahweh and that no bitter root grows up to cause trouble and defile many.

James 1:8

8 A double minded man is unstable in all his ways.

James 1:12

12 Blessed is the man who perseveres under trial, because when he has stood the test, he will receive the crown of life that Yahweh has promised to those who love him.

James 3:17-18

17 But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere.

18 Peacemakers who sow in peace raise a harvest of righteousness.

James 5:16

16 Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective.

IN YESHUA' NAME, we loose ourselves from the strongholds of protection behind false securities, confusing the issues and every facade we use to protect our flesh. We bind ourselves to the love of Yeshua, integrity, truth, His joyful strength and genuine motives.

It is written:

Heb 4:12-13

12 For the word of Yahweh is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and Ruach, joints and marrow; it judges the thoughts and attitudes of the heart.

13 Nothing in all creation is hidden from Yahweh's sight Every creature is uncovered and laid bare before the eyes of him to whom we must give account.

1 Pet 3:7

7 Husbands, in the same way be considerate as you live with your wives, and treat them with respect as the weaker partner and as heirs with you of the gracious gift of life, so that nothing will hinder your prayers.

1 Jn 1:6-10

6 If we claim to have fellowship with him yet walk in the darkness, we lie and do not live by the truth.

7 But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Yeshua, his Son, purifies us from all sin.

8 If we claim to be without sin, we deceive ourselves and the truth is not in us.

9 If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

10 If we claim we have not sinned, we make him out to be a liar and his word has no place in our lives.

Phil 4:5-8

5 Let your gentleness be evident to all. Yahweh is near.

6 Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to Yahweh.

7 And the peace of Yahweh, which transcends all understanding, will guard your hearts and your minds in Messiah Yeshua.

8 Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable--if anything is excellent or praiseworthy--think about such things.

I John 4:18-19

18 There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.

19 We love because he first loved us.

Health and Healing Scriptures

Thank You, Father, that as I pay attention Your Word, listening closely to what You say to me, and not letting it out of my sight, but keeping it within my heart, it is life and **health** to my whole body. (Proverbs 4:22)

Health --- (Hebrew--marpé): Medicine

Just like a prescription medication takes a process of time to work its way into your system, take time to apply God's Word to your circumstance and allow it to do its marvelous work ... just like medicine.

Thank You, Father, for forgiving all my sins, and healing all my diseases, and redeeming my life from the pit. Psalms 103:2-5

You sent forth Your Word to heal me and deliver me from all destructions. Psalms 107:20

I know the truth (Your Word), and the truth of Your Word sets me free; and because the Son makes me free, I am free indeed! John 8:32,36

Yeshua, thank You for being wounded for my transgressions and bruised for my iniquities; the chastisement of my peace was upon You, and by Your stripes I was healed. I am made whole in spirit, soul and body. Isaiah 53:5

I believe that Your Word will not return void unto You, but it will accomplish that which You please and it will prosper in the thing into which it is sent. For You are watching over Your word to perform it, and even Your angels obey the voice of Your word as I speak it out. Isaiah 55:11, Jeremiah 1:12, Psalm 103:20

Uphold me according to Your promise, that I may live; and let me not be put to shame in my hope. Psalm 119:119

Yeshua, You bore my sins in Your own body on the cross so that I might die to sin and live for righteousness; for by Your wounds I was healed. 1 Peter 2:24

I call those things that are not as though they were ... I stagger not at Your promises through unbelief, but I am growing strong in faith as I give You praise and glory, being fully persuaded that You have the power to do what You have promised. Romans 4:17,20,21

For I believe Your word that says, "Beloved, I pray that in all respects you may prosper and be in good health, just as your soul prospers." 3 John 1:2

I am strengthening and confirming and establishing my heart faultless, pure, and blameless in holiness in the sight of our Father in heaven so that I may glorify Him in everything I say and do. 1 Thessalonians 3:13

I have the mind of Yeshua Ha Mashiach, and my body is the temple...the very sanctuary...the dwelling place of Your Ruach HaKodesh. 1 Corinthians 2:16; 6:19

Therefore, no evil shall befall me and no plague will come near the dwelling of my body. Psalm 91:10

You did not give me a spirit of fear, but You gave me a spirit of POWER and of LOVE and of a SOUND MIND. 1 Timothy 1:7

As I pray in the Ruach HaKodesh, I build myself up on my most holy faith. I patiently wait upon You, and You renew my strength. Jude 20-21

According to Your riches in glory I am strengthened with might by Your Ruach HaKodesh in my inner man. Ephesians 3:16

Thank you that the prayer of faith will save (heal) the sick and the Adonai/Master Himself will raise me up. James 5:15

(The word "save" comes from the Greek word "sozo" and also means: heal, preserve, make whole)

According to Matthew 11:23, Your Word says if I SAY to this mountain (of disease, sickness and pain), be removed and cast into the sea, and I do not doubt in my heart but believe that what I SAY will happen, it will be done for me. Whatever I ask for in prayer, believing that I have received, it will be done for me. Therefore, I say to this mountain of infirmity, disease, sickness and pain, "Get out and off of my body, and be cast into the sea." I do not doubt but I believe and receive that it is done unto me.

Yeshua, when I call upon Your name You answer me and You are with me in time of trouble, delivering me and honoring me with long life. You satisfy me and show me Your salvation (deliverance, health, welfare). Psalm 91:15-16

O Adonai/Master my God, I cried to You and You healed me. For nothing is impossible with You. Psalm 30:2, Luke 18:27

I shall not die, but live and declare the works of God. Psalm 118:17

But if the Spirit of Him who raised Yeshua from the dead dwells in me, He who raised Ha Mashiach Yeshua from the dead will also give life to my mortal body through His Spirit who indwells me. Romans 8:11

Therefore, I do not cast away my confidence, which has great reward. For I have need of endurance, so that after I have done the will of God, I may receive the promise. Hebrews 10:35

And I grow strong in faith as I give praise and glory to God. Romans 4:20

Father, You bless me and surround me with favor as with a shield. Psalm 5:12

Adonai/Master, thank you for restoring health unto me and for healing me of my wounds. Jeremiah 30:17

You give Your angels charge over me, and keep me in all Your ways. Psalm 91:11

Life is in the way of righteousness, and in its pathway there is no death, but there is life. Proverbs 12:28

Thank you, Yeshua, that You came so I might have life, and have it abundantly. John 10:10

Thank You for Your promise, Father, that my light shall break forth as the morning, and my healing (restoration and power of a new life) shall spring forth speedily; and my righteousness (my right standing in Ha Mashiach) shall go before me and the glory of the Adonai/Master shall be my reward. Isaiah 58:8

You satisfy my mouth with good things (Your Word), so that my youth is renewed as the eagles. Isaiah 40:31

Thank You, Father, that a merry heart does good like a medicine. For You turn my mourning into dancing, and gird me with gladness of heart. Proverbs 17:22, Psalms 30:11

Now pray the following prayer to confess over an infirmity:

This Gospel that I have confessed is the power of God toward me. Yeshua Ha Mashiach is ADONAI/MASTER over my life ~ spirit, soul and body. I receive the power of God to make me sound, whole, delivered, saved and healed right now. God has sent His word to heal me and His Word never fails. Sickness, pain, disease, I resist you in the name of Yeshua. I enforce the Word of God on you. I deny your right to stay in my body - I won't tolerate you in my life. Leave my body and my presence. Yeshua has already bore my sickness, my weakness and pain, and I am free. Sickness shall no longer lord (be my master) it over me. Sin shall no longer lord (be my master) it over me. I have been redeemed. I proclaim my freedom in Yeshua's name.

Start praising God for your healing, not looking at the symptoms, but focusing on your Healer--Jehovah-Rapha, and His promises!

Prayer Against Fear

I was crying to Yahweh with my voice, and He answered me from His holy mountain. I lay down and slept; I awoke, for Yahweh sustains me. I will not be afraid of ten thousands of people who have set themselves against me round about. (Ps 3:4-6 NASB)

When I am afraid, I will trust in you, Yahweh. In Yahweh, whose word I praise, in Yahweh I trust; I will not be afraid. What can mortal man do to me? (Ps 56:3-4 NIV)

For You have delivered my soul from death, indeed my feet from stumbling, so that I may walk before Yahweh in the light of the living. (Ps 56:13 NASU)

For Yahweh my Yahweh is the one who goes with me, to fight for me against my enemies, to save me. (Deut 20:4 NASB)

I will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday. A thousand may fall at my side, ten thousand at my right hand, but it will not come near me. If I make the Most High my dwelling—even Yahweh, who is my refuge—then no harm will befall me, no disaster will come near my tent (my dwelling place). For he will command his angels concerning me to guard me in all my ways. (Ps 91:5-7,9-11 NIV)

Therefore, when I lie down, I will not be afraid; when I lie down, my sleep will be sweet.

I will not be afraid of sudden fear, nor of the onslaught of the wicked when it comes;

For Yahweh will be my confidence, and will keep my foot from being caught. (Prov 3:24-26 NASB)

Surely Yahweh is my salvation; I will trust and not be afraid. Yahweh, Yahweh, is my strength and my song; he has become my salvation. (Isa 12:2 NIV)

In my anguish I cried to Yahweh, and he answered by setting me free. Yahweh is with me; I will not be afraid. What can man do to me? Yahweh is with me; he is my helper. I will look in triumph on my enemies. It is better to take refuge in Yahweh than to trust in man. (Ps 118:5-8 NIV)

I will not be afraid of sudden fear, nor of the onslaught of the wicked when it comes; For Yahweh will be my confidence, and will keep my foot from being caught. (Prov 3:25-26 NAS)

YAHWEH, You are my Creator, the One who formed me, and You said, “Do not fear, for I have redeemed you; I have called you by name; you are Mine! When you pass through the waters, I will be with you; and through the rivers, they will not overflow you. When you walk through the fire, you will not be scorched, nor will the flame burn you. For I am Yahweh your Yahweh, the Holy One of Israel, your Savior.” (Isa 43:1-3 NASB)

Father, I will not fear what others say about me, because You said that I will not suffer shame. I will not fear disgrace; I will not be humiliated. I will forget the shame of my youth and remember no more the reproach of my widowhood. For my Maker is my husband—Yahweh Almighty is his name—the Holy One of Israel is my Redeemer; He is called the Yahweh of all the earth. (Isa 54:4-5 NIV)

Yahweh, thank you for your word that says no weapon forged against me will prevail, and I will refute every tongue that accuses me. This is the heritage of the servants of Yahweh, and this is their vindication from You. (Isa 54:17 NIV)

I do not fear their intimidation, and I am not be troubled. (1 Peter 3:14 NASB)

I am not afraid of their faces, for You are with me, Yahweh, to deliver me. (Jer 1:8 NKJV)

I do not fear them, for Yahweh my Yahweh is the one fighting for me. (Deut 3:22 NASB)

You, Yahweh, are the one who goes ahead of me; You will be with me. You will not fail me or forsake me. I will not fear, or be dismayed. (Deut 31:8 NASB)

He has not given me a spirit of fear, but of power and of love and of a sound mind. (2 Tim 1:7 NKJ)

What then shall I say to all this? If Yahweh is for me, who can be against me? Who can be my foe, if Yahweh is on my side? (Rom 8:31 AMP)

Yeshua, thank you for giving me peace. You said, “Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.” (John 14:27 NIV)

You will keep me in perfect peace as I keep my mind stayed on You, because I trust in You (Isa 26:3)

Awesome Yahweh, I do not fear the terror that comes by night (Psalm 91:5), or have any fear of bad news; my heart is steadfast, trusting in You. My heart is secure and I have no fear (Psalm 112:7), because You are my refuge and strength, my stronghold in times of trouble (Ps 46:1). You are my hiding place and You will protect me from trouble and surround me with songs of deliverance (Psalm 32:7). Yahweh of Hosts is with me, the Yahweh of Jacob is my stronghold (Ps 46:7). Therefore, I cease striving, I am still, and I know that You are Yahweh (Ps 46:10).

PRAYER FOR PROTECTION

Yahweh is faithful, and he will strengthen and protect_____from the evil one. (2 Thess 3:3 NIV)

The eternal Yahweh is_____’s refuge, and underneath are the everlasting arms. He will drive out_____’s enemy before her/him/me, saying, ‘Destroy him!’ (Deut 33:27 NIV)

I will call on Yahweh, and Yahweh will rescue me. Morning, noon, and night I plead aloud in my distress, and Yahweh hears my voice. He rescues me and keeps me safe from the battle waged against me, even though many still oppose me. (Ps 55:16-18 NLT)

I give my burdens to Yahweh, and he will take care of me. He will not permit the godly to slip and fall. But you, O Yahweh, will send the wicked down to the pit of destruction. Murderers and liars will die young, but I am trusting you to save me. (Ps 55:22-23 NLT)

“I am with you to rescue and save you,” declares Yahweh. “I will save you from the hands of the wicked and redeem you from the grasp of the cruel.” (Jer 15:20-21 NIV)

Who can snatch the plunder of war from the hands of a warrior? Who can demand that a tyrant let his captives go? But Yahweh says, “The captives of warriors will be released, and the plunder of tyrants will be retrieved. For I will fight those who fight you, and I will save your children. (Isa 49:24-25 NLT)

Yahweh, thank you for Your word that says when I pass through the waters, You will be with me; and when I pass through the rivers, they will not sweep over me. When I walk through the fire, I will not be burned; the flames will not set me ablaze. (Isa 43:2 NIV)

Thank you for Your promise Yahweh, that says, “Do not be afraid; you will not suffer shame. Do not fear disgrace; you will not be humiliated. You will forget the shame of your youth and remember no more the reproach of your widowhood. For your Maker is your husband — Yahweh Almighty is his name — the Holy One of Israel is your Redeemer; he is called the Yahweh of all the earth. (Isa 54:4-5 NIV)

My Redeemer is strong; Yahweh Almighty is His name. He will vigorously defend_____’s cause so that He may bring rest to her/his/my land. (Jer 50:34 NIV)

I pray that_____will not be afraid of the enemy, for Yahweh my Yahweh himself will fight for her/him/me. (Deut 3:22 NIV)

May_____be strong and courageous, Yahweh, for Your word says, “Do not be afraid or terrified because of them, for Yahweh your Yahweh goes with you; he will never leave you nor forsake you.” (Deut 31:6 NIV)

I will not be afraid or discouraged because of this vast army. For the battle is not mine, but Yahweh’s. (2 Chron 20:15 NIV)

Thank you for Your word Yahweh, that says, “Because he loves me,” says Yahweh, “I will rescue him; I will protect him, for he acknowledges my name. He will call upon me, and I will answer him; I will be with him in trouble, I will deliver him and honor him. (Ps 91:14-15 NIV)

For I am Yahweh, your Yahweh, who takes hold of your right hand and says to you, Do not fear; I will help you. (Isa 41:13 NIV)

I say to _____’s fearful heart, “Be strong, do not fear; your Yahweh will come, he will come with vengeance; with divine retribution he will come to save you.” (Isa 35:4 NIV)

...He will give His angels [especial] charge over you to accompany and defend and preserve you in all your ways [of obedience and service]. (Ps 91:11 AMP)

When you speak Yahweh’s word, it sets His angels to work on your behalf.

Bless Yahweh, you His angels, Mighty in strength, who perform His word, obeying the voice of His word! Ps 103:20 (NASB)

Your angels, O Yahweh, encamp around _____and rescues _____because _____fears You. (Ps 34:7)

Father, I pray that those who seek _____’s life will be disgraced and put to shame; may those who plot _____’s ruin be turned back in dismay. May they be like chaff before the wind, with the angel of Yahweh driving them away; may their path be dark and slippery, with the angel of Yahweh pursuing them. Since they hid their net for _____without cause and without cause dug a pit for _____, may ruin overtake them by surprise, may the net they hid entangle them, may they fall into the pit, to their ruin. (Psalm 34:5-8)

Because _____dwells in the shelter of the Most High will rest in the shadow of the Almighty.

_____will say of Yahweh, “He is my refuge and my fortress, my Yahweh, in whom I trust.”

Surely he will save _____ from the fowler’s snare and from the deadly pestilence. He will cover _____with his feathers, and under his wings _____ will find refuge; his faithfulness will be shield and rampart. _ will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday.

A thousand may fall at _____’s side, ten thousand at your right hand, but it will not come near _____. (Ps 91:1-7)

No weapon formed against _____shall prosper, and every tongue which rises against _____in judgment you shall condemn. This is the heritage of the servants of Yahweh, and their righteousness is from Me, says Yahweh. (Isa 54:17)

Many are the afflictions of the righteous; but You YAHWEH deliver _____out of them all. (Ps 34:19)

_____overcomes him by the blood of the Lamb and by the word of _____testimony. (Rev 12:11)

Thank You Yahweh that when the enemy comes in like a flood, the Ruach of Yahweh will lift up a standard against him. (Isa 59:19 KJV)

You shall hide _____in the secret place of Your presence from the plots of man; you shall keep _____secretly in a pavilion from the strife of tongues. (Ps 31:20)

Thank You, Yahweh that You will deliver _____from the hand of the wicked, and redeem _____from the grasp of the violent. (Jer 15:21)

I pray that _____may be delivered from wicked and evil men, for not everyone has faith. Yahweh, You are faithful, and will strengthen and protect _____from the evil one. (II Thess 3:2-3 NASB)

PRAYERS FOR ISRAEL TO BE PRAYED 3 TIMES A DAY
Bishop Dominique Bierman

PUT ON THE ARMOUR OF GOD AS IN EPHESIANS 6.
START WITH PRAISE AND WORSHIP
PRAY IN THE SPIRIT FOR A FEW MINUTES AND THEN PROCEED TO DECLARE
THESE PRAYERS

Zechariah 12:6-10 Heavenly Father, we call on You in this time of Israel's trouble to make the leaders of the Arab nations like a firepot in a woodpile, like a flaming torch among sheaves. As they try to consume all the surrounding peoples in Israel, let Jerusalem remain intact in her place.

YHVH, save the dwellings of the Israelis so that the honour of the house of David and of Jerusalem's inhabitants may be shown to the world. In this day YHVH, be a shield to those who live in Jerusalem and throughout Israel, so that the feeblest among them will be like David, and the house of David will be like Elohim, like the Angel of YHVH going before them. Come, YHVH Elohim, and destroy *all* the nations that attack Israel.

Come YHVH and pour out on the house of David and the inhabitants of Jerusalem a spirit of grace and supplication. Let them look on You, the One they have pierced, then they will mourn for You as one mourns for an only child, and grieve bitterly for You as one grieves for a firstborn son.

Psalms 83 O Elohim, do not keep silent; be not quiet O Elohim, be not still. See how Your enemies are astir, how Your foes rear their ugly heads. With cunning they conspire against Your People; they plot against those You cherish. ***they say, "Come, let us destroy them as a nation, that the name of Israel be remembered no more". With one mind they plot together; they form an alliance against You, these Muslim terrorist groups throughout the Middle East. Even Russia and China have joined them to lend strength to the descendants of Lot.

We call out to You, O Elohim, to do to them as You did to Midian, as You did to Sisera and Jabin at the River Kishon, who perished at Endor and became like dung on the ground. Make their leaders like Oreb and Zeeb, all their princes like Zebah and Zalmunna, who said, "Let us take possession of the pasturelands of YHVH." Make them like tumbleweed, O Elohim, like chaff before the wind. As fire consumes the forest or a flame sets the mountains ablaze, so pursue them with Your tempest and terrify them with Your storm. Cover their faces with shame so that men will seek Your Name, O YHVH. May they ever be ashamed and dismayed; may they perish in disgrace. Let them know that You, whose Name is YHVH Elohim – that You alone are the Most High over all the earth.

Psalms 2:1-6 Why are the nations in an uproar and the peoples devising a vain thing? The kings of the earth take their stand and the rulers take counsel together against You YHVH and against Your anointed One, Yeshua HaMashiach, saying, 'Let us tear their fetters apart and cast away their cords from us!' YHVH, You sit in the heavens and You laugh, You scoff at them. You

Speak to them in Your anger and terrify them in Your fury, saying, 'But as for Me, YHVH Elohim, I have installed My King, Yeshua HaMashiach upon Zion, **My holy mountain.**'

Ezekiel 35:2-4,15 Son of man, set your face against Mount Seir, and prophecy against it and say to it, 'Thus says YHVH Elohim, "Behold, I am against you, Mount Seir, and **I will** stretch out My hand against you and make you a desolation and a waste. **I will** lay waste your cities and you will become a desolation. Then you will know that I am YHVH. As you rejoiced over the inheritance of the house of Israel because it was desolate, so **I will** do to you. You will be a desolation, O Mount Seir, and all Edom (Amalek), **ALL** of it." Then they will know that I am YHVH.

PROPHETIC PRAYER DECLARATIONS

"As you did not obey Yahveh and did not execute His fierce wrath on Amalek, so Yahveh has done this thing to you this day." 1 Samuel 28:18

Declare Morning and Night and as many times as you feel led to during the day!

Abba Shebashamayim (Father in Heaven) Mighty Elohim, YHVH Tzva'ot (Lord of Hosts) we declare that YOU have a battle with Amalek from generation to generation and we ask You to DO this battle today in our generation that You may blot out the name of Amalek from under heaven!

Hineni (here I am) Yahveh to wage war against Amalek that has been very wicked attacking our lives and Israel from the rear and sneaking against the weak, the children, the women and all our weak places. Our battle is not against flesh and blood and we wage YOUR war against Amalek with the spiritual weapons of Prayer, Fasting and Praise. You are fighting this battle and we say, 'let Yahveh arise and let all YOUR enemies, the Amalekites and all their friends and allies be scattered seven ways away from us, from Your Bride and from Israel in Yeshua's Mighty Name!'

YHVH we ask You to execute Your FIERCE Wrath against Amalek today and we execute YOUR Fierce Wrath against Amalek TODAY. We totally annihilate and destroy you Amalek from all of our lives, families, affairs, ministries, congregations and all of Israel in Yeshua's Name! We declare that we will PURSUE and we will surely OVERTAKE and RECOVER **ALL** that you have stolen Amalek! With the two edged sword (the Word of God) in our hands and the High Praises of Elohim in our mouths we bind you Amalek with chains and all your friends and allies with fetters of iron we inflict the punishment and execute the judgment and vengeance that is already written against you Amalek, today! In Yeshua's Name.

We recover **ALL** the souls that have fallen prey to you Amalek in Replacement Theology Christianity! We recover **ALL** the Land of Israel that has been stolen through the false Oslo Accords and "Land for peace" agreements for You YHVH have a Land Covenant with Israel up to 1000 generations! We recover **ALL** the wealth that has been stolen due to ANTI-SEMITISM, ANTI-JUDAISM and persecution against the Jews through Christian Crusades, Spanish Inquisition, Pogroms, the Nazi Shoa (Holocaust) and the like!

We pursue, we overtake and we recover **ALL** territory stolen in our lives, our families, our ministries and Kad-Esh MAP Ministries. We break your power Amalek in every Congregation of the Living YHVH in Israel and in all nations due to the deception of Replacement Theology! We uproot Replacement Theology in all of our lives, ministries and all over the Body of Messiah that the very name of Amalek and Replacement Theology will be blotted out of the face of the earth and under heaven and we recover all the believers captive in Replacement Theology in Yeshua's Mighty Name!

We uproot and destroy you Amalek in our finances, our health, our children and our marriages! We execute YHVH's Fierce Wrath against you Amalek in every area of our lives and ministries! WE execute YHVH's Fierce Wrath and total annihilation on **ALL** Amalek induced diseases such as Lyme disease, fibromyalgia, cancer, heart disease, blood pressure, diabetes, dementia and all their derivatives that attack the weak places of the human being!

We execute the Fierce Wrath of YHVH against you Amalek throughout the Land of Israel uprooting **ALL** terror, hidden terror, terror cells in Gaza, Samaria, Judea and all Israeli territory from the River Nile in Egypt to the Great Euphrates River in Iraq to the Mediterranean Sea. YHVH, You pursue Amalek and all his friends with Your Storm and fill their faces with shame that everyone will know that Your name YHVH Elohim is the Most High over all the earth! We execute YOUR Fierce Wrath against Amalek in the government of the Church and of our Nation Australia [your country], and every nation and we take back our governments and nations to become Sheep Nations, worshippers of Yeshua and lovers of Israel!

We execute Your Fierce Wrath against Amalek in the United Nations and we blot out the very name of Amalek and all his friends within every council and every officer anti Israel or anti Zionist in Yeshua's Mighty Name. YHVH, you execute Your Fierce Wrath against Amalek in Islam and uproot and blot out the memory of Islam from under Heaven and we take back **ALL** the souls that have been captives to Amalek-Islam in Yeshua's Mighty Name.

YHVH, you execute YOUR Fierce Wrath against Amalek in **ALL** persecutors of the Messianic Jews in Israel and especially the Yad L'achim organization that seeks to destroy the Messianic Jews. WE execute YOUR Fierce Wrath YHVH against Amalek and every spirit of Anti-Messiah in Judaism, Christianity and Islam in Yeshua's Mighty Name!

We break your power Amalek in the Negev, Beer Sheva, Eilat, the Mountains of Edom and **ALL** over Israel and we leave no remnant! In Yeshua's Mighty Name we pray, declare, execute, uproot and recover **ALL** that has been stolen by you Amalek in our lives, our families, ministries, relationships, affairs, congregations, nations and all of Israel and we take MUCH plunder to advance the KINGDOM of YHVH with abundant vision, provision, health, favour and success in Yeshua HaMashiach's Mighty Powerful Name!

Scriptural foundation:

[Genesis 36:12,16, Exodus 17:8-16, Numbers 13:29, 24:20, Deuteronomy 25:17-20, Joshua 1:4, Judges 3:13; 5:14, 1 Samuel 15:2-20; 28:18, 1 Samuel 30, Psalms 83:7, Psalms 105 :8-11, Psalms 149 : 5-9, Matthew 18 :18-20, Luke 10 :19, Ephesians 6 :10-18]

MORE SCRIPTURE PRAYERS FOR ISRAEL

Isaiah 41:12-16 Israel, hear the Word of your Elohim who says to you “Though you search for your enemies, you will not find them. Those who wage war against you will be as nothing at all. For I am YHVH, your Elohim, who takes hold of your right hand and says to you, ‘Do not fear; I will help you. Do not be afraid, O little Israel, for I Myself will help you,’ declares YHVH, your Redeemer, the Holy One of Israel.”

Isaiah 49:1-3 Listen to the Word of YHVH all you nations: Even before Israel was born YHVH called her, from her birth He has made mention of Israel’s name. He made her mouth like a sharpened sword, in the shadow of His hand He hid her; He made Israel into a polished arrow and concealed her in His quiver. He said to Israel, “You are My servant Israel, in whom I will display My splendour.” Heavenly Father, we cry out to You right now, to display Your splendour on Your servant Israel, that the whole world will see Your glory rest upon her.

Jeremiah 12:14-17 YHVH Elohim, You say in Your Word that: “As for *all* My wicked neighbours who seize the inheritance I gave My People Israel, I will uproot them from their lands and I will uproot the house of Judah from among them. But after I uproot them, I will again have compassion and will bring each of them back to his own inheritance and his own country.” Now is the time YHVH for Your People to be brought back to their own country, to the inheritance that You have for them. May they learn well Your ways, Torah, so that they will be established in their own land, safe and secure. “But if any nation does not listen, I will completely uproot and destroy it,” declares YHVH Elohim.

Isaiah 54:14-17 YHVH, we cry out to You to establish Israel in righteousness so that tyranny will be far from her; and the people will have nothing to fear. We declare that terror will be far removed; it will not come near Israel, that if anyone does attack you Israel, it will not be YHVH’s doing and that whoever attacks you will surrender to you. Hear the Word of YHVH, O Israel: “See, it is I who created the blacksmith who fires up his forge and makes a weapon designed to kill. And it is I who have created the destroyer to work havoc; no weapon formed against you will prevail Israel, and you will refute every tongue that accuses you. This is the heritage of the servants of Yeshua, and this is their vindication from me,” declares YHVH Elohim.

Psalms 121:1-4 Heavenly Father, when Your People Israel, look about wondering who will help them in their time of trouble may they look only to You, the Maker of heaven and earth. You will not let their foot slip. You never take Your eyes off them. You, the guardian of Israel, neither slumbers nor sleeps.

Isaiah 40:1-2; Isaiah 49:13 We cry out to You to comfort Your People YHVH Elohim. Bring Your rich blessing and favour upon all of the Messianic groups as well as all of the Godly organizations who bring comfort, help, and love to Your People. Supply all that they need to bring Your loving kindness to the Jewish People. Let those who have suffered loss of loved ones and friends, and all who grieve, as well as those who have made aliyah and who have left behind their past lives, receive great strength and comfort. Send the Ruach Ha Chodesh, the Great Comforter to comfort all who mourn. YHVH Elohim, Your Word tells us “Sing heaven! Rejoice, earth! Break out in song, you mountains! For YHVH is comforting His People, having mercy on His own who have suffered.” We give you thanks, O YHVH, for truly You care so very deeply for Your People and are continually comforting those who still suffer.

Psalms 33:20-22 Heavenly Father, we pray that Israel will desire to know Yeshua HaMashiach, and they will turn to You for help and find that they can trust in Your Holy Name. YHVH, let them see Your mercy upon them, Your deliverance, Your divine wisdom in the decisions made by their Government, and Your protection against their enemies. As they see Your unmistakable provision and protection may this enable them to put *all* their hope in You. May they see Your faithfulness to them and come to trust You with *all* their hearts, with *all* their minds and with *all* their understanding.

Psalms 20:7; Jeremiah 20:13 Heavenly Father, let them know deep within their spirits that You alone give Your anointed ones victory, that You answer their cries from heaven and that Your right hand brings forth not just victory, but *mighty* victory. YHVH, deliver Your Jewish People from the hands of evil doers. We now call on You to come quickly and rescue those in need from the clutches of their enemy. Do not delay, YHVH Elohim. Hear the cries of Your People and scatter their enemies. Confuse the enemy camp. Cut off their finances. Let their computers crash. Withhold from them the portions of the formula needed for them to detonate nuclear devices. Let any weapons formed against Israel malfunction, misfire, explode before take-off and miss their targets. Keep Your People in this day of trouble.

Heavenly Father, we call upon Your great mercy to save those of Israel's enemies who repent before You, and who cry out to You for forgiveness in Yeshua HaMashiach's Name.

Psalms 102:13, 16-17 YHVH, the time which You determined has come. It is time for You to arise and take pity on Zion. It is time for You to have mercy on her. It is time, YHVH Elohim, that the nations begin to fear Your Name when they see that You have heeded the cries of the poor, that You have heard the prayers of Your People ascending to heaven and that You are about to establish Your Eternal Throne, on the Temple Mount in Jerusalem. Show forth Your glory YHVH.

Isaiah 46:13 O House of Israel, we declare that your Elohim is saying to you: “I am bringing My justice nearer, it is not far away; My Salvation will not be delayed, I will place My Salvation, Yeshua HaMashiach, in Zion for Israel My glory”. Israel, hear the Word of YHVH, your salvation is near at hand. Your Messiah Yeshua is soon to appear. Get ready for Him!

Isaiah 41:8-13 The Father of our fathers - Abraham, Isaac and Jacob - says to you: “I have taken you from the ends of the earth, summonsed you from its most distant parts and said to you,

‘You are My servant’ – I have chosen you, not rejected you. Don’t be afraid, for I am with you; don’t be distressed, for I am your Elohim. I give you strength, I give you help. I support you with My victorious right hand. All those who are angry with you will be disgraced, put to shame; those who fight against you will be destroyed, brought to nothing. You will seek them but not find them, those who contended with you; yes, those who make war with you will be brought to nothing, nothing at all. For I, YHVH, your Elohim, says to you as I hold your right hand, ‘Have no fear; I *will* help you.’ Your Redeemer is the Holy One of Israel.” O House of Israel, take hold of the Word of YHVH, He will answer you speedily, so be strong and very courageous.

Psalm 97:1-9 Again, O Israel, hear the Word of YHVH: “YHVH Elohim is King, let the earth rejoice, let the many coasts and islands be glad. Clouds and thick darkness surround Him; righteousness and justice are the foundations of His Throne. Fire goes before Him, setting ablaze His foes on every side. His flashes of lightning light up the world; the earth sees it and trembles. The mountains melt like wax at the presence of YHVH, at the presence of our Elohim of all the earth. The heavens declare His righteousness, and *all* the peoples see His glory. All who worship images will be put to shame, those who make their boast in worthless idols. Bow down to Him, all you gods! Zion hears and is glad YHVH; the daughters of Judah rejoice at Your rulings. For You, YHVH Elohim, are most high over all the earth, You are exalted far above all gods.” Amen.

Ezekiel 36:24-28 YHVH You will bring Your People back to the Land of Israel, You will wash us with clean water. You will cleanse us from all of our filthiness and all of our idols. You will take out our heart of stone and give us a heart of flesh. You will fill us with the Ruach HaChodesh. You will cause us to walk in Your statutes and in Your ordinances, then, and only then will we be Your People and You will be our YHVH.

PRAY YOUR PERSONAL PRAYERS HERE

Birkat HaKohanim – Priestly Blessing. Release it over Israel and over your family and ministry!

YHVH spoke to Moses, saying: Speak to Aaron and his sons, saying, ‘This is the way you shall bless the children of Israel...’ [Numbers 6:24-26]

Yivarechcha YHVH ve-yishmerecha, yaey YHVH panav aleicha ve-yichunecha, yisa YHVH panav aleicha, ve-yasim lecha shalom b’Yeshua HaMashiach.

May Yahveh bless you and keep you. May Yahveh make His face to shine upon you, and be gracious to you. May Yahveh lift up His countenance upon you, and give you Shalom b’shem Yeshua HaMashiach. Amen.

THE WORD OF GOD SAYS I AM:

1. God's child for I am born again of the incorruptible seed of the WORD OF GOD which liveth and abideth FOREVER.....1 Pet. 1:23

1 Pet 1:23 Being born again, not of corruptible seed, but of incorruptible, by the word of God, which liveth and abideth for ever.

2. Forgiven of all my sins and washed in the Blood..... Eph 1:7, Heb 9:14 Col. 1:14, 1 John 1:9 & 2:12

Eph 1:7 In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his grace;

Heb 9:14 How much more shall the blood of Christ, who through the eternal Spirit offered himself without spot to God, purge your conscience from dead works to serve the living God?

Col 1:14 In whom we have redemption through his blood, even the forgiveness of sins:

1 John 1:9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

1 John 2:12 I write unto you, little children, because your sins are forgiven you for his name's sake.

3. A new creation..... 11 Cor. 5:17

2 Cor 5:17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

4. The temple of the Holy Spirit..... 1 Cor 6:19

1 Cor 6:19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

5. Delivered from the power of darkness and translated into Gods kingdom..Col 1:13

Col 1:13 Who hath delivered us from the power of darkness, and hath translated us into the kingdom of his dear Son:

6. Redeemed from the curse of the law..... I Peter 1:18, Gal 3:13

1 Pet 1:18 Forasmuch as ye know that ye were not redeemed with corruptible things, as silver and gold, from your vain conversation received by tradition from your fathers;

Gal 3:13 Christ hath redeemed us from the curse of the law, being made a curse for us: for it is written, Cursed is every one that hangeth on a tree:

7. Blessed..... Deut 28: 1-14, Gal 3:9

Deu 28:1 And it shall come to pass, if thou shalt hearken diligently unto the voice of the LORD thy God, to observe and to do all his commandments which I command thee this day, that the LORD thy God will set thee on high above all nations of the earth:

Deu 28:2 And all these blessings shall come on thee, and overtake thee, if thou shalt hearken unto the voice of the LORD thy God.

Deu 28:3 Blessed shalt thou be in the city, and blessed shalt thou be in the field.

Deu 28:4 Blessed shall be the fruit of thy body, and the fruit of thy ground, and the fruit of thy cattle, the increase of thy kine, and the flocks of thy sheep.

Deu 28:5 Blessed shall be thy basket and thy store.

Deu 28:6 Blessed shalt thou be when thou comest in, and blessed shalt thou be when thou goest out.

Deu 28:7 The LORD shall cause thine enemies that rise up against thee to be smitten before thy face: they shall come out against thee one way, and flee before thee seven ways.

Deu 28:8 The LORD shall command the blessing upon thee in thy storehouses, and in all that thou settest thine hand unto; and he shall bless thee in the land which the LORD thy God giveth thee.

Deu 28:9 The LORD shall establish thee an holy people unto himself, as he hath sworn unto thee, if thou shalt keep the commandments of the LORD thy God, and walk in his ways.

Deu 28:10 And all people of the earth shall see that thou art called by the name of the LORD; and they shall be afraid of thee.

Deu 28:11 And the LORD shall make thee plenteous in goods, in the fruit of thy body, and in the fruit of thy cattle, and in the fruit of thy ground, in the land which the LORD sware unto thy fathers to give thee.

Deu 28:12 The LORD shall open unto thee his good treasure, the heaven to give the rain unto thy land in his season, and to bless all the work of thine hand: and thou shalt lend unto many nations, and thou shalt not borrow.

Deu 28:13 And the LORD shall make thee the head, and not the tail; and thou shalt be above only, and thou shalt not be beneath; if that thou hearken unto the commandments of the LORD thy God, which I command thee this day, to observe and to do them:

Deu 28:14 And thou shalt not go aside from any of the words which I command thee this day, to the right hand, or to the left, to go after other gods to serve them.

Gal 3:9 So then they which be of faith are blessed with faithful Abraham.

8. The head and not the tail..... Deut 28:13

Deu 28:13 And the LORD shall make thee the head, and not the tail; and thou shalt be above only, and thou shalt not be beneath; if that thou hearken unto the commandments of the LORD thy God, which I command thee this day, to observe and to do them:

9. A saint..... Rom. 1:7, 1 Cor 1:2, Phil 1:1

Rom 1:7 To all that be in Rome, beloved of God, called to be saints: Grace to you and peace from God our Father, and the Lord Jesus Christ.

1 Cor 1:2 Unto the church of God which is at Corinth, to them that are sanctified in Christ Jesus, called to be saints, with all that in every place call upon the name of Jesus Christ our Lord, both theirs and ours:

Phil 1:1 Paul and Timotheus, the servants of Jesus Christ, to all the saints in Christ Jesus which are at Philippi, with the bishops and deacons:

10. Above only and not beneath.....Deut 28:13

Deu 28:13 And the LORD shall make thee the head, and not the tail; and thou shalt be above only, and thou shalt not be beneath; if that thou hearken unto the commandments of the LORD thy God, which I command thee this day, to observe and to do them:

11. Holy and without blame before HIM in love elect.....1 Pet 1:15, Eph 1:4

*1 Pet 1:15 But as he which hath called you is holy, so be ye holy in all manner of conversation;
Eph 1:4 According as he hath chosen us in him before the foundation of the world, that we
should be holy and without blame before him in love:*

12. Elect.....Col 3:12, Rom 8:33

*Col 3:12 Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness,
humbleness of mind, meekness, longsuffering;
Rom 8:33 Who shall lay any thing to the charge of God's elect? It is God that justifieth.*

13. Established to the end.....1 Cor 1:8

*1 Cor 1:8 Who shall also confirm you unto the end, that ye may be blameless in the day of our
Lord Jesus Christ.*

14. Made nigh by the Blood of Christ.....Eph 2:13

*Eph 2:13 But now in Christ Jesus ye who sometimes were far off are made nigh by the blood of
Christ.*

15. Victorious.....Rev. 21:7

*Rev 21:7 He that overcometh shall inherit all things; and I will be his God, and he shall be my
son.*

16. Set free.....John 8:31-33

*John 8:31 Then said Jesus to those Jews which believed on him, If ye continue in my word, then
are ye my disciples indeed;
John 8:32 And ye shall know the truth, and the truth shall make you free.
John 8:33 They answered him, We be Abraham's seed, and were never in bondage to any man:
how sayest thou, Ye shall be made free?*

17. Strong in the Lord.....Eph 6:10

Eph 6:10 Finally, my brethren, be strong in the Lord, and in the power of his might.

18. Dead to sin.....Rom. 6:2,11, 1 Pet 2:24

*Rom 6:2 God forbid. How shall we, that are dead to sin, live any longer therein?
Rom 6:11 Likewise reckon ye also yourselves to be dead indeed unto sin, but alive unto God
through Jesus Christ our Lord.
1 Pet 2:24 Who his own self bare our sins in his own body on the tree, that we, being dead to
sins, should live unto righteousness: by whose stripes ye were healed.*

19. More than a conqueror.....Rom 8:37

Rom 8:37 Nay, in all these things we are more than conquerors through him that loved us.

20. Joint heirs with Christ.....Rom 5:17

Rom 5:17 For if by one man's offence death reigned by one; much more they which receive abundance of grace and of the gift of righteousness shall reign in life by one, Jesus Christ.)

21. Sealed with the Holy Spirit of promise.....Eph 1:13

Eph 1:13 In whom ye also trusted, after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise,

22. In Christ Jesus by His doing.....1 Cor. 1:30

1 Cor 1:30 But of him are ye in Christ Jesus, who of God is made unto us wisdom, and righteousness, and sanctification, and redemption:

23. Accepted in the Beloved.....Eph 1:6

Eph 1:6 To the praise of the glory of his grace, wherein he hath made us accepted in the beloved.

24. Complete in Him.....Col 2:10

Col 2:10 And ye are complete in him, which is the head of all principality and power:

25. Crucified with Christ.....Gal 2:20

Gal 2:20 I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me.

26. Alive with Christ.....Eph 2:5

Eph 2:5 Even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;)

27. Free from condemnation.....Rom 8:1

Rom 8:1 There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.

28. Reconciled to God.....11 Cor. 5:18

2 Cor 5:18 And all things are of God, who hath reconciled us to himself by Jesus Christ, and hath given to us the ministry of reconciliation;

29. Qualified to share in His inheritance.....Col 1:12

Col 1:12 Giving thanks unto the Father, which hath made us meet to be partakers of the inheritance of the saints in light:

30. Firmly rooted, built up, estab. in my faith, overflowing with gratitude.....Col 2:7

Col 2:7 Rooted and built up in him, and stablished in the faith, as ye have been taught, abounding therein with thanksgiving.

31. Circumcised with the circumcision made without hands.....Col 2:11

Col 2:11 In whom also ye are circumcised with the circumcision made without hands, in putting off the body of the sins of the flesh by the circumcision of Christ:

32. A fellow citizen with the saints and of the household of God.....Eph 2:19

Eph 2:19 Now therefore ye are no more strangers and foreigners, but fellowcitizens with the saints, and of the household of God;

33. Built upon the foundation of the apostles and prophets, Jesus Christ Himself being the CHIEF CORNERSTONE.....Eph. 2:20

Eph 2:20 And are built upon the foundation of the apostles and prophets, Jesus Christ himself being the chief corner stone;

34. In the word as he is in heaven.....1 John 4:17

1 John 4:17 Herein is our love made perfect, that we may have boldness in the day of judgment: because as he is, so are we in this world.

35. Born of God and the evil one does not touch me.....1 John 3:8

1 John 3:8 He that committeth sin is of the devil; for the devil sinneth from the beginning. For this purpose the Son of God was manifested, that he might destroy the works of the devil.

36. His faithful follower.....Rev. 17:14, Eph 5:1

Rev 17:14 These shall make war with the Lamb, and the Lamb shall overcome them: for he is Lord of lords, and King of kings: and they that are with him are called, and chosen, and faithful.

Eph 5:1 Be ye therefore followers of God, as dear children;

37. Overtaken with blessings.....Deut 28:2, Eph 1:3

Deu 28:2 And all these blessings shall come on thee, and overtake thee, if thou shalt hearken unto the voice of the LORD thy God.

Eph 1:3 Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly places in Christ:

38. His disciple because I have love for others.....John 13:34-35

John 13:34 A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another.

John 13:35 By this shall all men know that ye are my disciples, if ye have love one to another.

39. The light of the world.....Matt 5:14

Mat 5:14 Ye are the light of the world. A city that is set on an hill cannot be hid.

40. The salt of the earth.....Matt 5:13

Mat 5:13 Ye are the salt of the earth: but if the salt have lost his savour, wherewith shall it be salted? it is thenceforth good for nothing, but to be cast out, and to be trodden under foot of men.

41. The righteousness of GOD.....11 Cor. 5:21, 1Pet 2:24

2 Cor 5:21 For he hath made him to be sin for us, who knew no sin; that we might be made the righteousness of God in him.

1 Pet 2:24 Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.

42. A partaker of His divine nature.....11 Pet 1:4

2 Pet 1:4 Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust.

43. Called of God.....11 Tim 1:9

2 Tim 1:9 Who hath saved us, and called us with an holy calling, not according to our works, but according to his own purpose and grace, which was given us in Christ Jesus before the world began,

44. The first fruits among His creation.....James 1:18

James 1:18 Of his own will begat he us with the word of truth, that we should be a kind of firstfruits of his creatures.

45. Chosen.....1 Thes 1:4, Eph 1:4, 1 Pet 2:9

1 Th 1:4 Knowing, brethren beloved, your election of God.

Eph 1:4 According as he hath chosen us in him before the foundation of the world, that we should be holy and without blame before him in love:

1 Pet 2:9 But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should show forth the praises of him who hath called you out of darkness into his marvellous light:

47. Gods workmanship created in Christ Jesus for good works.....Eph 2:10

Eph 2:10 For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.

48. The apple of MY FATHER'S eye.....Deut 32:10, Ps 17:8

Deu 32:10 He found him in a desert land, and in the waste howling wilderness; he led him about, he instructed him, he kept him as the apple of his eye.

Psa 17:8 Keep me as the apple of the eye, hide me under the shadow of thy wings,

49. Healed by the stripes of JESUS.....1 Peter 2:24, Is 53:6

1 Pet 2:24 Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.

Isa 53:5 But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed.

Isa 53:6 All we like sheep have gone astray; we have turned every one to his own way; and the LORD hath laid on him the iniquity of us all.

50. Being changed into His image.....11 Cor. 3:18, Phil 1:6

2 Cor 3:18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

Phil 1:6 Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ:

51. Raised up with Christ and seated in heavenly places.....Col 2:12, Eph 2:6

Col 2:12 Buried with him in baptism, wherein also ye are risen with him through the faith of the operation of God, who hath raised him from the dead.

Eph 2:6 And hath raised us up together, and made us sit together in heavenly places in Christ Jesus:

52. Beloved of God.....Col 3:12, Rom 1:7, 1 Thes 1:4

Col 3:12 Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering;

Rom 1:7 To all that be in Rome, beloved of God, called to be saints: Grace to you and peace from God our Father, and the Lord Jesus Christ.

1 Th 1:4 Knowing, brethren beloved, your election of God.

53. One in Christ! Hallelujah!.....John 17:21-23

John 17:21 That they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us: that the world may believe that thou hast sent me.

John 17:22 And the glory which thou gavest me I have given them; that they may be one, even as we are one:

John 17:23 I in them, and thou in me, that they may be made perfect in one; and that the world may know that thou hast sent me, and hast loved them, as thou hast loved me.

THE WORD OF GOD SAYS I HAVE

54. The mind of Christ.....Phil 2:5, 1Cor 2:16

Phil 2:5 Let this mind be in you, which was also in Christ Jesus:

1 Cor 2:16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.

55. Obtained and inheritance.....Eph 1:11

Eph 1:11 In whom also we have obtained an inheritance, being predestinated according to the purpose of him who worketh all things after the counsel of his own will:

56. Access by one-Spirit unto the FATHER.....Heb. 4:16, Eph 2:18

Heb 4:16 Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.

Eph 2:18 For through him we both have access by one Spirit unto the Father.

57. Overcome the world.....1 John 5:4

1 John 5:4 For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith.

58. Everlasting life and will not be condemned.....John 5:24 NIV, John 6:47

John 5:24 Verily, verily, I say unto you, He that heareth my word, and believeth on him that sent me, hath everlasting life, and shall not come into condemnation; but is passed from death unto life.

John 6:47 Verily, verily, I say unto you, He that believeth on me hath everlasting life.

59. The peace of God which passes understanding.....Phil 4:7

Phil 4:7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

60. Received power. The power of the Holy Spirit. Power to lay hands on the sick and see them recover; power to cast out demons; power over all the power of the enemy & nothing shall by any means hurt me.....Mk 16:17,18b, Lk.10:17,19

Mark 16:17 And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues;

Mark 16:18 They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover.

Luke 10:17 And the seventy returned again with joy, saying, Lord, even the devils are subject unto us through thy name.

Luke 10:18 And he said unto them, I beheld Satan as lightning fall from heaven.

Luke 10:19 Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you.

THE WORD OF GOD SAY I LIVE

61. By and in the law of the Spirit of Life in CHRIST JESUS.....Rom 8:2

Rom 8:2 For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.

62. In Christ Jesus.....Col 2:6

Col 2:6 As ye have therefore received Christ Jesus the Lord, so walk ye in him:

THE WORD OF GOD SAYS I CAN

63. Do all things in Christ Jesus.....Phil 4:13

Phil 4:13 I can do all things through Christ which strengtheneth me.

64. Do even greater works than Christ Jesus.....Jhn 14:12

John 14:12 Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.

THE WORD OF GOD SAYS I POSSESS

65. The Greater One in me because greater is He who is in me than he who is in the world.....1 John 4:4

1 John 4:4 Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world.

THE WORD OF GOD SAYS I PRESS

66. Toward the mark for the prize of the high calling of God.....Phil 3:14

Phil 3:14 I press toward the mark for the prize of the high calling of God in Christ Jesus.

67. Always triumph in Christ.....11 Cor. 2:14

2 Cor 2:14 Now thanks be unto God, which always causeth us to triumph in Christ, and maketh manifest the savour of his knowledge by us in every place.

68. Show forth His praise.....1 Peter 2:9

1 Pet 2:9 But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should show forth the praises of him who hath called you out of darkness into his marvellous light:

THE WORD OF GOD SAYS MY LIFE

69. Is hid with Christ in God.....Col 3:3

Col 3:3 For ye are dead, and your life is hid with Christ in God.

WHO I AM IN YAHSHUA (JESUS)...

I am complete in Yahshua who is the head of all principality and power. Col. 2:10
 I am free from the law of sin and death. Rom. 8:2
 I am alive with Yahshua. Eph. 2:5
 I am far from oppression, and fear does not come near me. Isa. 54:14
 I am born of God, and the evil one does not touch me. 1 John 5:18
 I am holy and without blame before him in love. 1 Peter 1:16; Eph. 1:4
 I have the mind of Yahshua the Messiah/the Anointed One. Phil. 2:5; 1 Cor. 2:16
 I have the peace of God that passes understanding. Phil. 4:7
 I have the Greater One living in me, greater is he who is in me than he who is in the world. 1 John 4:4
 I have received the gift of righteousness and reign as a king in life by Yahshua Mashiach. Rom. 5:17
 I have received the Spirit of wisdom and revelation in the knowledge of Yahshua, the eyes of my understanding being enlightened. Eph. 1:17-18
 I have received the power of the Ruach HaKodesh (Holy Spirit) to lay hands on the sick and see them recover, to cast out demons, to speak with new tongues; I have power over all the power of the enemy and nothing shall by any means harm me. Mark 16:17-18; Luke 10:17,19
 I have put off the old man and have put on the new man, which is renewed in the knowledge after the image of him who created me. Col. 3:10
 I have given and it is given to me good measure, pressed down, shaken together, running over, men give into my bosom. Luke 6:38
 I have no lack, for my God supplies all of my need according to his riches in glory by Messiah Yahshua. Phil. 4:19
 I can quench all the fiery darts of the wicked one with my shield of faith. Eph. 6:16
 I can do all things through Mashiach Yahshua. Phil. 4:13
 I show forth the praises of God who has called me out of darkness into his marvelous light. 1 Peter 2:9
 I shall do even greater works than Yahshua the Messiah. John 14:12
 I am God's child, for I am born again of the incorruptible seed of the word of God which lives and abides forever. 1 Peter 1:23
 I am God's workmanship, created in Messiah unto good works. Eph. 2:10
 I am a new creature in Messiah. 2 Cor. 5:17
 I am a spirit being alive to God. 1 Thes. 5:23
 I am a believer and the light of the gospel shines in my mind. 2 Cor. 4:4
 I am a doer of the Word and blessed in my action. James 1:22, 25
 I am a joint-heir with Messiah. Rom. 8:17
 I am a conqueror through him who loves me. Rom. 8:37
 I am an overcomer by the blood of the Lamb and the word of my testimony. Rev. 12:11
 I am a partaker of his divine nature. 2 Peter 1:3-4
 I am an ambassador for Yahshua. 2 Cor. 5:20
 I am part of a chosen generation, a royal priesthood, a holy nation, a purchased people. 1 Peter 2:9
 I am the righteousness of God in Yahshua the Messiah. 2 Cor. 5:21
 I am the temple of the Ruach HaKodesh; I am not my own. 1 Cor. 6:19
 I am the head and not the tail I am above only and not beneath. Deut. 26:13
 I am the light of the world. Matt. 5:14
 I am his elect, full of mercy, kindness, humility and longsuffering. Col. 3:12; Rom. 8:33
 I am forgiven of all my sins and washed in the blood of Yahshua. Eph. 1:7
 I am delivered from the power of darkness and translated into God's kingdom. Col. 1:13
 I am redeemed from the curse of sin, sickness and poverty. Gal. 3:13; Deut. 28:15-68
 I am firmly rooted, built up, established in my faith and overflowing with gratitude. Col. 2:7
 I am called of God to be the voice of his praise. 2 Tim. 1:9; Ps. 66:8
 I am healed by the stripes of Yahshua. 1 Peter 2:24; Isa. 53:6
 I am raised up with Messiah and seated in heavenly places. Col. 2:12; Eph. 2:6
 I am greatly loved by God. Col. 3:12; Rom. 1:7; 1 Thes. 1:4; Eph. 2:24
 I am strengthened with all might according to his glorious power. Col. 1:11
 I am submitted to God and the devil flees from me because I resist him in the Name of Yahshua. James 4:7

Read Through the Scriptures

In a Year!

This daily reading schedule will take you through all the Scriptures in a year, including reading the Torah and the Gospels twice.

Jan					Jan				
1	Gen 1	Josh 1, 2	Matt 1	<input type="checkbox"/>	17	Gen 17	Judg 9, 10	Matt 17	<input type="checkbox"/>
2	Gen 2	Josh 3, 4	Matt 2	<input type="checkbox"/>	18	Gen 18	Judg 11, 12	Matt 18	<input type="checkbox"/>
3	Gen 3	Josh 5, 6	Matt 3	<input type="checkbox"/>	19	Gen 19	Judg 13, 14	Matt 19	<input type="checkbox"/>
4	Gen 4	Josh 7, 8	Matt 4	<input type="checkbox"/>	20	Gen 20	Judg 15, 16	Matt 20	<input type="checkbox"/>
5	Gen 5	Josh 9, 10	Matt 5	<input type="checkbox"/>	21	Gen 21	Judg 17, 18	Matt 21	<input type="checkbox"/>
6	Gen 6	Josh 11, 12	Matt 6	<input type="checkbox"/>	22	Gen 22	Judg 19-21	Matt 22	<input type="checkbox"/>
7	Gen 7	Josh 13, 14	Matt 7	<input type="checkbox"/>	23	Gen 23	1 Sam 1, 2	Matt 23	<input type="checkbox"/>
8	Gen 8	Josh 15, 16	Matt 8	<input type="checkbox"/>	24	Gen 24	1 Sam 3, 4	Matt 24	<input type="checkbox"/>
9	Gen 9	Josh 17, 18	Matt 9	<input type="checkbox"/>	25	Gen 25	1 Sam 5, 6	Matt 25	<input type="checkbox"/>
10	Gen 10	Josh 19, 20	Matt 10	<input type="checkbox"/>	26	Gen 26	1 Sam 7, 8	Matt 26	<input type="checkbox"/>
11	Gen 11	Josh 21, 22	Matt 11	<input type="checkbox"/>	27	Gen 27	1 Sam 9, 10	Matt 27	<input type="checkbox"/>
12	Gen 12	Josh 23, 24	Matt 12	<input type="checkbox"/>	28	Gen 28	1 Sam 11, 12	Matt 28	<input type="checkbox"/>
13	Gen 13	Judg 1, 2	Matt 13	<input type="checkbox"/>	29	Gen 29	1 Sam 13, 14	Mark 1	<input type="checkbox"/>
14	Gen 14	Judg 3, 4	Matt 14	<input type="checkbox"/>	30	Gen 30	1 Sam 15, 16	Mark 2	<input type="checkbox"/>
15	Gen 15	Judg 5, 6	Matt 15	<input type="checkbox"/>	31	Gen 31	1 Sam 17, 18	Mark 3	<input type="checkbox"/>
16	Gen 16	Judg 7, 8	Matt 16	<input type="checkbox"/>					
Feb					Feb				
1	Gen 32	1 Sam 19, 20	Mark 4	<input type="checkbox"/>	16	Gen 47	2 Sam 19, 20	Luke 3	<input type="checkbox"/>
2	Gen 33	1 Sam 21, 22	Mark 5	<input type="checkbox"/>	17	Gen 48	2 Sam 21, 22	Luke 4	<input type="checkbox"/>
3	Gen 34	1 Sam 23, 24	Mark 6	<input type="checkbox"/>	18	Gen 49	2 Sam 23, 24	Luke 5	<input type="checkbox"/>
4	Gen 35	1 Sam 25, 26	Mark 7	<input type="checkbox"/>	19	Gen 50	1 Kgs 1, 2	Luke 6	<input type="checkbox"/>
5	Gen 36	1 Sam 27, 28	Mark 8	<input type="checkbox"/>	20	Exod 1	1 Kgs 3, 4	Luke 7	<input type="checkbox"/>
6	Gen 37	1 Sam 29-31	Mark 9	<input type="checkbox"/>	21	Exod 2	1 Kgs 5, 6	Luke 8	<input type="checkbox"/>
7	Gen 38	2 Sam 1, 2	Mark 10	<input type="checkbox"/>	22	Exod 3	1 Kgs 7, 8	Luke 9	<input type="checkbox"/>
8	Gen 39	2 Sam 3, 4	Mark 11	<input type="checkbox"/>	23	Exod 4	1 Kgs 9, 10	Luke 10	<input type="checkbox"/>
9	Gen 40	2 Sam 5, 6	Mark 12	<input type="checkbox"/>	24	Exod 5	1 Kgs 11, 12	Luke 11	<input type="checkbox"/>
10	Gen 41	2 Sam 7, 8	Mark 13	<input type="checkbox"/>	25	Exod 6	1 Kgs 13, 14	Luke 12	<input type="checkbox"/>
11	Gen 42	2 Sam 9, 10	Mark 14	<input type="checkbox"/>	26	Exod 7	1 Kgs 15, 16	Luke 13	<input type="checkbox"/>
12	Gen 43	2 Sam 11, 12	Mark 15	<input type="checkbox"/>	27	Exod 8	1 Kgs 17, 18	Luke 14	<input type="checkbox"/>
13	Gen 44	2 Sam 13, 14	Mark 16	<input type="checkbox"/>	28	Exod 9	1 Kgs 19, 20	Luke 15	<input type="checkbox"/>
14	Gen 45	2 Sam 15, 16	Luke 1	<input type="checkbox"/>	29	Exod 10, 11	1 Kgs 21, 22	Luke 16	<input type="checkbox"/>
15	Gen 46	2 Sam 17, 18	Luke 2	<input type="checkbox"/>					
Mar					Mar				
1	Exod 12	2 Kgs 1, 2	Luke 17	<input type="checkbox"/>	17	Exod 28	Isa 9, 10	John 9	<input type="checkbox"/>
2	Exod 13	2 Kgs 3, 4	Luke 18	<input type="checkbox"/>	18	Exod 29	Isa 11, 12	John 10	<input type="checkbox"/>
3	Exod 14	2 Kgs 5, 6	Luke 19	<input type="checkbox"/>	19	Exod 30	Isa 13, 14	John 11	<input type="checkbox"/>
4	Exod 15	2 Kgs 7, 8	Luke 20	<input type="checkbox"/>	20	Exod 31	Isa 15, 16	John 12	<input type="checkbox"/>
5	Exod 16	2 Kgs 9, 10	Luke 21	<input type="checkbox"/>	21	Exod 32	Isa 17, 18	John 13	<input type="checkbox"/>
6	Exod 17	2 Kgs 11, 12	Luke 22	<input type="checkbox"/>	22	Exod 33	Isa 19, 20	John 14	<input type="checkbox"/>
7	Exod 18	2 Kgs 13, 14	Luke 23	<input type="checkbox"/>	23	Exod 34	Isa 21, 22	John 15	<input type="checkbox"/>
8	Exod 19	2 Kgs 15, 16	Luke 24	<input type="checkbox"/>	24	Exod 35	Isa 23, 24	John 16	<input type="checkbox"/>
9	Exod 20	2 Kgs 17, 18	John 1	<input type="checkbox"/>	25	Exod 36	Isa 25, 26	John 17	<input type="checkbox"/>
10	Exod 21	2 Kgs 19, 20	John 2	<input type="checkbox"/>	26	Exod 37	Isa 27, 28	John 18	<input type="checkbox"/>
11	Exod 22	2 Kgs 21, 22	John 3	<input type="checkbox"/>	27	Exod 38	Isa 29, 30	John 19	<input type="checkbox"/>
12	Exod 23	2 Kgs 23-25	John 4	<input type="checkbox"/>	28	Exod 39	Isa 31, 32	John 20	<input type="checkbox"/>
13	Exod 24	Isa 1, 2	John 5	<input type="checkbox"/>	29	Exod 40	Isa 33, 34	John 21	<input type="checkbox"/>
14	Exod 25	Isa 3, 4	John 6	<input type="checkbox"/>	30	Lev 1	Isa 35, 36	Ps 1	<input type="checkbox"/>
15	Exod 26	Isa 5, 6	John 7	<input type="checkbox"/>	31	Lev 2	Isa 37, 38	Ps 2	<input type="checkbox"/>
16	Exod 27	Isa 7, 8	John 8	<input type="checkbox"/>					

Read Through the Scriptures

In a Year!

This daily reading schedule will take you through all the Scriptures in a year, including reading the Torah and the Gospel twice.

Apr					Apr				
1	Lev 3	Isa 39, 40	Ps 3	<input type="checkbox"/>	16	Lev 19	Jer 3, 4	Ps 18	<input type="checkbox"/>
2	Lev 4	Isa 41, 42	Ps 4	<input type="checkbox"/>	17	Lev 20	Jer 5, 6	Ps 19	<input type="checkbox"/>
3	Lev 5	Isa 43, 44	Ps 5	<input type="checkbox"/>	18	Lev 21	Jer 7, 8	Ps 20	<input type="checkbox"/>
4	Lev 6	Isa 45, 46	Ps 6	<input type="checkbox"/>	19	Lev 22	Jer 9, 10	Ps 21	<input type="checkbox"/>
5	Lev 7	Isa 47, 48	Ps 7	<input type="checkbox"/>	20	Lev 23	Jer 11, 12	Ps 22	<input type="checkbox"/>
6	Lev 8	Isa 49, 50	Ps 8	<input type="checkbox"/>	21	Lev 24	Jer 13, 14	Ps 23	<input type="checkbox"/>
7	Lev 9	Isa 51, 52	Ps 9	<input type="checkbox"/>	22	Lev 25	Jer 15, 16	Ps 24	<input type="checkbox"/>
8	Lev 10	Isa 53, 54	Ps 10	<input type="checkbox"/>	23	Lev 26	Jer 17, 18	Ps 25	<input type="checkbox"/>
9	Lev 11, 12	Isa 55, 56	Ps 11	<input type="checkbox"/>	24	Lev 27	Jer 19, 20	Ps 26	<input type="checkbox"/>
10	Lev 13	Isa 57, 58	Ps 12	<input type="checkbox"/>	25	Num 1	Jer 21, 22	Ps 27	<input type="checkbox"/>
11	Lev 14	Isa 59, 60	Ps 13	<input type="checkbox"/>	26	Num 2	Jer 23, 24	Ps 28	<input type="checkbox"/>
12	Lev 15	Isa 61, 62	Ps 14	<input type="checkbox"/>	27	Num 3	Jer 25, 26	Ps 29	<input type="checkbox"/>
13	Lev 16	Isa 63, 64	Ps 15	<input type="checkbox"/>	28	Num 4	Jer 27, 28	Ps 30	<input type="checkbox"/>
14	Lev 17	Isa 65, 66	Ps 16	<input type="checkbox"/>	29	Num 5	Jer 29, 30	Ps 31	<input type="checkbox"/>
15	Lev 18	Jer 1, 2	Ps 17	<input type="checkbox"/>	30	Num 6	Jer 31, 32	Ps 32	<input type="checkbox"/>

May					May				
1	Num 7	Jer 33, 34	Ps 33	<input type="checkbox"/>	17	Num 24	Ezek 13, 14	Ps 49	<input type="checkbox"/>
2	Num 8	Jer 35, 36	Ps 34	<input type="checkbox"/>	18	Num 25	Ezek 15, 16	Ps 50	<input type="checkbox"/>
3	Num 9	Jer 37, 38	Ps 35	<input type="checkbox"/>	19	Num 26	Ezek 17, 18	Ps 51	<input type="checkbox"/>
4	Num 10	Jer 39, 40	Ps 36	<input type="checkbox"/>	20	Num 27	Ezek 19, 20	Ps 52	<input type="checkbox"/>
5	Num 11	Jer 41, 42	Ps 37	<input type="checkbox"/>	21	Num 28	Ezek 21, 22	Ps 53	<input type="checkbox"/>
6	Num 12	Jer 43, 44	Ps 38	<input type="checkbox"/>	22	Num 29	Ezek 23, 24	Ps 54	<input type="checkbox"/>
7	Num 13	Jer 45, 46	Ps 39	<input type="checkbox"/>	23	Num 30	Ezek 25, 26	Ps 55	<input type="checkbox"/>
8	Num 14	Jer 47, 48	Ps 40	<input type="checkbox"/>	24	Num 31	Ezek 27, 28	Ps 56	<input type="checkbox"/>
9	Num 15	Jer 49, 50	Ps 41	<input type="checkbox"/>	25	Num 32	Ezek 29, 30	Ps 57	<input type="checkbox"/>
10	Num 16	Jer 51, 52	Ps 42	<input type="checkbox"/>	26	Num 33	Ezek 31, 32	Ps 58	<input type="checkbox"/>
11	Num 17, 18	Ezek 1, 2	Ps 43	<input type="checkbox"/>	27	Num 34	Ezek 33, 34	Ps 59	<input type="checkbox"/>
12	Num 19	Ezek 3, 4	Ps 44	<input type="checkbox"/>	28	Num 35, 36	Ezek 35, 36	Ps 60	<input type="checkbox"/>
13	Num 20	Ezek 5, 6	Ps 45	<input type="checkbox"/>	29	Deut 1	Ezek 37, 38	Ps 61	<input type="checkbox"/>
14	Num 21	Ezek 7, 8	Ps 46	<input type="checkbox"/>	30	Deut 2	Ezek 39, 40	Ps 62	<input type="checkbox"/>
15	Num 22	Ezek 9, 10	Ps 47	<input type="checkbox"/>	31	Deut 3	Ezek 41, 42	Ps 63	<input type="checkbox"/>
16	Num 23	Ezek 11, 12	Ps 48	<input type="checkbox"/>					

Jun					Jun				
1	Deut 4	Ezek 43, 44	Ps 64	<input type="checkbox"/>	16	Deut 19	Amos 9, Obad	Ps 79	<input type="checkbox"/>
2	Deut 5	Ezek 45, 46	Ps 65	<input type="checkbox"/>	17	Deut 20	Jonah 1, 2	Ps 80	<input type="checkbox"/>
3	Deut 6	Ezek 47, 48	Ps 66	<input type="checkbox"/>	18	Deut 21	Jonah 3, 4	Ps 81	<input type="checkbox"/>
4	Deut 7	Hos 1, 2	Ps 67	<input type="checkbox"/>	19	Deut 22	Mic 1, 2	Ps 82	<input type="checkbox"/>
5	Deut 8	Hos 3, 4	Ps 68	<input type="checkbox"/>	20	Deut 23	Mic 3, 4	Ps 83	<input type="checkbox"/>
6	Deut 9	Hos 5, 6	Ps 69	<input type="checkbox"/>	21	Deut 24	Mic 5-7	Ps 84	<input type="checkbox"/>
7	Deut 10	Hos 7, 8	Ps 70	<input type="checkbox"/>	22	Deut 25	Nah 1-3	Ps 85	<input type="checkbox"/>
8	Deut 11	Hos 9, 10	Ps 71	<input type="checkbox"/>	23	Deut 26	Hab 1-3	Ps 86	<input type="checkbox"/>
9	Deut 12	Hos 11, 12	Ps 72	<input type="checkbox"/>	24	Deut 27	Zeph 1-3	Ps 87	<input type="checkbox"/>
10	Deut 13	Hos 13, 14	Ps 73	<input type="checkbox"/>	25	Deut 28	Hag 1, 2	Ps 88	<input type="checkbox"/>
11	Deut 14	Joel 1-3	Ps 74	<input type="checkbox"/>	26	Deut 29	Zech 1, 2	Ps 89	<input type="checkbox"/>
12	Deut 15	Amos 1, 2	Ps 75	<input type="checkbox"/>	27	Deut 30	Zech 3, 4	Ps 90	<input type="checkbox"/>
13	Deut 16	Amos 3, 4	Ps 76	<input type="checkbox"/>	28	Deut 31	Zech 5, 6	Ps 91	<input type="checkbox"/>
14	Deut 17	Amos 5, 6	Ps 77	<input type="checkbox"/>	29	Deut 32	Zech 7, 8	Ps 92	<input type="checkbox"/>
15	Deut 18	Amos 7, 8	Ps 78	<input type="checkbox"/>	30	Deut 33	Zech 9, 10	Ps 93	<input type="checkbox"/>

Read Through the Scriptures

In a Year!

This daily reading schedule will take you through all the Scriptures in a year, including reading the Torah and the Gospel twice.

Jul					Jul				
1	Deut 34	Zech 11, 12	Ps 94		17	Gen 16	Job 25, 26	Ps 110	
2	Gen 1	Zech 13, 14	Ps 95		18	Gen 17	Job 27, 28	Ps 111	
3	Gen 2	Mal 1, 2	Ps 96		19	Gen 18	Job 29, 30	Ps 112	
4	Gen 3	Mal 3, 4	Ps 97		20	Gen 19	Job 31, 32	Ps 113	
5	Gen 4	Job 1, 2	Ps 98		21	Gen 20	Job 33, 34	Ps 114	
6	Gen 5	Job 3, 4	Ps 99		22	Gen 21	Job 35, 36	Ps 115	
7	Gen 6	Job 5, 6	Ps 100		23	Gen 22	Job 37, 38	Ps 116	
8	Gen 7	Job 7, 8	Ps 101		24	Gen 23	Job 39, 40	Ps 117	
9	Gen 8	Job 9, 10	Ps 102		25	Gen 24	Job 41, 42	Ps 118	
10	Gen 9	Job 11, 12	Ps 103		26	Gen 25	Song 1, 2	Ps 119:1-24	
11	Gen 10	Job 13, 14	Ps 104		27	Gen 26	Song 3, 4	Ps 119:24-48	
12	Gen 11	Job 15, 16	Ps 105		28	Gen 27	Song 5, 6	Ps 119:49-72	
13	Gen 12	Job 17, 18	Ps 106		29	Gen 28	Song 7, 8	Ps 119:73-96	
14	Gen 13	Job 19, 20	Ps 107		30	Gen 29	Ruth 1, 2	Ps 119:97-120	
15	Gen 14	Job 21, 22	Ps 108		31	Gen 30	Ruth 3, 4	Ps 119:121-144	
16	Gen 15	Job 23, 24	Ps 109						
Aug					Aug				
1	Gen 31	Lam 1, 2	Ps 119:145-160		17	Gen 47	Dan 7, 8	Ps 130	
2	Gen 32	Lam 3-5	Ps 119:161-176		18	Gen 48	Dan 9, 10	Ps 130	
3	Gen 33	Ecd 1, 2	Ps 120		19	Gen 49	Dan 11, 12	Ps 130	
4	Gen 34	Ecd 3, 4	Ps 121		20	Gen 50	Ezra 1, 2	Ps 130	
5	Gen 35	Ecd 5, 6	Ps 122		21	Exod 1	Ezra 3, 4	Ps 130	
6	Gen 36	Ecd 7, 8	Ps 123		22	Exod 2	Ezra 5, 6	Ps 130	
7	Gen 37	Ecd 9, 10	Ps 124		23	Exod 3	Ezra 7, 8	Ps 140	
8	Gen 38	Ecd 11, 12	Ps 125		24	Exod 4	Ezra 9, 10	Ps 141	
9	Gen 39	Ecd 1, 2	Ps 126		25	Exod 5	Neh 1, 2	Ps 142	
10	Gen 40	Ecd 3, 4	Ps 127		26	Exod 6	Neh 3, 4	Ps 143	
11	Gen 41	Ecd 5, 6	Ps 128		27	Exod 7	Neh 5, 6	Ps 144	
12	Gen 42	Ecd 7, 8	Ps 129		28	Exod 8	Neh 7, 8	Ps 145	
13	Gen 43	Ecd 9, 10	Ps 130		29	Exod 9	Neh 9, 10	Ps 146	
14	Gen 44	Dan 1, 2	Ps 130		30	Exod 10, 11	Neh 11-13	Ps 147	
15	Gen 45	Dan 3, 4	Ps 130		31	Exod 12	1 Chr 1, 2	Ps 148	
16	Gen 46	Dan 5, 6	Ps 130						
Sep					Sep				
1	Exod 13	1 Chr 3, 4	Ps 149		16	Exod 28	2 Chr 5, 6	Matt 14	
2	Exod 14	1 Chr 5, 6	Ps 150		17	Exod 29	2 Chr 7, 8	Matt 15	
3	Exod 15	1 Chr 7, 8	Matt 1		18	Exod 30	2 Chr 9, 10	Matt 16	
4	Exod 16	1 Chr 9, 10	Matt 2		19	Exod 31	2 Chr 11, 12	Matt 17	
5	Exod 17	1 Chr 11, 12	Matt 3		20	Exod 32	2 Chr 13, 14	Matt 18	
6	Exod 18	1 Chr 13, 14	Matt 4		21	Exod 33	2 Chr 15, 16	Matt 19	
7	Exod 19	1 Chr 15, 16	Matt 5		22	Exod 34	2 Chr 17, 18	Matt 20	
8	Exod 20	1 Chr 17, 18	Matt 6		23	Exod 35	2 Chr 19, 20	Matt 21	
9	Exod 21	1 Chr 19, 20	Matt 7		24	Exod 36	2 Chr 21, 22	Matt 22	
10	Exod 22	1 Chr 21, 22	Matt 8		25	Exod 37	2 Chr 23, 24	Matt 23	
11	Exod 23	1 Chr 23, 24	Matt 9		26	Exod 38	2 Chr 25, 26	Matt 24	
12	Exod 24	1 Chr 25, 26	Matt 10		27	Exod 39	2 Chr 27, 28	Matt 25	
13	Exod 25	1 Chr 27-29	Matt 11		28	Exod 40	2 Chr 29, 30	Matt 26	
14	Exod 26	2 Chr 1, 2	Matt 12		29	Lev 1	2 Chr 31, 32	Matt 27	
15	Exod 27	2 Chr 3, 4	Matt 13		30	Lev 2	2 Chr 33, 34	Matt 28	

Read Through the Scriptures

In a Year!

This daily reading schedule will take you through all the Scriptures in a year, including reading the Torah and the Gospel twice.

Oct					Oct				
1	Lev 3	2 Chr 35, 36	Mark 1	<input type="checkbox"/>	17	Lev 20	Jas 3-5	Luke 1	<input type="checkbox"/>
2	Lev 4	Acts 1, 2	Mark 2	<input type="checkbox"/>	18	Lev 21	1 Pet 1, 2	Luke 2	<input type="checkbox"/>
3	Lev 5	Acts 3, 4	Mark 3	<input type="checkbox"/>	19	Lev 22	1 Pet 3, 4	Luke 3	<input type="checkbox"/>
4	Lev 6	Acts 5, 6	Mark 4	<input type="checkbox"/>	20	Lev 23	1 Pet 5	Luke 4	<input type="checkbox"/>
5	Lev 7	Acts 7, 8	Mark 5	<input type="checkbox"/>	21	Lev 24	2 Pet 1, 2	Luke 5	<input type="checkbox"/>
6	Lev 8	Acts 9, 10	Mark 6	<input type="checkbox"/>	22	Lev 25	2 Pet 3	Luke 6	<input type="checkbox"/>
7	Lev 9	Acts 11, 12	Mark 7	<input type="checkbox"/>	23	Lev 26	1 John 1, 2	Luke 7	<input type="checkbox"/>
8	Lev 10	Acts 13, 14	Mark 8	<input type="checkbox"/>	24	Lev 27	1 John 3, 4	Luke 8	<input type="checkbox"/>
9	Lev 11, 12	Acts 15, 16	Mark 9	<input type="checkbox"/>	25	Num 1	1 John 5	Luke 9	<input type="checkbox"/>
10	Lev 13	Acts 17, 18	Mark 10	<input type="checkbox"/>	26	Num 2	2 John	Luke 10	<input type="checkbox"/>
11	Lev 14	Acts 19, 20	Mark 11	<input type="checkbox"/>	27	Num 3	3 John	Luke 11	<input type="checkbox"/>
12	Lev 15	Acts 21, 22	Mark 12	<input type="checkbox"/>	28	Num 4	Jude	Luke 12	<input type="checkbox"/>
13	Lev 16	Acts 23, 24	Mark 13	<input type="checkbox"/>	29	Num 5	Rom 1, 2	Luke 13	<input type="checkbox"/>
14	Lev 17	Acts 25, 26	Mark 14	<input type="checkbox"/>	30	Num 6	Rom 3, 4	Luke 14	<input type="checkbox"/>
15	Lev 18	Acts 27, 28	Mark 15	<input type="checkbox"/>	31	Num 7	Rom 5, 6	Luke 15	<input type="checkbox"/>
16	Lev 19	Jas 1, 2	Mark 16	<input type="checkbox"/>					
Nov					Nov				
1	Num 8	Rom 7, 8	Luke 16	<input type="checkbox"/>	16	Num 24	2 Cor 5, 6	John 7	<input type="checkbox"/>
2	Num 9	Rom 9, 10	Luke 17	<input type="checkbox"/>	17	Num 25	2 Cor 7, 8	John 8	<input type="checkbox"/>
3	Num 10	Rom 11, 12	Luke 18	<input type="checkbox"/>	18	Num 26	2 Cor 9, 10	John 9	<input type="checkbox"/>
4	Num 11	Rom 13, 14	Luke 19	<input type="checkbox"/>	19	Num 27	2 Cor 11, 12	John 10	<input type="checkbox"/>
5	Num 12	Rom 15, 16	Luke 20	<input type="checkbox"/>	20	Num 28	2 Cor 13	John 11	<input type="checkbox"/>
6	Num 13	1 Cor 1, 2	Luke 21	<input type="checkbox"/>	21	Num 29	Gal 1, 2	John 12	<input type="checkbox"/>
7	Num 14	1 Cor 3, 4	Luke 22	<input type="checkbox"/>	22	Num 30	Gal 3, 4	John 13	<input type="checkbox"/>
8	Num 15	1 Cor 5, 6	Luke 23	<input type="checkbox"/>	23	Num 31	Gal 5, 6	John 14	<input type="checkbox"/>
9	Num 16	1 Cor 7, 8	Luke 24	<input type="checkbox"/>	24	Num 32	Eph 1, 2	John 15	<input type="checkbox"/>
10	Num 17, 18	1 Cor 9, 10	John 1	<input type="checkbox"/>	25	Num 33	Eph 3, 4	John 16	<input type="checkbox"/>
11	Num 19	1 Cor 11, 12	John 2	<input type="checkbox"/>	26	Num 34	Eph 5, 6	John 17	<input type="checkbox"/>
12	Num 20	1 Cor 13, 14	John 3	<input type="checkbox"/>	27	Num 35, 36	Phil 1, 2	John 18	<input type="checkbox"/>
13	Num 21	1 Cor 15, 16	John 4	<input type="checkbox"/>	28	Deut 1	Phil 3, 4	John 19	<input type="checkbox"/>
14	Num 22	2 Cor 1, 2	John 5	<input type="checkbox"/>	29	Deut 2	Col 1, 2	John 20	<input type="checkbox"/>
15	Num 23	2 Cor 3, 4	John 6	<input type="checkbox"/>	30	Deut 3	Col 3, 4	John 21	<input type="checkbox"/>
Dec					Dec				
1	Deut 4	1 Thess 1, 2	Prov 1	<input type="checkbox"/>	17	Deut 20	2 Tim 3, 4	Prov 17	<input type="checkbox"/>
2	Deut 5	1 Thess 3, 4	Prov 2	<input type="checkbox"/>	18	Deut 21	Titus 1, 2	Prov 18	<input type="checkbox"/>
3	Deut 6	1 Thess 5	Prov 3	<input type="checkbox"/>	19	Deut 22	Titus 3	Prov 19	<input type="checkbox"/>
4	Deut 7	2 Thess 1, 2	Prov 4	<input type="checkbox"/>	20	Deut 23	Phlm	Prov 20	<input type="checkbox"/>
5	Deut 8	2 Thess 3	Prov 5	<input type="checkbox"/>	21	Deut 24	Rev 1, 2	Prov 21	<input type="checkbox"/>
6	Deut 9	Heb 1, 2	Prov 6	<input type="checkbox"/>	22	Deut 25	Rev 3, 4	Prov 22	<input type="checkbox"/>
7	Deut 10	Heb 3, 4	Prov 7	<input type="checkbox"/>	23	Deut 26	Rev 5, 6	Prov 23	<input type="checkbox"/>
8	Deut 11	Heb 5, 6	Prov 8	<input type="checkbox"/>	24	Deut 27	Rev 7, 8	Prov 24	<input type="checkbox"/>
9	Deut 12	Heb 7, 8	Prov 9	<input type="checkbox"/>	25	Deut 28	Rev 9, 10	Prov 25	<input type="checkbox"/>
10	Deut 13	Heb 9, 10	Prov 10	<input type="checkbox"/>	26	Deut 29	Rev 11, 12	Prov 26	<input type="checkbox"/>
11	Deut 14	Heb 11, 12	Prov 11	<input type="checkbox"/>	27	Deut 30	Rev 13, 14	Prov 27	<input type="checkbox"/>
12	Deut 15	Heb 13	Prov 12	<input type="checkbox"/>	28	Deut 31	Rev 15, 16	Prov 28	<input type="checkbox"/>
13	Deut 16	1 Tim 1, 2	Prov 13	<input type="checkbox"/>	29	Deut 32	Rev 17, 18	Prov 29	<input type="checkbox"/>
14	Deut 17	1 Tim 3, 4	Prov 14	<input type="checkbox"/>	30	Deut 33	Rev 19, 20	Prov 30	<input type="checkbox"/>
15	Deut 18	1 Tim 5, 6	Prov 15	<input type="checkbox"/>	31	Deut 34	Rev 21, 22	Prov 31	<input type="checkbox"/>
16	Deut 19	2 Tim 1, 2	Prov 16	<input type="checkbox"/>					

31 daily scripture Prayers & Proclamations to bless Israel / America / Youth

Israel

1. Father God, remove the veil You have sovereignly placed over the eyes of Israel, that they would recognize Jesus as their Messiah. (2 Corinthians 3:14)
2. Lord, show Your mercy and favor to Israel in this set time. (Psalm 102:13)
3. We pray for the current leaders in Israel, including the prime minister, the mayor of Jerusalem, and all those in military service. Raise up government leaders in Israel (and worldwide) who will not seek to "divide the land," and who would recognize the unique significance of Jerusalem in God's endtime purposes.
4. He who scattered Israel will gather him, and will keep him as a shepherd keeps his flock. (Jeremiah 31:10) Father, continue to draw the Jewish people to You according to Your sovereign plan.
5. Let them all be confounded and turned back that hate Zion. Let them be as grass upon the housetops, which withers before it grows up. (Psalm 129:5-6) Lord, deal justly and swiftly with Your enemies.
6. Destroy and divide the tongues of those who would incite violence against Israel. (Psalm 55:9) In the name of Jesus, we bind every false religion and false doctrine that does not acknowledge Your eternal plan for the land and people of Israel.
7. The scepter of the wicked will not remain over the land allotted to the righteous. (Psalm 125:3) Father, break the strongholds of religion, pride and wickedness that seek to control Israel.
8. The Lord will not forsake His people for His great name's sake, because it has pleased the Lord to make Israel His people. (1 Samuel 12:22) Use us to help others understand Your plan for Israel and Your love for the Jewish people.
9. The Lord brings the counsel of the nations to nothing; He makes their plans of no effect. (Psalm 33:10) We declare that God's purposes for Israel will be completely fulfilled and that He will be glorified.
10. Show Your lovingkindness to Your people Israel and keep them as the apple of Your eye. Hide them under the shadow of Your wings, from the wicked who oppress them, from their deadly enemies who surround them. (Psalm 17:7-9)
11. We pray that You would remember your covenants and promises towards Israel, especially when others rise up against her to swallow her alive. When their wrath is kindled against her, the waters will not overwhelm her. God will not give her as prey to their teeth. (Psalm 124)
12. Sanctify Your great name which has been profaned among the nations, which has been profaned in the midst of Israel. That nations shall know that the Lord is God, when He is sanctified in Israel before their eyes. Sprinkle the clean water of Your Word on Israel and cleanse her from her filthiness and from all her idols, including abortion and the occult. Give Israel a new heart, and put a new spirit within her. Remove her heart of stone and give her a heart of flesh that can respond to the Holy Spirit, and cause her to walk in Your statutes, keep Your commandments and do them. (Ezekiel 36:23-27)
13. Cause the church to fulfill its commission to preach the Gospel to the whole world, so the full number of the Gentiles would come into the Kingdom. Then all Israel will be saved. (Romans 11:25-26)
14. We pray for the peace of Jerusalem (Psalm 122:6) and for it to remain Israel's undivided capital.
15. Father, in Your mercy vanquish the tremendously powerful religious spirits which dominate the whole territory—Jewish, Christian and others.
16. We pray for a spirit of unity—for peace between religious and secular Jews, for peace to exist between believers in the land.
17. We pray for the body of Messiah in Israel to become a praying, maturing body. We pray that this body would allow the love and compassion of Yeshua to flow through them and touch everyone they encounter.
18. Raise up intercessors for Israel. Put more watchmen on the walls of Jerusalem, who would give You no peace day or night until You establish Jerusalem and make her the praise of the earth. (Isaiah 62:6-7).
19. Father, bring glory to Your name through the mercy You show to the land. Bring the necessary seasonal rain upon the country. Cause the crops to be bountiful.
20. We pray that the three spiritual forces of humanism, Marxist-socialist philosophy, and the spiritual inheritance of the Ottoman Empire will be broken and rendered powerless.
21. Bless Israel through the many immigrants who are flowing back to the nation. Bring a sovereign, supernatural move of the Holy Spirit among these new immigrants, that they might proclaim Your truth to their fellow Jews.
22. We pray for a radical change in the Israeli system of government, that divisiveness and partisanship would give way to unity and cooperation; grant wisdom and revelation to all members of the Knesset and Israel's Supreme Court.
23. We pray that, in the midst of the pressures, the people of Israel will turn to You, God. We pray that You will hear the heart cries of people in this land and have mercy. As it says in Isaiah 30:19, "You shall weep no more. He will be very gracious to you at the sound of your cry. When He hears it, He will answer."
24. Pour out Your Spirit upon the people of Israel—especially upon the young people so that your works can be declared to future generations.
25. Raise up "sons of Zion" who take God's word seriously in opposition to the humanistic "sons of Greece." (Zechariah 9:13)
26. We pray for the Holy Spirit to intervene in the current situation in Israel. "When the enemy shall come in like a flood, the Spirit of the Lord shall lift up a standard against him." (Isaiah 59:19)
27. Turn the hearts of the people of Israel to trust in the name of the Lord for deliverance—not in the "chariots and horses" of their military might. (Zechariah 4:6)
28. God, raise up elders and young leaders to teach and train the new generation of Israelis who are coming to faith in the Messiah.
29. We pray that the Palestinian Arabs will come to faith in Christ and embrace God's end-time purpose for Israel; send forth laborers to bring in the appointed harvest from the whole of the Middle East.
30. May Israel's relationship with the United States be strong, and may our nation—and especially young believers—recognize and support God's purposes for Israel.
31. Lord, we ask that young believers in America would come to love the Jewish people as they seek to prepare the way for the return of Messiah.

America

1. Let all of America fear the Lord. Let all the inhabitants of the United States stand in awe of Him. Blessed is the nation whose God is the Lord, and the people whom He has chosen as His own inheritance. (Psalm 33:8, 12)
2. We praise and thank You that our President is a man of public faith and commitment to Jesus Christ. We pray that he will continue to seek Your wisdom and counsel in all his actions on behalf of this country and in his personal and private life. (Psalm 89:21)
3. Lord, act in Your own displeasure toward those who would strike terror into the earth. (Ezekiel 32:22-25; Psalm 7:11-16) Root out and bring terrorists to justice. Please show mercy, expose and thwart terrorist schemes. Grant wisdom, discernment and protection to all in authority working to prevent terrorist attacks.
4. We pray that You would give Your wisdom to those who would preside in our courts of justice. Let all judges and those who work in our court system seek to preserve justice in a fair and impartial way according to Your statutes. (Proverbs 2:6-8)
5. Grant wisdom and courage to all those who serve in our Congress and all elected officials across this country. Let them not be distracted from governing by the lure of money, power or fame. Encourage them to always stand for what is right and to faithfully serve those who have put their trust in them. (Ecclesiastes 8:1-5)
6. Let those who serve our country in the military not rely solely upon the strength of their weapons and intelligence, but first turn to You, Lord, the source of all wisdom and strength. Raise up men and women of faith among all ranks of the military and give them opportunity to witness to their fellow soldiers. (Matthew 8:5-12)
7. We agree with You, Jesus, that the Church will be one, as You are one with the Father. Heal any divisions that exist between pastors and their congregations, and between denominations. Let our nation see the Body of Christ united in love for one another and toward those whom You have come to save. (John 17:21)
8. Lord, return the state of marriage to a place of honor in our country. We praise You for sturdy marriages that model Your commitment to the Church. Let hope and healing now come to those marriages that are strained and breaking. (Hebrews 13:4)
9. Father, let our earthly fathers look to You as the ultimate spiritual head of the family, and serve their families by carrying the responsibility for the physical, emotional and spiritual well-being of their wives and children. Bring absentee fathers to a faith and radical life-change. Let Your character be clearly seen in the lives of all fathers. (Ephesians 6:4)
10. We ask you Lord, to refresh mothers in the honor of fulfilling the glory of motherhood. Strengthen them with grace, wisdom, and love in serving their husbands and children. Let mothers would reflect Your own love and nurturing nature. (Proverbs 31:25-26, 28)
11. Thank You that You are father to the fatherless and husband to the widow. Restore our broken families with Your wholeness and let them turn to You for all spiritual, emotional and physical needs. (Psalm 146:3-9)
12. We pray that our children will come to know You as Lord and Savior early in their lifetime. We pray that they would participate fully in establishing your kingdom here on earth. (Mark 10:14)
13. We agree with Your word, Lord, that You are instructing our children and great will be their peace in the land. (Isaiah 54:13)
14. Let the unborn be protected. We affirm their personhood and we honor them as unborn citizens. Rescue them from the atrocity and violent death by abortion. Convict of transgression, forgive and heal those who repent of committing abortion. (Psalm 72:12, 14)
15. Lord, we implore you to make our schools a place where our children can learn in physical, emotional and spiritual safety. Give them godly teachers who encourage them and are dedicated to them. Give them the support systems at home and at school that would enable them to achieve great things in Your Name. (Luke 6:40)
16. Strengthen and encourage those in the media who are willing to stand for Your truth and practice honest, fair and accurate reporting. Convert or remove those who would use the media to put forth their own selfish agendas and proclaim their lies and distortions. Give discernment to all who know and love You to be able to sift through the untruths and rely on Your steadfast Word. (Proverbs 4:24-26)
17. We praise and thank You that you give us the arts as a way to worship and glorify Your Name. Let godly men and women now come forth in the arts and entertainment fields who will seek to share your gospel message through their creative endeavors. (Proverbs 14:34)
18. Lord, bring genuine reconciliation to the races of this nation. Remove longheld prejudices, hatreds and hurts and replace them with Your healing love and fellowship. Bring peace, friendship and equal opportunity to all peoples and cultures. (Ephesians 2:14-16)
19. Thank You that You do not forget prisoners and those who are homeless and needy. Stir up Your heart of compassion in each of us and send Your Spirit to guide us as we reach out to those less fortunate. (Psalm 107:41)
20. Restore our abandoned inner cities to communities of safety, prosperity and hope. Save and encourage those caught in cycles of poverty, sickness, addiction, brokenness and despair. (Isaiah 58:12)
21. Lord, grant the people of America Sabbath rest. Thank You that there remains therefore a rest for the people of God. Help all be diligent to enter that rest, lest anyone fall into disobedience. (Hebrews 4:9-11)
22. Lord, let all exhausted laborers in our land come to You, find salvation, and find rest for their souls. For Your yoke is easy and Your burden is light. Comfort those in jail and prison, Lord. (Matthew 11:18-30)
23. Lord, bring the Word of God to bear on the hearts and minds of those who make public policy in America. (Psalm 19:7-11; John 8:31,32) Continue to grant opportunity for a Biblical world view and principles into the public discourse. (Ephesians 3:10)
24. Shield and deliver our nation from occultism, New Age cults, false religions and secret societies. (Isaiah 1:29; 2:6)
25. In mercy, reveal Yourself to those who do not even seek after You, those who have turned away, those who are ignorant of their own need for Your saving grace in their lives. (Romans 10:20; Isaiah 65:1)
26. Reverse the trends of humanism and socialism in our nation. (1 Chronicles 12:32; Isaiah 59:15)
27. Help us to be a nation that desires purity and avoids debauchery, pornography, perversion, drunkenness, drug use and gambling. (1 Corinthians 6:9-20; Titus 2:12)
28. Grace and enable us, Lord, to travail until the fullness of Jesus Christ is birthed in this next generation of Americans. (Galatians 4:19)
29. Send forth more consecrated individuals to proclaim the Gospel of Jesus Christ to every nation. Bring in the harvest, Lord. (Acts 1:3; 4:33)
30. Lord, help us to live our lives so that all are prepared to give an account to Almighty God. (Hebrews 9:27)
31. Now to Him who is able to keep us from falling, and to present us faultless before the presence of His glory with exceeding joy, to the only wise God our Savior, be glory and majesty, dominion and power, both now and forever. Amen. (Jude 1:24-25)

Youth

1. God of Elijah, God of our fathers. We declare that the Spirit You are pouring out on the youth of America is stronger than any rebellion and will work to turn the nation back to God. (Luke 1:7)
2. God, it is time! Raise up the sons and daughters of destiny to contend for the cultural keys of our nation. (Isaiah 22:22)
3. Jesus, You are the great freedom fighter. We declare You will arise and contend against the enemies of our children and You will save them. We declare freedom from rebellion, freedom from sexual addiction, freedom from drugs and the occult. We declare a great spiritual jail break for the youth of America. (Isaiah 49:25)
4. Father to the fatherless. We declare that You are pouring out your father's heart and You will raise up a fathering, mothering movement in America that will raise kids from the dead and set them into double-portion destiny. (1 Kings 19:15-16)
5. You, whose eyes are ablaze with fire, we declare You will pour out Your jealous bridal love on a generation that will then cry out, "No Toleration!" to sexual immorality and idolatry. (Revelation 2:20)
6. God of revival, pour out the promised rain of Your spirit on our sons and daughters. May they see dreams and visions and prophecy. (Joel 2:28)
7. Great Shepherd, we declare that You will teach the youth of America your ways and the fear of the Lord. We declare healing and deliverance shall break out over the land and the *shalom* of heaven will fill our youth. (Isaiah 54:13)
8. We pray for a youth revival in which great conviction of sin and Holy cleansing takes place. (1 John 1:7)
9. We declare that a great new music and worship will arise that will be filled with truth and passion. We declare hearts, stadiums and the whole earth will be filled with that sound. (John 4:23, 24)
10. Great Martyr of the church, we declare that even as You laid down Your life for us, the young soldiers of the cross will carry the gospel of Jesus Christ to the Muslim world. (Revelation 12:11)
11. God of salvation, raise up youth that will not be ashamed of the Gospel. Let the power of the gospel blaze across our land. We call forth a great Jesus movement. (Romans 1:16)
12. Lord of the harvest, we proclaim You will thrust laborers into every cultural sphere of the harvest; the schools, the mission fields, Hollywood, politics, the streets and the inner cities. (Matthew 9:37)
13. Jesus, You were about Your father's business at age 12. We declare your spirit of obedience will be mightily upon the young. They will not waste their teenage years, but tithe them to the Lord. (Luke 2:49)
14. God of Justice and power, raise up anointed ones that will lead the way for justice. Raise up evangelists filled with the power of the spirit—doing miracles and healing the sick. (Luke 4:19-19; Isaiah 61:1-2)
15. God for all peoples, raise up a generation who will proclaim Your gospel to every people group in the earth. Release an end-times student-volunteer missions movement. (Matthew 24:14)
16. O Lord, that an end-time church without spot or wrinkle will arise. Let their cry for the Bridegroom erupt and thunder all over the earth, "Come quickly, Lord Jesus!" (Revelation 22:17)
17. Jesus, the one anointed with the oil of joy, raise up young men and women who, although brought up in a culture of murmuring and disrespect, will be filled with joy, thankfulness, and strength of character. May they be the radiant ones known as the offspring of the Lord in a depraved and crooked generation. (Philippians 2:14-15)
18. God of our fathers, we declare a generation will arise who will live in the great shadow of history, who will receive the blessing of the accumulated prayers of the saints past, and who will take the baton with unhindered obedience and hasten the return of the Lord. (Hebrews 12:1)
19. Father of all life, You have dreamed a unique dream for every life. We cry out, "No more abortion! No more destroyed destinies! No cloned destinies!" (Psalm 139:14-16)
20. God of the church, we declare this young generation will know the love of God in such a way that they will break through religious and racial barriers, reject territoriality, spiritual pride and selfish ambition, so that the unity Jesus prayed for will be seen. (John 17:23)
21. May the scriptures be honored, loved and obeyed again in the youth of America. God, we cry for a recovery of the "absolutes" of Your word in our land. (John 3:16)
22. Jesus, lover of our souls, burn Your passions in the heart of the youth of America. Seal their affections. Let Your flame of love break unclean addictions of the human heart. (Song of Songs 8:6)
23. We declare that You Father of all fatherhood will release a fathering discipling movement that will bring a fatherless generation into the deep security of sonship and daughtership in God. (2 Timothy 2:2)
24. We declare that the God of our Lord Jesus Christ will explode in the youth of America a spirit of wisdom and revelation in the true knowledge of God. (Ephesians 1:17)
25. King of Kings and Lord of Lords, we declare You will raise up a massive young praying army across America that will pray and fast for our governmental leaders and shape the destiny of our nation. (1 Timothy 2:2)
26. "In the beginning God created the heavens and the earth" ...in six days. You, O God, are the Creator. We declare that our children shall know You as the Creator and the day will come when they shall be taught of You even in the public places of America. (Genesis 1:1)
27. You wrote a book of all our days before we were even born. How awesome You are, Father. You have dreamed a dream for every child and written a novel of his/her days. We declare the youth of our nation will fulfill the dreamed destiny ...and the curse of abortion over them and our nation will be broken. (Psalm 139:16)
28. We declare these teenagers in the Babylon of today will turn and take a stand for truth and holiness and will not compromise. (Daniel 1:8)
29. There is a generation that is marked by spiritual violence, by extreme passion, sacrifice and devotion. We pray this generation will seize the moment and turn nations back to God. (Matthew 11:12)
30. We declare this is a generation who will wrestle with You in the midst of darkness and will not give up or give in until they see You face to face and you bless them. (Psalm 24:6)
31. We declare those shadowed by a spirit of death, but desperately wanting true life will find it in the Father's love. Bring forth the prayer anointing of Elisha and breathe life into the souls of the youth of this nation. Redeem what the enemy has stolen. Do it Lord, for your Holy Name's sake! (11 Kings 4:32-34)

"The Lord gave the word; great was the company of those who proclaimed it..."—Psalm 68:11

Prayer & Fasting Guide

By Bill Bright

Fasting is the most powerful spiritual discipline of all the Christian disciplines.

Through fasting and prayer, the Holy Spirit can transform your life. Fasting and prayer can also work on a much grander scale. According to Scripture, personal experience and observation, I am convinced that when God's people fast with a proper Biblical motive-seeking God's face not His hand-with a broken, repentant, and contrite spirit, God will hear from heaven and heal our lives, our churches, our communities, our nation and world. Fasting and prayer can bring about revival - a change in the direction of our nation, the nations of earth and the fulfillment of the Great Commission.

If you do not already know of the power and importance of fasting, here are some very important facts:

- Fasting was an expected discipline in both the Old and New Testament eras. For example, Moses fasted at least two recorded forty-day periods. Jesus fasted 40 days and reminded His followers to fast, "when you fast," not if you fast.
- Fasting and prayer can restore the loss of the "first love" for your Lord and result in a more intimate relationship with Christ.
- Fasting is a biblical way to truly humble yourself in the sight of God (Psalm 35:13; Ezra 8:21). King David said, "I humble myself through fasting."
- Fasting enables the Holy Spirit to reveal your true spiritual condition, resulting in brokenness, repentance, and a transformed life.
- The Holy Spirit will quicken the Word of God in your heart and His truth will become more meaningful to you!
- Fasting can transform your prayer life into a richer and more personal experience.
- Fasting can result in a dynamic personal revival in your own life-and make you a channel of revival to others.
- Fasting and prayer are the only disciplines that fulfill the requirements of II Chronicles 7:14: *"If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land."*
[javascript:movieWindow\("http://www.billbright.com/howtofast/movie/2.movie"\)](http://www.billbright.com/howtofast/movie/2.movie)If you fast, you will find yourself being humbled as I did. You will discover more time to pray and seek God's face. And as He leads you to recognize and repent of unconfessed sin, you will experience special blessings from God.
- Through your fast, and that of many other believers, God will heal our land.

How to Fast Safely

As you begin your fast, you may hear from concerned loved ones and friends who urge you to protect your health. And they are right. You should protect your health. But I assure you, if done properly, fasting will not only prove to be a spiritual blessing, but physical blessing as well.

By all means, consult your doctor before you begin your fast. But, be aware that many doctors have not been trained in this area and so their understanding is limited. Even so, it would be wise to ask your doctor for a physical exam to make sure you are in good health. You may have a physical problem that would make fasting unwise or dangerous. Also, if you are under any type of medication, make sure you talk to your doctor before changing your regime. Prudence and caution are in order.

When you are assured that you are in good health, you are ready to begin your fast.

In spite of the absolute safety and benefits of fasting, there are certain persons who should NEVER fast without professional supervision. For example:

- Persons who are physically too thin or emaciated
- Persons who are prone to anorexia, bulimia, or other behavioral disorders

- Those who suffer weakness or anemia
[javascript:movieWindow\('http://www.billbright.com/howtofast/mov/3.mov'\)](http://www.billbright.com/howtofast/mov/3.mov)
- Persons who have tumors, bleeding ulcers, cancer, blood diseases, or who have heart disease
- Those who suffer chronic problems with kidneys, liver, lungs, heart, or other important organs
- Individuals who take insulin for diabetes, or suffer any other blood sugar problem such as hyperglycemia
- Women who are pregnant or nursing

If you have never fasted before, I applaud your present interest! Fasting has been a major emphasis in the lives of many of the great spiritual leaders throughout history. John Wesley, the founder of the Methodist denomination, fasted every Wednesday and Friday and required all of his clergy to do the same. Effective ministers of God from the apostle Paul to Martin Luther to John Calvin made it a continual part of their walks with God.

None of those men had a "formula fast" that was the only "right" way. Fasting is about the condition of the heart, not the number of days. Each time that I have fasted for forty days, it was because I felt impressed by God to do so.

So, start slowly by fasting for one meal a day, or one day a week, or one week a month. Build up your spiritual muscles so that you will be prepared in a period of several months to fast for an extended 40 day period.

How Long and What Type of Fast is Right for

You[javascript:movieWindow\('http://www.ccci.org/howtofast/mov/5.mov'\)](http://www.ccci.org/howtofast/mov/5.mov)

The Bible recounts primarily two types of fasts. A partial fast is described in the book of Daniel. Although the water fast seemed to be the custom of the prophet, there was a three-week period in which he only abstained from "delicacies," meat, and wine (Daniel 10:3).

The two primary types mentioned in the Bible are the "absolute" and "supernatural absolute" fasts. These are total fasts—no food (solid or liquid) and no water. Paul went on an absolute fast for three days following his encounter with Jesus on the road to Damascus (Acts 9:9). Moses and Elijah engaged in what must be considered a supernatural absolute fast of forty days (Deuteronomy 9:9; 1 Kings 19:8).

So, I strongly advise you to drink plenty of liquids. Obviously, if God leads you to undertake an absolute fast, you should obey. If so, be certain, without doubt, that God is leading you. Water-only fasts that last for more than several days need to be undertaken with complete rest and under medical supervision because of the extreme danger of over-toxicification, breakdown of vital body tissues, and loss of electrolytes.

I personally recommend and practice water and juice fasting, especially if you are going to fast for an extended period of time. This type of fast will provide you with more energy than absolute or water-only fasts and still lead you into the humbling experience of denying your desire for solid food that you can chew.

[javascript:movieWindow\('http://www.billbright.com/howtofast/mov/6.mov'\)](http://www.billbright.com/howtofast/mov/6.mov) When it comes to making your final decision about what type of fast is right for you, the best advice I can give you is to follow the leading of the Holy Spirit. He will guide your heart and mind as to what is best for you. Remember, the most important consideration in fasting is your motive. Why are you fasting? To seek something personally from God's hand or to seek His face in worship, praise and thanksgiving?

How To Prepare Yourself

Spiritual and physical preparation is vital in sustaining a fast, no matter how long it may be.

Spiritual preparation

In preparation for this special time with God, I strongly urge you to examine your heart, and detect any unconfessed sin. Scripture records that God always requires His people to repent of their sins before He will hear their prayers. King David said:

Come and hear, all of you who reverence the Lord, and I will tell you what he did for me: For I cried to him for help, with praises ready on my tongue. He would not have listened if I had not confessed my sins. But he listened! He heard my prayer! He paid attention to it!

Blessed be God who didn't turn away when I was praying, and didn't refuse me his kindness and love. (Psalm 66:16-20)

In your prayers, confess not only obvious sins, but less obvious ones as well. The sins of omission as well as the sins of commission experiences. These may be experiences leaving your first love for our Lord: worldly-mindedness, self-centeredness, spiritual indifference, and unwillingness to share your faith in Christ with others, not spending sufficient time in God's Word and in prayer, a poor relationship with your spouse, your children, your pastor, or other members of your church. Another great way to prepare for your fast is to practice what I call "Spiritual Breathing." The concept is simple, but it has changed my own life and that of millions of others.

Like physical breathing, Spiritual Breathing is a process of exhaling the impure and inhaling the pure. If you knowingly sin, breathe spiritually to restore the fullness of God's Holy Spirit in your life. You exhale by confessing your sins immediately when you become aware of them, and you inhale by inviting the Holy Spirit to re-take control of your life. As an act of faith, trust Him to empower you. During the fast, spiritual breathing-constant reliance on the Holy Spirit-will enable you to resist temptation, not only to sin but to abandon your fast.

Physical preparation

Although fasting is primarily a spiritual discipline, it begins in the physical realm. You should not fast without specific physical preparation.

`javascript:movieWindow('http://www.billbright.com/howtofast/mov/8.mov')` If you plan on fasting for several days, you will find it helpful to begin by eating smaller meals before you abstain altogether. Resist the urge to have that "last big feast" before the fast. Cutting down on your meals a few days before you begin the fast will signal your mind, stomach, and appetite that less food is acceptable.

Some health professionals suggest eating only raw foods for two days before starting a fast. I also recommend weaning yourself off caffeine and sugar products to ease your initial hunger or discomfort at the early stages of your fast.

Managing Your Schedule

How long you fast, the kind of fast you undertake, and how you adjust your work schedule depends mostly on your occupation. Persons with office jobs, pastors, or homemakers may find it easier to continue their duties and fast for longer periods of time. In fact, on the basis of my personal experience, worldwide travels and the many letters, which I have received, I am confident that many, many thousands of pastors and lay men and women have already completed a 40-day fast!

Though there are many who engage in strenuous physical labor and have enjoyed their extended fast, if you are so engaged, you may wish to fast only one or more days of the week, limiting yourselves to partial fasting if you are so engaged. Or you may look to weekends as the prime time to abstain from food. Remember, too, fasting during major holidays is not always a good idea. Families may be inconvenienced, and temptations to eat can be overwhelming.

Reasons for schedule adjustments, especially during an extended fast, are two-fold... The first is physical. Throughout your fast, you may feel somewhat weaker than normal. During the first few days, you may feel tired and irritable. Lightening your workload and cutting down on strenuous exercise would be a very good idea to maintain your health and your morale.

The second reason is spiritual. Fasting is not just denying yourself food. It is exchanging the needs of the physical body for those of the spiritual. Long times of prayer and reading God's Word will be very essential if you are to enter into a more intimate communion with God to maintain your fast to its completion. While fasting, if you dissipate your energy on numerous errands or busy-work to the neglect of spending special time with God, you will starve both physically and spiritually. You will find yourself becoming discouraged and frustrated with your fast instead of being benefited and uplifted and blessed. I don't want that to happen to you.

Dealing With the Responses of Family and Friends

Many people are reluctant to tell others that they are fasting so they will avoid the sin of the Pharisees: fasting just to gain recognition for themselves. I strongly believe that attitude is a result of a wrong interpretation of our Lord's teaching and that it is a trick of the enemy who does not want us to fast, nor to share with your loved ones, neighbors and friends the benefits of fasting.

By isolating ourselves from the support of other Christians, we will be more susceptible to doubts and negative influences (both human and demonic). We need the prayer shield of our Christian friends and family

members to help us continue when we feel alone and when the enemy tempts us to give up Our Lord as he did Jesus Christ. Eventually, people will notice you are not eating. However, I have found that unless you see them daily, they do not consider your skipped meal much of a concern. If you are asked, nonbelievers may be satisfied by such a brief answer as, "I have other plans for lunch today." Or Christians should be satisfied when you answer that you are fasting today.

If friends and family express concern for your health, ease their fears by telling them that you will stop fasting the moment you feel you are harming your body or if the Lord leads you to end your fast. Tell them you are fasting under your doctor's care, which I urge you to do if you have any question concerning your health.

There is usually no reason for telling strangers or casual acquaintances that you are fasting. If you do, they may subject you to a lot of questions that you may not want to answer. But in any case, use your best judgment and the Lord's leading in telling people about your fast.

The more time you spend with God in fellowship, worship, and adoration of Him, and the more you read and meditate upon His Word, the greater your effectiveness will be in prayer and the more meaningful your fast will be. So I encourage you to arrange your schedule accordingly!

Making Your Spiritual Experience the Best It Can Be

Receiving God's best blessing from a fast requires solid commitment. Arranging special time each day with God is absolutely crucial in attaining intimate communion with the Father. You must devote yourself to seeking God's face, even (and especially) during those times in which you feel weak, vulnerable, or irritable. Read His Word and pray during what were mealtimes. Meditate on Him when you awake in the night. Sing praises to Him whenever you please. Focus on your Heavenly Father and make every act one of praise and worship. God will enable you to experience His command to "pray without ceasing" as you seek His presence.

As you enter this time of heightened spiritual devotion, be aware that Satan will do everything he can to pull you away from your prayer and Bible reading time. When you feel the enemy trying to discourage you, immediately go to God in prayer and ask Him to strengthen your resolve in the face of difficulties and temptations.

The enemy makes you a target because he knows that fasting is the most powerful of all Christian disciplines and that God may have something very special to show you as you wait upon Him and seek His face. Satan does not want you to grow in your faith, and will do anything from making you hungry and grumpy to bringing up trouble in your family or at work to stop you. Make prayer your shield against such attacks.

My major reason for fasting is for personal revival, revival for our nation, for the world and for the fulfillment of the Great Commission by the end of the year 2000. But praying for our own needs and interceding for others are also important reasons to fast and pray. Bring your personal needs before the Lord, intercede for your loved ones, your friends, your church, your pastor, your community, your nation, and the world. By your prayers of humility, as you fast, you will help the Great Commission be fulfilled.

However, do not become so caught up in praying for yourself and others that you forget about simply reverencing and praising God. True spiritual fasting focuses on God. Center your total being on Him, your attitudes, your actions, your motives, desires, and words. This can only take place if God and His Holy Spirit are at the center of our attention. Confess your sins as the Holy Spirit brings them to your attention and continue to focus on God and God alone so that your prayers may be powerful and effective.

A renewed closeness with God and a greater sensitivity to spiritual things are usually the results of a fast. Do not be disappointed if you do not have a "mountaintop experience," as some do. Many people who have successfully completed extended fasts tell of feeling a nearness to God that they have never before known, but others who have honestly sought His face report no particular outward results at all. For others, their fast was physically, emotionally, and spiritually grueling, but they knew they had been called by God to fast, and they completed the fast unto Him as an act of worship; God honored that commitment.

Your motive in fasting must be to glorify God, not to have an emotional experience, and not to attain personal happiness. When your motives are right, God will honor your seeking heart and bless your time with Him in a very special way.

Maintaining Nutritional Balance

I know the prospect of going without food for an extended period of time may be of concern to some. But there are ways to ensure that your body is getting the nutrients it needs so you can remain safe and healthy during your fast.

For an extended fast, I recommend water and fruit and vegetable juices. The natural sugars in juices provide energy, and the taste and strength are motivational to continue your fast. Try to drink fresh juices, if possible. Off-the-shelf juice products are acceptable, as long as they are 100% juice with no sugar or other additives.

If you are beginning a juice fast, there are certain juices you may wish to avoid and certain ones that are especially beneficial. Because of their acid content, most nutritionists do not advise orange or tomato juice (these are better tolerated if mixed with equal portions of water). The best juices are fresh carrot, grape, celery, apple, cabbage, or beet. They also recommend "green drinks" made from green leafy vegetables because they are excellent "de-toxifiers."

Fruit juices are "cleansers" and are best taken in the morning. Since vegetable juices are "restorers" and "builders," they are best taken in the afternoon.

I usually dedicate a portion of my 40-day fast to a special liquid formula, which I have found to be effective over many years. A few recipes and my comments are on this page, as well as a helpful schedule.

- One gallon distilled water
- 1-1/2 cup lemon juice
- 3/4-cup pure maple syrup
- 1/4-teaspoon cayenne pepper

The lemon juice adds flavor and vitamin C, the maple syrup provides energy, and the cayenne pepper—an herb—acts to open small blood vessels which, I believe, helps the body as it cleanses itself of stored toxins. (A word of caution: although I use this formula with no ill effects, cayenne pepper could cause severe physical reactions in persons with a specific allergy to this herb.)

My favorite juice is a mixture of 100% pure white grape juice and peach juice. The juice is available in frozen cans under the Welch label. Most knowledgeable nutritionists recommend:

- Watermelon—just put it in the blender without adding water.
- Fresh apple juice
- Green juice—blend celery, romaine lettuce, and carrots in equal proportions. (Vegetable juices like this one are important, for they supply the electrolytes necessary for proper heart function!)

Some nutritionists recommend warm broth, especially if you live in a colder climate. You may find their recipes helpful:

- Boil sliced potatoes, carrots, and celery in water. Do not add salt. After about a half-hour, drain off the water and drink.
- Gently boil three carrots, two stalks of celery, one turnip, two beats, a half head of cabbage, a quarter of a bunch of parsley, a quarter of an onion, and a half clove of garlic. Drain off the broth and drink up to two or three times daily.

What Physical Effects to Expect

Although fasting can be an indescribable blessing, it is not always easy for everyone. In this time of discipline, self-sacrifice and reflection, do not be surprised if you experience mental and physical discomforts.

To begin, you may experience some inner conflict when you deny yourself the pleasure of eating delicious food. Any sort of fast may sometimes leave you feeling impatient and irritable. During a 3-day fast, this struggle can intensify toward the end of the second day. That seems to be a favorite time for the "self" to rise up and say, "This is as far as I want to go. I have done enough."

Physical Effects	Reliefs
Hunger Pangs These are greatest usually during the first three days of the fast. Your body is adjusting from using the food in your digestive tract (which remains about three days) to consuming stored fats.	Psyllium Bulk Help eliminate hunger pangs and also aids in cleansing the body. Several capsules can be taken throughout the day with plenty of water. Silymarin tablets may also be helpful, for they are believed to protect and enhance the cleansing of the liver.
Coldness, bad breath and heightened body odor, changes in elimination (constipation or diarrhea), light-headedness, changes in sleeping and dreaming patterns, aches and	After the first two weeks of an extended fast, many of these symptoms subside. Continuing aches in a certain area of the body usually means elimination of fatty tissue is going on in that area, which is not harmful. However, any extensive pain should be examined immediately.

pains. A white-coated tongue at the beginning of a fast may be a part of the body's pattern of throwing off toxins. Also expect to go the the bathroom often (you will be drinking lots of water!)	YOU SHOULD STOP FASTING IF YOU ARE EXPERIENCING SEVERE PAIN OR SWELLING.
Headaches or stom achaches may be a result of salt, sugar, or caffeine withdrawal.	Eliminating those items from your diet prior to fasting is the best way to avoid these pains.
Lower back pain may indicate that you are dehydrating	Drink more fluids
dizziness may be caused by a sudden change in position, such as rising suddenly from a chair.	Stop for a second or two, then recover. Move slowly. (A word of caution: these conditions may be symptoms of other problems requiring medical attention.)
Minor fasting discomfort	Take one teaspoon of psyllium seed powder morning and evening. Mixed in lukewarm water, it becomes like Jell-O. This powder will hasten the elimination of toxins from your colon and help to prevent headaches and dizziness for most healthy people. Alfalfa tablets can help control bad breath and cleanse the system. Two tablets at a time can be taken several times a day.

In my desire to be absolutely faithful to my first 40-day fast, I stopped taking my usual vitamins and minerals. However during subsequent fasts, I have felt strongly impressed to continue my vitamin and herbal therapy and also using psyllium. I do this to keep my "temple" healthy while continuing to deny myself the pleasure of eating solid food.

During your fast, you may have your struggles, discomforts, spiritual victories, and failures. In the morning you may feel like you are on top of the world, but by evening you may be wrestling with the flesh—sorely tempted to raid the refrigerator and counting how many more days are left in your fast. This is especially true if you are new at fasting. To counteract temptations like these, take extra time with the Lord to spend with God. Step outside for fresh air and a moderate walk of a mile or two, and talk to the Lord as you walk along. And in the process always keep on sipping water or juice frequently during your waking hours.

INTERCESSION – KNOWING The BASICS

By Yididah

Introduction: From **A House of Prayer of All Nations** by Chaim Richmond:

Page seven: “The Hebrew word for ‘sacrifice’ (korban or lehakriv) is from the same root as ‘to come near, to approach...to become closely involved in a relationship with someone.’ There is no word in the English language that can adequately render the idea behind the Hebrew word ‘korban’.

The English idea of giving up something, a gift, or giving up for some else’s benefit: There is no such attitude in ‘korban’. It is exclusively in the Bible in the context of man’s relationship to Elohim. Thus its true meaning can only be grasped through its root...the concept of coming close.

With this definition, the goal of the Temple sacrifices is nothing less than the aim of dedicating human life to a higher sphere...closer to the Creator and Source of all life”.

Page nine: “The sacrifices were not an end in themselves. The sin offering, which was only a small part of the sacrifices, was not acceptable unless it was accompanied by true repentance”. Without repentance there is no salvation—this principle has been in effect since Adam and Eve.

The Hebrew understanding of faith: If you believe something, show it by your works—corresponding actions, otherwise you don’t believe it. Words are cheap—“faith without works is dead”. (Ja’cob 2) “Works” are actions in accordance with the Torah of YHWH—obedience to His commandments. If we say we love Him, show it by obeying His commands (John 14:15; 15:14).

The Hebrew understanding of love: If you love someone, you submit to them, you obey, you enter into their life and become one with them. If we love Messiah, we obey, submit and enter into His life. “Hate”, used in Luke 14:25, means to not submit to their control, their desires and wants over your life—to set aside their rule over you, in order to submit to the one you “love”. This is why the Word admonishes the man, and the woman, to leave their mother and father and cling to each other. They are no longer under the tutorship of parents, but are free to love each other as man and wife.

Scriptures:

Ephesians 6:10-18; Exodus 28
Isaiah 11:1-5
Isaiah 53:12
Ezekiel 22:30
Isaiah 59:16
I Thessalonians 5:7-9
Daniel 9:3-19
Romans 8:26-27
II Corinthians 10:3-6
I Timothy 2:4-6
Hebrews 4:14; 7:25

Examples of Intercession:

..... Exodus 32:31-33
. Numbers 16:22
. Isaiah 64:6-12
. Ezekiel 11:13
Ezra 5:9-10:1
... John 17

Intercession: To stand before YHWH on behalf of His people and His will for them, and to stand between (in the “gap”) YHWH and His people (Ezekiel 22::30) to plead for the good of His people, and for the honor and esteem of YHWH before His people to be manifested. To go out and proclaim His will into the earth, using His Hebrew Name—thus opening a door for Him into this world to do His will on earth, and in the hearts of His people, whom He has foreknown and chosen to be His own. Therefore, intercession is primarily done on behalf of His chosen remnant—the seed of Jacob—who will remain faithful to Him in the days of evil to come.

Jeremiah 31:7: “For thus says YHWH: Sing with gladness for Jacob, and shout among the chief of the nations: Publish! Publish! And say: `O YHWH, spare your people—the remnant of Israel”.

Elijah said to Ahab (I Kings 17:1): “As YHWH lives, before whom I stand, ...” Intercession is a priestly calling. This is why we must spiritually be clothed in the garments of the High Priest (Zadok: Righteousness)—the Melek Zakok—the King of Righteousness—Yahushua Messiah.

Spiritual warfare: To stand between the people and the “gates of hell”—demonic realm of Satan—on behalf of His people--to stand for the will of YHWH in order to loose someone or a group of people from the grip of Satan.

We must be clothed in the “whole armor of Elohim” in order to “stand” firm.

Ephesians 6:10-13a

II Corinthians 10:3-6: “For though we walk in the flesh, we do not war after the flesh: For the weapons of our warfare are not fleshly, but mighty through Elohim to the pulling down of strongholds—casting down imaginations, and every high thing that exalts itself against the knowledge of Elohim, and bringing into captivity every thought to the obedience of Messiah, and having a readiness to revenge all disobedience, when your obedience is fulfilled”.

The role of intercession is not for novices in the faith. It is for the mature, the stable in the Word, the obedient, the ones YHWH can trust to speak His will into the earth. He only backs His will!

Our authority-level is built by mutual trust, through our obedience to Him, and our submission to Him, even in our thoughts.

We cannot rightfully speak His will into the earth, unless our life is pure before Him. Judgment is also a part of intercession, and we must not judge anyone or any situation by our “self”—only His judgment is perfect. (I John 5:14-15)

Intercession, and spiritual warfare require an intimate relationship with Him—for we are “living sacrifices” unto Him—(see the above description of “sacrifice”). He cannot use someone with “self” on the throne—we must die to selfish ambitions, selfish agendas, and self in general, and live a life of repentance, in order to be pure and set-apart bond slaves of Yahushua Messiah.

The bond-slave lives in the Master’s house—is trusted totally—and receives the benefits of friendship with the Master. (John 15:14-15)

In Acts 19:15, the demons ask those playing games with deliverance: “Yahushua we know, and Sha’ul we know, but who are you?”

At times He says: Do not make intercession for someone or something, as in Jeremiah 7:16. It is because the person or people have gone so far into sin that His mercy cannot reach them, because they love their sin (not because He doesn’t want to redeem them). Jeremiah 7:15-16: He says to Judah: “And I will cast you out of My sight, as I have cast out all your brethren, even the whole seed of Ephraim.” To Jeremiah He says: “Therefore, pray not for this people, neither lift a cry nor prayer for them, neither make intercession to Me: for I will not hear you”. In Jeremiah 15:1 He puts it this way to Jeremiah: “Then said YHWH unto me: Though Moses and Samuel stood before Me, My mind could not be towards this people: cast them out of My sight, and let them go forth”.

The worst punishment that YHWH could have inflicted on His people as a whole was to banish them from the land of Israel. The greatest gift is now in operation—He is bringing back a remnant of the whole house of Jacob—all the tribes (Judah and Ephraim) to the Land. Deuteronomy 11:12—His eye is on one Land continually—His Land—Israel—that He gave to Abraham and his seed through Isaac and Jacob. Therefore, to cast them out of His sight was to cast them out of the Land. We must know Him—His thoughts, His ways, His modus operandi—so that we do not intercede, when He says “NO”.

Intercession is “mediation”. The High Priest, Yahushua, is our mediator before the throne of YHWH—II Timothy 2:4-6; Hebrews 4: 14; 7:25.

Mediation—intercession—is not “prayer” or “supplication”. Prayer is basically: To hear Him, and know His will, so that we can go out and do what He says. Messiah spent whole nights in prayer, and then went out to do what He said, and speak what He said. We are to “pray without ceasing”—that doesn’t mean we are to talk without ceasing, but to listen to Him continually, and then do what He says—to be ready to intercede when He says, to prophesy when He says, do minister to individuals as He says. “Supplication” is asking—requests.

We are to have our ears constantly tuned to what He wants—to prophesy, to minister, to speak, to act, to do as He says, when He says to do it. The obedient servant has his ear “pierced” to the “door”. (Deuteronomy 15:16-17) Messiah said: “I am the door”. If we have our ear pierced to the door, as a willing bond-slave, because we love the Master, then we are always in “prayer”, and obedience. Supplication is “request”. Yes, we can ask for ourselves, our family, and speak to Him about our needs, other’s needs. But, this also must be guided by His will, or else we get nothing—I John 3:21-22; 5:14-15.

I John 3:21: “Beloved, if our heart condemns us not, then we have confidence towards Elohim, and whatsoever we ask, we receive of Him because we keep His commandments, and do those things that are pleasing in His sight”.

I John 5:14-15: “This is the confidence that we have in Him, that if we ask anything according to His will, He hears us, and if we know that He hears us, whatsoever we ask, we know that we have the petitions that we desire of Him”.

Do you see that keeping His commandments—His teachings and instructions—His laws and right-rulings (His Torah) is paramount to getting what we ask for?

Isaiah 55:10-11: “For as the rain comes down and the snow from heaven and returns not...so shall my Word be that goes forth out of My mouth: It shall not return to Me void, but shall accomplish that which I please, and it shall prosper in the thing whereto I sent it”.

“Mediator”: #3316 Greek: “go-between, a reconciler, intercessor, or mediator”.

Intercessor: #6293 Hebrew: “To come between, to entreat, intercessor, to meet together...”
Intercession before the Father is when we stand between Him and the people, and entreat on their behalf according to His will, where we meet before Him, and submit ourselves to His desires, on behalf of the good of His beloved ones. Only one whom He knows and respects can do this. Those who “fear” Him enough to keep His commandments, are the ones He respects. (Psalm 103:13-18)

Romans 8:26: #5241: “to intercede on behalf of”

Romans 8:27: #1793: “to confer with, to entreat in favor or against, deal with, make intercession”

(Numbers (#) from James Strong’s Exhaustive Concordance of the Bible)

Identification is paramount in deep and thorough intercession. A person can lay their hands on a map, and intercede over places on the earth, as He leads, from their home. But, when He needs an open door, and something paramount to be enacted, the intercessor must go on-site. The calling of an intercessor is the calling of a priest and a prophet, whose duties require a laying down of one’s life totally to the will of the Master!

When I was in Aqaba, waiting for a store to open at 10:00AM, from about 10 minutes until 10:00, I watched people coming to the door, looking inside, rattling the doorknob and going away with scowls on their faces. Then at 10:01, a cheery man came with a whole ring of keys. He opened the door, to the delight of several, including myself, and we all went in. He could not open the door from his house, or his car. He had to insert the key into the proper lock in order to open the door. **This is intercession. The Father spoke to me at that time: “Prayer can be made anywhere; intercession must be made on site”.**

Intercession is the job of a gatekeeper. Spiritual keys must be inserted in actual locks-- proclamation made over actual doors.

A perfect example is in Messiah Yahushua Himself. He did not stay in heaven to redeem us. He came to earth to intercede for us—Isaiah 53:12. By His intercession on the stake, He took our sins, and stood between the Father and a lost people, and His blood bought for us our salvation. He “tasted” death for everyone—Hebrews 2:9. He submitted to the judgment for OUR sins.

We go and stand in His place, on this earth, in intercession, and call for an open door for His will to be brought into this earth. Though this earth is His, man gave it to Satan (Genesis 3). Therefore, when Messiah was tested by Satan, (Matthew 4), Satan offered Him the “kingdoms of this world”. It was a valid offer. When Messiah comes, Revelation 11:15-18 tells us: “The kingdoms of this world become the kingdoms of YHWH and of His Messiah”.

Matthew 16:19: He gives to us **the keys OF the Kingdom of heaven**. These keys are used in spiritual warfare to unlock the prison-house and gates of hell for His set-apart ones. His remnant is being held in prisons of debt, in marriages that are tragic, in emotional and mental prisons, and in literal prisons, being tortured and killed, in countries that are hostile to believers. Because of cultural expectations and demands many submit themselves to prisons that they don’t have to live in. Messiah came to set us free from Lucifer’s world system. Therefore, we must be in warfare for those whom He lays upon our heart. He is calling a remnant to freedom!

We must **learn wisdom in dealing with demonic forces**—for this is no game. If our authority level is low, then the demons will mock us and attack us, and attack our families, as in the story in Acts 19:13-16. We must be backed by His authority, in His rightful Name, in order to go against these powerful demonic forces upon the earth—especially now. We must only stand in the gap according to His Word. We must have wisdom—demons are legalists, bound by YHWH’s law. We must know how to bind them, and loose them to go.

Matthew 16:19: “And I will give you the keys of the Kingdom of heaven, and whatsoever you **bind** on earth shall be bound in heaven, and whatsoever you shall loose on earth shall be loosed in heaven.” Here’s the catch—we must only bind and loose as His authority backs us. He must be able to trust us.

To “bind” on earth means that we boldly proclaim what has already been bound in heaven. We are releasing that will of the Father into the earth. We are disallowing what is not of Him—we

are prohibiting, standing against, what is not of Him. To “loose” means we are boldly loosing what has already been loosed in heaven--we are repeating His will into the earth—permitting what is of Him to take place—allowing what is His will to go forth into the earth. We are His mouth in the earth—His Ambassadors who represent His desires.

We must have wisdom in “binding the strongman” (Matthew 12:29). We must not touch those being delivered, but must order the demonic spirits to go to the place of judgment until Messiah comes. Otherwise, they can legally jump onto us—again as in the story in Acts 19:13-16.

We must not be involved in Christian hocus pocus—using formulas, pouring out of the bread of wine upon demonic strongholds, observing occult “lay-lines”, doing repentance for things He has not ordered, holding hands in a circle (for someone in the circle might be demonized, and then that passes through to us), which is also a witchcraft coven thing. There are many things now that are sidetracking His people into mystic, occult ditches, in the name of “spirituality”. Beware! These things look good—but the Word is the standard of good and evil.

Utmost in importance—know the Word as He teaches it, and know His nature! Many are being led into silly things in intercession because they do not know His Word, or the nature of the Elohim of Israel. Therefore, those who are still locked into lawless (Torah-less) Christianity, or Christianity mixed with Hebrew roots” (the now-popular “playing Jew” syndrome), into Messianic doctrines (some of which are pure heresies), or into mystic, allegorical, interpretation of the Word, must not do intercession before YHWH. We must repent of any falsehood that we have participated in. Foolish people are listening to popular religious gurus for their instruction, reading their books and magazines, and going to the Internet and T.V. for their instruction. These who by-pass learning from the Ruach YHWH, and choose man instead as their authority, must not do intercession before YHWH. The kickback could be horrendous, for He does not respect those who do not seek totally purity and set-apartness unto Him. He is a jealous Elohim! (Exodus 34:14)

Intercession as proclamation and declaration: Elijah heard from Him, as he stood before Him (I Kings 17:1). Then Elijah went and proclaimed it before Ahab:

“It shall not rain these years, because of my word”. How could Elijah proclaim that it would not rain, and then later that it would rain, because of “his word It is because YHWH’s word had become his word in his mouth!”

A big part of intercession is proclaiming His word into the earth, to open doors, or shut doors, as He wills. He is the one who shuts and opens (Revelation 3:7), but He uses our mouth to do it. He put His Word into the mouths of His prophets, and as the prophet spoke, YHWH spoke
!

The intercessor becomes the mouth of YHWH!

This is why the intercessor must fear YHWH with a passion! To speak in His Name without it being from Him is highly dangerous. To speak for Him with lack of forgiveness, hate or bitterness in our heart, with hidden or open sin, personal agendas to promote ourselves, greed, and other defilement, is very dangerous. Isaiah 8:13: “Set-Apart YHWH of hosts and let Him be your fear and let Him be your dread”. The word “fear” means terror, great fear. Leviticus 10:3: After Aaron saw his two oldest sons burned up before him by YHWH, Moses told him not to mourn, for the two sons were in great disobedience, having no fear of YHWH, and YHWH judged them on the spot. Then in verse 3, “Moses said to Aaron: ‘This is

that, which YHWH spoke saying, “I will be set-apart in you that come near to Me, and before all the people, I will be esteemed.””

We must be careful to guard His Torah (His instructions and teachings of the Kingdom of heaven), written in His Word, and obedient to His will as He speaks to us daily! No excuses, no “but”, no anything—just “yes Sir”.

Matthew 7:21-23—those who did things “in His Name”, yet calling Him, “lord”, were cast out of the Kingdom because they were “a nomia” (Greek)—without Torah. They were law-less, Torah-less—Christians.

Qualification-characteristics for intercessors: Un-compromising set-apartness unto YHWH—His way—and purity of heart: These are prime characteristics of those He trusts. Do Not Compromise His standards—yet walk in His love. Religious pride is defilement. Humility and gentleness, meekness and contriteness, a repent heart, sensitivity to sin, as well as the fruit of the Ruach, gentleness, kindness, compassion, joy and peace—operating in the fruit of the spirit (Galatians 5:22-24) is what is required.

Loudness, fleshly boldness, aggressiveness, pushiness—attracting attention to ourselves—this is not of the Father! Boldness, in the power of the Ruach YHWH gets the job done—and does not draw attention to ourselves. It is not loud—it is not a performance!

Wear proper clothing! Intercessors must be modest and represent the instructions of the Word, for women and men. Women should wear simple skirts and mid-long-sleeved blouses, no low cut tops, no tight fitting anything—that’s Greek—showing off body parts. Men—no shorts, or tank tops, but long pants and mid-long-sleeved shirts. No flip flops, no unbuttoned shirts or tight fitting anything---we must not draw attention to our bodies. This is good advice for dress anywhere, since we represent set-apartness from the world. We don’t have to look “religious”—just modest. (I Peter 3:3-4)

Humility, meekness, a quiet spirit, contriteness, (no pride, arrogance, or a religious spirit) are major characteristics. We must know our bond-slave position. Hearing from Him in silence and aloneness, submission, develops a high relationship with Him. We must become living “sacrifices”—drawing near to Him. We must be highly focused. NO CHIT CHAT—NO WORLDLY BLABBING and shallow talking, when on assignments for Him. But, the rule is, in speech, that we are to speak “the oracles of Elohim”—that which is pleasing to Him—that which is from His heart must be our main line of speech. (I Peter 4:11)

When under orders from Him—which is a lifestyle--we must not watch TV, listen to man’s chitchat, talk on the phone to chitchat, go on the internet, play games, or socialize, or do anything that would disturb our focus.

“ON ASSIGNMENT”: This means we are ambassadors for the Kingdom of Heaven—therefore, we must primarily be tuned to our King—shutting out His enemy’s world, and it’s incessant blabbing (Babel—confusion).

(Refer to the Declaration sheet, the tribe’s sheet, and Zadok Part II: Correct Intercession and Spiritual Warfare in the Garments of the High Priest)

Numbers 10:13-28, 33-36: They broke camp and went out after the Ark of the Covenant—which had gone out with the house of Aaron three days ahead of them. Where the Ark sat down, the presence of YHWH’s Spirit sat down, and there they rested. Judah went out first, following the Ark to its resting place. He led the other tribes out, including the Levites who carried the rest of the tabernacle.

Today, Judah has gone forth to Mt. Zion. (Zechariah 12:7) Judah has rebuilt the Land. Psalm 102:16: “When YHWH shall build up Zion, He shall appear in His glory”. The Ark is a symbol of the Messiah. The Orthodox Jews are looking for Messiah.

The rest of the tribes follow Judah. Today Levi also is in the Land—and can be DNA tested clear back to Aaron, via the Y-chromosome, which is only in Levite males of the house of Aaron, via Eleazer, Phinehas and Zadok.

The golden crown: Exodus 28:36-38; 39:30 and Leviticus 8:9 – “the diadem”—the crown of Zadok—righteousness (II Timothy 4:8...for those who “love His appearance”). The High Priest had to wear this in order to be acceptable before YHWH as he interceded for the people. The words engraved in gold on the crown are: “Set-Apart to YHWH”.

Without this crown, spiritually, on the forehead of His intercessor, no one must intercede...it is the crown of set-apartness. Exodus 28:36-38: “...and it shall always be upon his forehead, that they (*YHWH’s people*) may be accepted before YHWH”. “Without set-apartness, no man will see YHWH” (Hebrews 12:14). (Italics mine)

Again, referring to Leviticus 10:1-7: Aaron’s two oldest sons are burned up before him, because they tried to up-stage YHWH, and disobeyed Him. They saw that YHWH was manifesting Himself before the people, and they wanted in on the action to draw attention to themselves, for their glory. This is so common in worldly Christianity that it is pathetic. Aaron, at the time, was in the set-apart place—inside the tabernacle by the altar of incense. Moses admonishes Aaron not to tear his clothes or take off his turban (verse 6): If he had taken off his turban in mourning for his sons, he would have had to take off the gold plate—the diadem—and therefore would have disqualified himself to intercede before YHWH. In verse 7, Moses has another instruction for Aaron: “And you shall not go out from the door of the tabernacle of the congregation lest you die: for the anointing oil of YHWH is upon you”. When we are anointed to intercede, we must not go out into the “outer court” with the throng of people, for thus we will be defiled, and unable to intercede. We must refrain from all worldliness.

Intercessors live a life of alone-ness, much of the time—in the “secret place”—away from the outer court much of the time, in order to only please YHWH.

If His anointing oil is upon us, we must not touch what is common or unclean—it will defile us. (Haggai 2:11-14)

Ezekiel 44:22-24: The Zadok priests of the Kingdom-age and on into eternity will instruct in righteousness, and judgment, and define for the people what is unclean, what is impure and defiled, from what is pure, clean and set-apart to YHWH. Those, today, who are called to be clothed in the garments of the Zadok Priesthood, as was Aaron, must not touch purposely what is defiled—what is of the world—what is of man’s flesh (I John 2:15-17; Jacob 4:4). We are SET-APART unto Him for intercession. Therefore we must walk the walk—so that all will see our consistency in action and word, and know that YHWH has set us apart.

Because there is judgment involved, our judgment must always be His—and not our own fleshly criticism and religious judgment from our soul--mind and logic.

John 5:30: Messiah Yahushua said: “I can of My own self do nothing: As I hear, I judge: and My judgment is just, because I seek not my own will, but the will of the Father who sent Me”. If we are to copy our Messiah, then this is our pattern.

John 5:19: “Truly, truly, I say to you: The Son can do nothing of Himself, except what He sees the Father doing. For whatever He does, these also the Son does likewise”.

John 8:28: “...I do nothing by Myself, but as my Father has taught Me, I speak these things”.

John 12:48-50: “He that rejects Me, and does not receive My words, has one that judges him—the Word that I have spoken will judge him in the last day. For I have not spoken on My own, but the Father who sent Me—He gave Me a commandment of what I should say and what I should speak. And I know that His commandment is life everlasting: Whatsoever I speak, therefore, is even as the Fathers said to Me--and so I speak”.

This is the command for intercessors—that we speak only what He has put into our mouth to speak for Him.

Comparing Ephesians 6:14-18 with Exodus 28 (the garments of the High Priest): This is the armor of Elohim! – Ephesians 6:11, 13

Without His clothing us, we must not intercede or do spiritual warfare. What set the High Priest apart, and thus sets us apart?

-
- 1) The blood of the Lamb – Messiah Yahushua
 - 2) The anointing oil (picturing the anointing of the Ruach YHWH)
 - 3) Obedience to the Torah without adding to it, or compromising
 - 4) Purity, blamelessness of heart, meekness and submission to His will
 - 5) Love of the Truth--to pursue it with passion
 - 6) Faithfulness, loyalty, to His purposes and what is on His heart
 - 7) Active, trusting, loving covenant relationship with Him/intimate relationship that causes us to “draw near” and “dwell” in His presence

Exodus 28:4: “And these are the garments that they shall make: a breastplate, and an ephod, and a robe, and an embroidered coat, a mitre (turban) and a girdle: and they shall make set-apart garments for Aaron...and his sons, that he may minister unto Me in the priests office”. (King James Version)

The work of the High Priest was basically to minister to YHWH, to intercede before YHWH on behalf of His people, as on the Day of Atonement. The Levites—those not of the house of Aaron—were to minister basically to the people—in the outer court, while the High Priest’s duty was mainly within the inner court, the set-apart place, and the Most Set-Apart Place, before YHWH. Our intercession must contain both elements. We are to stand before YHWH and minister to Him, learn from Him, hear His will, and then, as He directs, and ONLY AS HE DIRECTS, we are to go out to the people, out to where He wills, and declare and proclaim His will into the earth, and to stand between the people and the enemy in warfare, if needed.

I. **The Girdle of Truth**: (Ephesians 6:14; John 17:17; Psalm 119:142): The plumb-line of truth is the Word of YHWH. (Amos 7:7-8)

There are no idle words in His Word. We must not take away from it, or add to it:

Deuteronomy 4:2; Ecclesiastes 3:14; I Peter 1:13: “Gird up the loins of your mind”. We must gird our minds with His truth, so that our mind, will, and emotions will line up with our re-born spirit in all things. (Romans 12:1-2)

Isaiah 11:5: Righteousness is the girdle of Messiah’s loins. Faithfulness is the girdle of his waist.

Exodus 28:4, 8, 28, 39; Leviticus 8:7 (the King James’ version calls it a “curious girdle”). It goes about the waist. This is the area of taking in food, digestion and reproduction of like kind. It is an area where waste is discarded, and what is good for the body is absorbed and utilized. In the same way, we gird His truth about our mid-area—the area of our eternal spirit—from where we hear Elohim and interact with Him—and take it in, digest it, reproduce it and give it out to others for their blessing. It is the area where non-truth is separated from truth, or waste from good food value, so that the waste is discarded, and the good is retained. The girdle goes around the ephod—a white shirt. Ephod: Exodus 28:6-12: Upon the ephod is attached the two onyx stones with the names of six tribes on each. Read this chapter carefully to understand the garments.

II. **The Breastplate of Righteousness**: (Isaiah 59:17; I Thessalonians 5:8; Ephesians 6:14)

The breastplate has on it the stones representing the twelve tribes of Jacob (Jacob was re-named “Israel” by YHWH). The High Priest was always bearing the names of the tribes over his heart. The breastplate was held in place by two straps that were attached to two onyx stones—one on each shoulder. On one onyx stone was engraved the names of six of the tribes, and on the other onyx stone was engraved the names of the other six. Therefore, the priest was always conscious of bearing the tribes on his heart, because YHWH always bore the tribes of His heart.

When one is a true intercessor, they are conscious of the breastplate being over their heart, chest, and as He wills, they intercede for the remnant. (Refer to the

Declaration Sheet and the names of the tribes—attached to this article.)

“Publish and praise, and say: ‘O YHWH, SAVE YOUR PEOPLE—the remnant of Israel’”.

(Jeremiah 31:7) This verse is in the midst of YHWH telling what good He will do for His people good—yet He tells Jeremiah to cry out on their behalf. We work in cooperation with Him—as Ambassadors of the Kingdom of Heaven here on earth.

As we come before YHWH, Psalm 100 tells us that we come with singing and thanksgiving—we come with praise and worship. We do not approach the throne of the King lightly—He is a “consuming fire”, and we approach Him with fear – knowing that our life belongs to Him. Good servants fear to displease their Master, and now that we are in training for reigning, our attitude in regards to His Person is of the UTMOST importance. The same goes for our approach to our Savior. The Apostle John saw Him differently than He appeared on earth—read Revelation 1.

Joel 2:17: “Let the priests and the ministers of YHWH weep between the porch and the altar, and let them say, ‘SPARE YOUR PEOPLE , O YHWH, and give not your heritage to reproach, that the heathen should rule over them’”

Isaiah 26:2: “Open the gates that the righteous nation that keeps the truth may enter in”. We cry out for the set-apart remnant that He chooses to escape

“Gates”: means a border, a seaport, a land port, and entrance to go in or out—as an airport, or a door. We are watchmen and gatekeepers. (Isaiah 62:1, 6-7) We watch and listen to warn the people of the enemy (Ezekiel 33:1-7), yet we have the keys of the Kingdom—and we must use them as the Master commands, when He commands.

III. Preparation of the Good News of Peace: Ephesians 6:15; Isaiah 53:5 with Isaiah 52:7 “#2091: “to make ready, to prepare”. This is not talking about putting on shoes. The High Priest did not wear shoes in his task of intercession. The High Priest was the visible symbol of peace and security within the camp of Israel. He stood between YHWH and the people, which gave them peace. Today Messiah Yahushua, our High Priest, stands between YHWH’s people and YHWH, for those who call on His Name. Our feet are to be shod with “preparation”. Preparing people to receive the good news of the peace of Messiah. “He is our peace.” (Ephesians 2:14). What peace did He make? He has “broken down the middle wall of partition” between the house of Israel and the house of Judah, so that Ezekiel 37:15-28 can come to pass—He can restore the whole house of Jacob together again in His Kingdom (the one new man), as one nation. His great passion and dream is the restoration of a remnant of all of His people—from all of the tribes—back into His Land, under His Torah, and dwelling with Him in peace. This is the peace He came to bring—reconciliation and redemption for the “lost sheep” of the house of Israel—to restore them to Himself through Messiah (Matthew 15:24; 10:5-6).

The Good News that we must be always prepared to give is this: Matthew 4:17: “Repent, for the Kingdom of Elohim draws near”: Repent, return, be restored to covenant fellowship with YHWH through Messiah Yahushua! This is the message to the whole house of Israel. It is the message that will be preached in all the world before Messiah comes. (Matthew 24:14)

IV. **Shield of Faith**: Ephesians 6:16; Hebrews 11:6; I John 5:4: “For whosoever is born of Elohim overcomes the world: and this is the victory that overcomes the world—our faith”. The High Priest stood for the Truth and faith of YHWH. He was a plumb-line for the people. The High Priest held the shield of faith (a complete body-shield), and was a shield for the people, and they took comfort in that. This shield is to thwart all the fiery darts of the enemy. The word for “darts” is “missiles”—in particular the missiles that the enemy throws at the mind and emotions to destabilize us. Without this shield, we cannot function for the good of ourselves, let alone the good of others. The only way “to stand in the evil day” is by faith.

V. **The Helmet of Deliverance (salvation)**: Ephesians 6:17; I Thessalonians 5:8; Isaiah 59:17; Exodus 28:36-39 Psalm 140:7: “O YHWH Elohim, the strength of my salvation, You have covered my head in the day of battle”. Exodus 33:11-23: Verse 22: “I will put you in the cleft of the rock and will cover you with My hand while I pass by...” The Hebrew word for “cover” in these two Scriptures is the same--the “covering” of the head—for deliverance. The helmet or turban of the High Priest wraps around his head--covers the top of head. Upon the turban is the gold plate. Without this plate, crown of righteousness, in place, reading Set Apart to YHWH, the priest is not to intercede.

Greek rendering of I Thessalonians 5:8: “for a helmet, the hope and earnest expectation of deliverance”. This turban is not about praying a prayer to go to heaven. It is not about being “saved”. It is a mind-set—an earnest expectation of Messiah’s deliverance when He comes for His own. We wear it continually, for the crown of righteousness goes to those who have “fought the good fight”. II Timothy 4:8: “I have fought the good fight. I have finished my course. I have kept the faith. Therefore there is laid up for me a crown of righteousness, which

YHWH, the righteous Judge, shall give me on that day: and not to me only, but to all them that love His appearing.”

The High Priest is wrapped in expectation that what He has promised, He will fulfill. Romans 4:20-21: “righteousness” (zadok) is two-fold: Faith is counted for righteousness, but also our works—obedience to His commands—are counted for righteousness (Jacob 2). Without the obedience (set-apartness—sanctification) faith is a hoax, a deception--a fake. We will be judged by our works of righteousness in obedience to Him: Revelation 22:12.

VI. **The sword of the Spirit, which is the Word of Elohim**: Ephesians 6:17; Revelation 19:11-16; Ezekiel 9:1-11; Exodus 32:26 to 28 with I Kings 18:39-40; Ezekiel 44:24: The priests carried a sword. It hung from the girdle—the belt of truth. The truth and the Word are attached—no separation.

The sword is used to purge Israel of sin: Numbers 25:1-13. The priests were responsible for executing judgment for YHWH. Elijah was a priest—this is why he slaughtered the 450 prophets of Baal, and why the Levites slaughtered those who participated in the golden

calf worship (Exodus 32), defiling the camp. According to the Torah, the priests, especially the High Priest, was responsible to judge sin in the camp, and thus purify the people of YHWH. In Ezekiel 9:1-11, the Levites with their swords purge the Temple area of those who worship idols.

This prophecy has not been completely fulfilled—but it will be!

Hebrews 4:12: “For the Word of Elohim is living, and working and sharper than any two-edged sword, cutting through even to the dividing of souls and spirit and of joints and marrow and able to judge the thoughts and intentions of the heart”.

Matthew 12:36-37: We will be judged by every idle word that proceeds from our mouth. An idle word is a word that is not in line with His Word. The Word will judge us: John 12:48, Messiah said: “...the Word that I have spoken, the same shall judge him in the last day”. Out of His mouth comes a sharp sword, as He returns: “Out of His mouth goes a sharp sword that with it He should smite the nations, and he shall rule them with a rod of iron...” (Revelation 19:15) The High Priest holds the standard. Yahushua is our High Priest. The High Priest is also the teacher of the people. He must make sure the people know what the Word is expecting of them. (Ezekiel 44:23 and Nehemiah chapter 8) The Levites also must teach, and instruct in the Word—so that the people understand the difference between the pure and impure, the defiled and the clean.

VII. **Praying “in the Spirit”**: (Ephesians 6:18) “Watching”: Luke 21:34-36. The High Priest watches, prays, intercedes, and lives in the presence of YHWH. It is his lifestyle.

VIII: **The Robe of Righteousness**: The High Priest has all of the other clothes covering the long robe. It is the “robe of righteousness”: Isaiah 61:10: “I will greatly rejoice in YHWH, my soul shall be joyful in my Elohim, for he has clothed me with the garments of salvation, he has covered me with the robe of righteousness, as a bridegroom decks himself with ornaments, and a bride adorns herself with her jewels”. This is the “wedding garment”: Matthew 22:11-12, without which no one will be accepted into the wedding of the Messiah.

In Revelation 19, the wife of the Messiah wears white linen garments—the “righteousness of the set-apart ones”. The priests also wear white linen—Ezekiel 44:17-18.

When Messiah comes with the wrath of YHWH (Isaiah 63:1-6; Revelation 19, and many other passages) Isaiah 59:16 tells us that He wears the breastplate and the helmet, as well as clothes Himself in the garments of vengeance and zeal. We must clothe ourselves with His zeal, under the control of the Ruach. His zeal is to protect a remnant – and rescue them from the wicked (Matthew 13).

Ezekiel 22:30: “**AND I SOUGHT FOR A MAN AMONG THEM, THAT SHOULD MAKE UP THE HEDGE, AND STAND IN THE GAP BEFORE ME FOR THE LAND, THAT I SHOULD NOT DESTROY IT—BUT I FOUND NONE**”.

Today, He needs intercessors for His people. He also needs intercessors for His Land—Israel. He needs intercessors to open major gates for the time of fleeing out of all nations. America, and the elite world government leadership as a whole wants to divide His Land, which will cause the destruction of His people. There is a remnant that He will save out of the Jewish people in the Land, and those not yet in the Land, who will receive Messiah at His coming—Zechariah 12:7-13:1, and Romans 11:26. He wants to wake up the chosen ones of the house of Israel, who as yet do not know that they are of Jacob’s seed. (Hosea 1:10, chapters 2 and 3) He wants to draw a remnant of true “gentiles”—the ones not of the seed of Jacob, the ones now that are heathen, pagan, barbarian, aliens, strangers and foreigners to His Covenant. His focus is Jeremiah 32:36-41—it must be our focus to if we are to unite with His heart. He is perfecting a set-apart marked remnant that will stay alive, and remain until the coming of Messiah to work with the two witnesses and now forerun them in His purposes.

Here are key Scriptures on intercession: Isaiah 62:1, 6-7; Ezekiel 33:1-7: These are those who are always “on the walls of Jerusalem”

Shalom to you as you set upon the greatest adventure! I speak from experience. I have gone places, done things, been put in situations that I would have never dreamed about. But, in following the Ruach and the Lamb—wherever He goes—I have lived a life of miracles. (Romans 8:14)

Yedidah
July 15, 2007

Scriptures of Declaration and Intercession

Numbers 10:35: “Rise up, O YHWH! Let Your enemies be scattered, and let those who hate You flee before You.”

Micah 2:12-13: “I shall certainly gather all of you, O Jacob. I shall bring together the remnant of Israel, put them together like sheep of the fold...the breaker (*“peretz”: breach-maker*) shall go up before them. They shall break out, and pass through the gate, and go out by it, their King marches before them (House of David) with YHWH at their head”.

Hosea 11:8-10: “YHWH will roar like a lion, and they shall march behind Him. When He roars, the children shall come trembling (*fluttering like birds seeking a place to land in safety*) from the West”.

Zechariah 10:9: “They shall escape with their children and shall return”.

Jeremiah 16:14-15: “‘Therefore, see, the days are coming’, declares YHWH, ‘when it is no longer said’: “YHWH lives who brought up the children of Israel out of Egypt, but YHWH lives who brought up the children of Israel from the land of the north and from all the lands where He had driven them--for I shall bring them back into their Land I gave to their fathers”.

Isaiah 26:2: “Open the gates; Let the righteous nation which guards the Truth enter in”. (“gate” can mean “gate, land border, sea port)

Excerpts from Exodus 14:13-15: “Do not be afraid. Stand still and see the deliverance of YHWH, which He does for you today... YHWH fights for you... speak to the children of Israel and tell them to go forward”.

Jeremiah 31:7: “For thus says YHWH `Sing with gladness for Jacob, and shout among the chief of the nations. Cry out, give praise and say: “O YHWH, SAVE YOUR PEOPLE—THE REMNANT OF ISRAEL!”

Joel 2:17-18: “Let the priests, servants of YHWH, weep between the porch and the altar. And let them say `SPARE YOUR PEOPLE, OH YHWH and do not give your inheritance to reproach for the gentiles to rule over them...LET YHWH BE JEALOUS FOR HIS LAND AND SPARE HIS PEOPLE”.

Isaiah 63:16-17: “...You, O YHWH, are our Father, our Redeemer—Your Name is from of old...Turn back, for the sake of Your servants, the tribes of Your inheritance”.

Promises to the intercessors:

Isaiah 28:5-6: “In that day YHWH of hosts is for a crown of slender and a head-dress of comeliness to the remnant of His people, and a spirit of right-ruling to him who sits in right-ruling and strength to those who turn back the battle at the gate”.

COMMANDMENT SOURCE

BOOK ONE: THE BOOK OF KNOWLEDGE

Fundamentals of Torah:

- | | | |
|----|---|----------------|
| 1 | To know there is a God | Ex. 20:2 |
| 2 | Not to entertain thoughts of other gods besides Him | Ex 20:3 |
| 3 | To know that He is one | Deut. 6:4 |
| 4 | To love Him | Deut. 6:5 |
| 5 | To fear Him | Deut.
10:20 |
| 6 | To sanctify His Name | Lev. 22:32 |
| 7 | Not to profane His Name | Lev. 22:32 |
| 8 | Not to destroy objects associated with His Name | Deut. 12:4 |
| 9 | To listen to the prophet speaking in His Name | Deut.
18:15 |
| 10 | Not to test the prophet unduly | Deut. 6:16 |

Laws of Character

- | | | |
|----|-------------------------------------|-------------|
| 11 | To emulate His ways | Deut. 28:9 |
| 12 | To cleave to those who know Him | Deut. 10:20 |
| 13 | To love Jews | Lev. 19:18 |
| 14 | To love converts | Deut. 10:19 |
| 15 | Not to hate fellow Jews | Lev. 19:17 |
| 16 | To reprove | Lev. 19:17 |
| 17 | Not to embarrass others | Lev. 19:17 |
| 18 | Not to oppress the weak | Ex. 21:22 |
| 19 | Not to speak derogatorily of others | Lev. 19:16 |
| 20 | Not to take revenge | Lev. 19:18 |
| 21 | Not to bear a grudge | Lev. 19:18 |

Laws of Torah Study

- | | | |
|----|---|------------|
| 22 | To learn Torah | Deut. 6:7 |
| 23 | To honor those who teach and know Torah | Lev. 19:32 |

Laws of Idolatry and Paganism

- | | | |
|----|---|------------|
| 24 | Not to inquire into idolatry | Lev. 19:4 |
| 25 | Not to follow the whims of your heart or what your eyes see | Num. 15:39 |
| 26 | Not to blaspheme | Ex. 22:27 |
| 27 | Not to worship idols in the manner they are worshiped | Ex. 20:5 |

Laws of Idolatry and Paganism

28	Not to worship idols in the four ways we worship God	Ex. 20:5
29	Not to make an idol for yourself	Ex. 20:4
30	Not to make an idol for others	Lev. 19:4
31	Not to make human forms even for decorative purposes	Ex. 20:20
32	Not to turn a city to idolatry	Ex. 23:13
33	To burn a city that has turned to idol worship	Deut. 13:17
34	Not to rebuild it as a city	Deut. 13:17
35	Not to derive benefit from it	Deut. 13:18
36	Not to missionize an individual to idol worship	Deut. 13:12
37	Not to love the missionary	Deut. 13:9
38	Not to cease hating the missionary	Deut. 13:9
39	Not to save the missionary	Deut. 13:9
40	Not to say anything in his defense	Deut. 13:9
41	Not to refrain from incriminating him	Deut. 13:9
42	Not to prophesize in the name of idolatry	Deut. 13:14
43	Not to listen to a false prophet	Deut. 13:4
44	Not to prophesize falsely in the name of God	Deut. 18:20
45	Not to be afraid of killing the false prophet	Deut. 18:22
46	Not to swear in the name of an idol	Ex. 23:13
47	Not to perform <i>ov</i> (medium)	Lev. 19:31
48	Not to perform <i>yidoni</i> (magical seer)	Lev. 19:31
49	Not to pass your children through the fire to <i>Molech</i>	Lev. 18:21
50	Not to erect a column in a public place of worship	Deut. 16:22
51	Not to bow down on smooth stone	Lev. 26:1
52	Not to plant a tree in the Temple courtyard	Deut. 16:21
53	To destroy idols and their accessories	Deut. 12:2
54	Not to derive benefit from idols and their accessories	Deut. 7:26
55	Not to derive benefit from ornaments of idols	Deut. 7:25
56	Not to make a covenant with idolaters	Deut. 7:2
57	Not to show favor to them	Deut. 7:2
58	Not to let them dwell in our land	Ex. 23:33
59	Not to imitate them in customs and clothing	Lev. 20:23
60	Not to be superstitious	Lev. 19:26
61	Not to go into a trance to foresee events, etc.	Deut. 18:10
62	Not to engage in astrology	Lev. 19:26
63	Not to mutter incantations	Deut. 18:11
64	Not to attempt to contact the dead	Deut. 18:11

Laws of Idolatry and Paganism

65	Not to consult the <i>ov</i>	Deut. 18:11
66	Not to consult the <i>yidoni</i>	Deut. 18:11
67	Not to perform acts of magic	Deut. 18:10
68	Men must not shave the hair off the sides of their head	Lev. 19:27
69	Men must not shave their beards with a razor	Lev. 19:27
70	Men must not wear women's clothing	Deut. 22:5
71	Women must not wear men's clothing	Deut. 22:5
72	Not to tattoo the skin	Lev. 19:28
73	Not to tear the skin in mourning	Deut. 14:1
74	Not to make a bald spot in mourning	Deut. 14:1

Laws of Repentance

75	To repent and confess wrongdoings	Num. 5:7
----	-----------------------------------	----------

BOOK TWO: THE BOOK OF LOVE OF GOD

Laws of Reading the Shema

- 76 To say the Shema twice daily Deut. 6:7

Laws of Prayer and Kohanic Blessings

- 77 To serve the Almighty with prayer daily Ex. 23:25
78 The Kohanim must bless the Jewish nation daily Num. 6:23

Laws of Tefillin, Mezuza and Sefer Torah

- 79 To wear tefillin on the head Deut. 6:8
80 To bind tefillin on the arm Deut. 6:8
81 To put a mezuzah on each door post Deut. 6:9
82 Each male must write a Sefer Torah Deut. 31:19
83 The king must have a separate Sefer Torah for himself Deut. 17:18

Laws of Tzitzit

- 84 To have tzitzit on four-cornered garments Num. 15:38

Laws of Blessings

- 85 To bless the Almighty after eating Deut. 8:10

Laws of Circumcision

- 86 To circumcise all males on the eighth day after their birth Lev. 12:3

BOOK THREE: THE BOOK OF SEASONS

Laws of the Sabbath

- | | | |
|----|--|-----------|
| 87 | To rest on the seventh day | Ex. 23:12 |
| 88 | Not to do prohibited labor on the seventh day | Ex. 20:10 |
| 89 | The court must not inflict punishment on Shabbat | Ex. 35:3 |
| 90 | Not to walk outside the city boundary on Shabbat | Ex. 16:29 |
| 91 | To sanctify the day with <i>Kiddush</i> and <i>Havdallah</i> | Ex. 20:8 |

Laws of Eruvin (Rabbinical)

Laws of Yom Kippur Rest

- | | | |
|----|--|------------|
| 92 | To rest from prohibited labor | Lev. 23:32 |
| 93 | Not to do prohibited labor on Yom Kippur | Lev. 23:32 |
| 94 | To afflict yourself on Yom Kippur | Lev. 16:29 |
| 95 | Not to eat or drink on Yom Kippur | Lev. 23:29 |

Laws of Festival Rest

- | | | |
|-----|---|------------|
| 96 | To rest on the first day of Passover | Lev. 23:7 |
| 97 | Not to do prohibited labor on the first day of Passover | Lev. 23:8 |
| 98 | To rest on the seventh day of Passover | Lev. 23:8 |
| 99 | Not to do prohibited labor on the seventh day of Passover | Lev. 23:8 |
| 100 | To rest on Shavuot | Lev. 23:21 |
| 101 | Not to do prohibited labor on Shavuot | Lev. 23:21 |
| 102 | To rest on Rosh Hashana | Lev. 23:24 |
| 103 | Not to do prohibited labor on Rosh Hashana | Lev. 23:25 |
| 104 | To rest on Sukkot | Lev. 23:35 |
| 105 | Not to do prohibited labor on Sukkot | Lev. 23:35 |
| 106 | To rest on Shmini Atzeret | Lev. 23:36 |
| 107 | Not to do prohibited labor on Shmini Atzeret | Lev. 23:36 |

Laws of Chometz and Matzah

- | | | |
|-----|---|------------|
| 108 | Not to eat chametz on the afternoon of the 14th day of Nissan | Deut. 16:3 |
| 109 | To destroy all chametz on 14th day of Nissan | Ex. 12:15 |
| 110 | Not to eat chametz all seven days of Passover | Ex. 13:3 |
| 111 | Not to eat mixtures containing chametz all seven days of Passover | Ex. 12:20 |

Laws of Chometz and Matzah

- | | | |
|-----|---|-----------|
| 112 | Not to see chametz in your domain seven days | Ex. 13:7 |
| 113 | Not to find chametz in your domain seven days | Ex. 12:19 |
| 114 | To eat matzah on the first night of Passover | Ex. 12:18 |
| 115 | To relate the exodus from Egypt on that night | Ex. 13:8 |

Laws of Shofar, Sukkah, Lulav

- | | | |
|-----|---|------------|
| 116 | To hear the Shofar on the first day of Tishrei (Rosh Hashana) | Num. 29:1 |
| 117 | To dwell in a Sukkah for the seven days of Sukkot | Lev. 23:42 |
| 118 | To take up a Lulav and Etrog all seven days | Lev. 23:40 |

Laws of Shekalim

- | | | |
|-----|---|-----------|
| 119 | Each man must give a half shekel annually | Ex. 30:13 |
|-----|---|-----------|

Laws of Sanctification of Months

- | | | |
|-----|--|----------|
| 120 | Courts must calculate to determine when a new month begins | Ex. 12:2 |
|-----|--|----------|

Laws of Fasts

- | | | |
|-----|---|-----------|
| 121 | To afflict and cry out before God in times of catastrophe | Num. 10:9 |
|-----|---|-----------|

Laws of Megillah and Chanukah (Rabbinical)

BOOK FOUR: THE BOOK OF WOMEN

Laws of Marriage

- | | | |
|-----|--|-------------|
| 122 | To marry a wife by means of ketubah and kiddushin | Deut. 22:13 |
| 123 | Not to have relations with women not thus married | Deut. 23:18 |
| 124 | Not to withhold food, clothing, and relations from your wife | Ex. 21:10 |
| 125 | To have children with one's wife | Gen 1:28 |

Laws of Divorce

- | | | |
|-----|--|------------|
| 126 | To issue a divorce by means of a "get" document | Deut. 24:1 |
| 127 | A man must not remarry his wife after she has married someone else | Deut. 24:4 |

Laws of Yivum and Chalitzah (Levirate Marriage)

- | | | |
|-----|---|------------|
| 128 | To do <i>yibum</i> (marry childless brother's widow) | Deut. 25:5 |
| 129 | To do <i>chalitzah</i> (freeing a widow from <i>yibum</i>) | Deut. 25:9 |
| 130 | The widow must not remarry until the ties with her brother-in-law are removed | Deut. 25:5 |

Laws of Women

- | | | |
|-----|---|--------------|
| 131 | The court must fine one who seduces a maiden | Ex. 22:15-16 |
| 132 | The rapist must marry the maiden (if she chooses) | Deut. 22:29 |
| 133 | He is not allowed to divorce her | Deut. 22:29 |
| 134 | The slanderer must remain married to his wife | Deut. 22:19 |
| 135 | He must not divorce her | Deut. 22:19 |

Laws of Sotah (Suspect Wife)

- | | | |
|-----|--|-----------|
| 136 | To fulfill the laws of the Sotah | Num. 5:30 |
| 137 | Not to put oil on her meal offering | Num. 5:15 |
| 138 | Not to put frankincense on her meal offering | Num. 5:15 |

BOOK FIVE: THE BOOK OF HOLINESS

Laws of Forbidden Relations

139	Not to have relations with your mother	Lev. 18:7
140	Not to have relations with your father's wife	Lev. 18:8
141	Not to have relations with your sister	Lev. 18:9
142	Not to have relations with your father's wife's daughter	Lev. 18:11
143	Not to have relations with your son's daughter	Lev. 18:10
144	Not to have relations with your daughter	Lev. 18:10
145	Not to have relations with your daughter's daughter	Lev. 18:10
146	Not to have relations with a woman and her daughter	Lev. 18:17
147	Not to have relations with a woman and her son's daughter	Lev. 18:17
148	Not to have relations with a woman and her daughter's daughter	Lev. 18:17
149	Not to have relations with your father's sister	Lev. 18:12
150	Not to have relations with your mother's sister	Lev. 18:13
151	Not to have relations with your father's brother's wife	Lev. 18:14
152	Not to have relations with your son's wife	Lev. 18:15
153	Not to have relations with your brother's wife	Lev. 18:16
154	Not to have relations with your wife's sister	Lev. 18:18
155	A man must not have relations with a beast	Lev. 18:23
156	A woman must not have relations with a beast	Lev. 18:23
157	Not to have homosexual relations	Lev. 18:22
158	Not to have homosexual relations with your father	Lev. 18:7
159	Not to have homosexual relations with your father's brother	Lev. 18:14
160	Not to have relations with a married woman	Lev. 18:20
161	Not to have relations with a menstrually impure woman	Lev. 18:19
162	Not to marry non-Jews	Deut. 7:3
163	Not to let Moabite and Ammonite males marry into the Jewish people	Deut. 23:4
164	Don't keep a third generation Egyptian convert from marrying into the Jewish people	Deut. 23:8-9
165	Not to refrain from marrying a third generation Edomite convert	Deut. 23:8-9
166	Not to let a <i>mamzer</i> marry into the Jewish people	Deut. 23:3
167	Not to let a eunuch marry into the Jewish people	Deut. 23:2
168	Not to castrate any male (including animals)	Lev. 22:24
169	The High Priest must not marry a widow	Lev. 21:14

Laws of Forbidden Relations

170	The High Priest must not have relations with a widow even outside of marriage	Lev. 21:15
171	The High Priest must marry a virgin maiden	Lev. 21:13
172	A Kohen must not marry a divorcee	Lev. 21:7
173	A Kohen must not marry a <i>zonah</i> (a woman who had forbidden relations)	Lev. 21:7
174	A priest must not marry a <i>chalalah</i> (party to or product of 169-172)	Lev. 21:7
175	Not to make pleasurable contact with any forbidden woman	Lev. 18:6

Laws of Forbidden Foods

176	To examine the signs of animals to distinguish between kosher and non-kosher	Lev. 11:2
177	To examine the signs of fowl to distinguish between kosher and non-kosher	Deut. 14:11
178	To examine the signs of fish to distinguish between kosher and non-kosher	Lev. 11:9
179	To examine the signs of locusts to distinguish between kosher and non-kosher	Lev. 11:21
180	Not to eat non-kosher animals	Lev. 11:4
181	Not to eat non-kosher fowl	Lev. 11:13
182	Not to eat non-kosher fish	Lev. 11:11
183	Not to eat non-kosher flying insects	Deut. 14:19
184	Not to eat non-kosher creatures that crawl on land	Lev. 11:41
185	Not to eat non-kosher maggots	Lev. 11:44
186	Not to eat worms found in fruit on the ground	Lev. 11:42
187	Not to eat creatures that live in water other than fish	Lev. 11:43
188	Not to eat the meat of an animal that died without ritual slaughter	Deut. 14:21
189	Not to benefit from an ox condemned to be stoned	Ex. 21:28
190	Not to eat meat of an animal that was mortally wounded	Ex. 22:30
191	Not to eat a limb torn off a living creature	Deut. 12:23
192	Not to eat blood	Lev. 3:17
193	Not to eat certain fats of clean animals	Lev. 3:17
194	Not to eat the sinew of the thigh	Gen. 32:33
195	Not to eat meat and milk cooked together	Ex. 23:19
196	Not to cook meat and milk together	Ex. 34:26
197	Not to eat bread from new grain before the Omer	Lev. 23:14
198	Not to eat parched grains from new grain before the Omer	Lev. 23:14
199	Not to eat ripened grains from new grain before the Omer	Lev. 23:14
200	Not to eat fruit of a tree during its first three years	Lev. 19:23
201	Not to eat diverse seeds planted in a vineyard	Deut. 22:9

Laws of Forbidden Foods

- | | |
|--|-------------|
| 202 Not to eat untithed fruits | Lev. 22:15 |
| 203 Not to drink wine poured in service to idols | Deut. 32:38 |

Laws of Slaughtering

- | | |
|--|-------------|
| 204 To ritually slaughter an animal before eating it | Deut. 12:21 |
| 205 Not to slaughter an animal and its offspring on the same day | Lev. 22:28 |
| 206 To cover the blood (of a slaughtered beast or fowl) with earth | Lev. 17:13 |
| 207 Not to take the mother bird from her children | Deut. 22:6 |
| 208 To release the mother bird if she was taken from the nest | Deut. 22:7 |

BOOK SIX: THE BOOK OF OATHS

Laws of Oaths

209	Not to swear falsely in God's Name	Lev. 19:12
210	Not to take God's Name in vain	Ex. 20:7
211	Not to deny possession of something entrusted to you	Lev. 19:11
212	Not to swear in denial of a monetary claim	Lev. 19:11
213	To swear in God's Name to confirm the truth when deemed necessary by court	Deut. 10:20

Laws of Vows

214	To fulfill what was uttered and to do what was avowed	Deut. 23:24
215	Not to break oaths or vows	Num. 30:3
216	For oaths and vows annulled, there are the laws of annulling vows explicit in the Torah	Num. 30:3

Laws of The Nazir

217	The <i>Nazir</i> must let his hair grow	Num. 6:5
218	He must not cut his hair	Num. 6:5
219	He must not drink wine, wine mixtures, or wine vinegar	Num. 6:3
220	He must not eat fresh grapes	Num. 6:3
221	He must not eat raisins	Num. 6:3
222	He must not eat grape seeds	Num. 6:4
223	He must not eat grape skins	Num. 6:4
224	He must not be under the same roof as a corpse	Num. 6:6
225	He must not come into contact with the dead	Num. 6:7
226	He must shave after bringing sacrifices upon completion of his Nazirite period	Num. 6:9

Laws of Estimated Values and Vows

227	To estimate the value of people as determined by the Torah	Lev. 27:2
228	To estimate the value of consecrated animals	Lev. 27:12-13
229	To estimate the value of consecrated houses	Lev. 27:14
230	To estimate the value of consecrated fields	Lev. 27:16
231	Carry out the laws of interdicting possessions (<i>cherem</i>)	Lev. 27:28
232	Not to sell the cherem	Lev. 27:28
233	Not to redeem the cherem	Lev. 27:28

BOOK SEVEN: THE BOOK OF SEEDS

Laws of Mixed Species

234	Not to plant diverse seeds together	Lev. 19:19
235	Not to plant grains or greens in a vineyard	Deut. 22:9
236	Not to crossbreed animals	Lev. 19:19
237	Not to work different animals together	Deut. 22:10
238	Not to wear sha'atnez, a cloth woven of wool and linen	Deut. 22:11

Laws of Gifts to the Poor

239	To leave a corner of the field uncut for the poor	Lev. 19:10
240	Not to reap that corner	Lev. 19:9
241	To leave gleanings	Lev. 19:9
242	Not to gather the gleanings	Lev. 19:9
243	To leave the gleanings of a vineyard	Lev. 19:10
244	Not to gather the gleanings of a vineyard	Lev. 19:10
245	To leave the unformed clusters of grapes	Lev. 19:10
246	Not to pick the unformed clusters of grapes	Lev. 19:10
247	To leave the forgotten sheaves in the field	Deut. 24:19
248	Not to retrieve them	Deut. 24:19
249	To separate the tithe for the poor	Deut. 14:28
250	To give charity	Deut. 15:8
251	Not to withhold charity from the poor	Deut. 15:7
252	To set aside <i>Trumah Gedolah</i> (tithe for the Kohen)	Deut. 18:4
253	The Levite must set aside a tenth of his tithe	Num. 18:26
254	Not to preface one tithe to the next, but separate them in their proper order	Ex. 22:28
255	A non-Kohen must not eat <i>Trumah</i>	Lev. 22:10
256	A hired worker or a Jewish bondsman of a Kohen must not eat <i>Trumah</i>	Lev. 22:10
257	An uncircumcised Kohen must not eat <i>Trumah</i>	Ex.12:48
258	An impure Kohen must not eat <i>Trumah</i>	Lev. 22:4
259	A <i>chalalah</i> must not eat <i>Trumah</i>	Lev. 22:12

Laws of Ma'aser

260	To set aside <i>Ma'aser</i> each planting year and give it to a Levite	Num. 18:24
-----	--	------------

Laws of The Second Tithe and Fourth Year Produce

261	To set aside the second tithe (<i>Ma'aser Sheni</i>)	Deut. 14:22
262	Not to spend its redemption money on anything but food, drink, or ointment	Deut. 26:14
263	Not to eat <i>Ma'aser Sheni</i> while impure	Deut. 26:14
264	A mourner on the first day after death must not eat <i>Ma'aser Sheni</i>	Deut. 26:14
265	Not to eat <i>Ma'aser Sheni</i> grains outside Jerusalem	Deut. 12:17
266	Not to eat <i>Ma'aser Sheni</i> wine products outside Jerusalem	Deut. 12:17
267	Not to eat <i>Ma'aser Sheni</i> oil outside Jerusalem	Deut. 12:17
268	The fourth year crops must be totally for holy purposes like <i>Ma'aser Sheni</i>	Lev. 19:24
269	To read the confession of tithes every fourth and seventh year	Deut. 26:13

Laws of First Fruits and other Kohanic Gifts

270	To set aside the first fruits and bring them to the Temple	Ex. 23:19
271	The Kohanim must not eat the first fruits outside Jerusalem	Deut. 12:17
272	To read the Torah portion pertaining to their presentation	Deut. 26:5
273	To set aside a portion of dough for a Kohen	Num. 15:20
274	To give the shoulder, two cheeks, and stomach of slaughtered animals to a Kohen	Deut. 18:3
275	To give the first sheering of sheep to a Kohen	Deut. 18:4
276	To redeem the firstborn sons and give the money to a Kohen	Num. 18:15
277	To redeem the firstborn donkey by giving a lamb to a Kohen	Ex. 13:13
278	To break the neck of the donkey if the owner does not intend to redeem it	Ex. 13:13

Laws of The Sabbatical and Jubilee Years

279	To rest the land during the seventh year by not doing any work which enhances growth	Ex. 34:21
280	Not to work the land during the seventh year	Lev. 25:4
281	Not to work with trees to produce fruit during that year	Lev. 25:4
282	Not to reap crops that grow wild that year in the normal manner	Lev. 25:5
283	Not to gather grapes which grow wild that year in the normal way	Lev. 25:5
284	To leave free all produce which grew in that year	Ex. 23:11
285	To release all loans during the seventh year	Deut. 15:2
286	Not to pressure or claim from the borrower	Deut. 15:2
287	Not to refrain from lending immediately before the release of	Deut. 15:9

Laws of The Sabbatical and Jubilee Years

	the loans for fear of monetary loss	
288	The Sanhedrin must count seven groups of seven years	Lev. 25:8
289	The Sanhedrin must sanctify the fiftieth year	Lev. 25:10
290	To blow the Shofar on the tenth of Tishrei to free the slaves	Lev. 25:9
291	Not to work the soil during the fiftieth year	Lev. 25:11
292	Not to reap in the normal manner that which grows wild in the fiftieth year	Lev. 25:11
293	Not to pick grapes which grew wild in the normal manner in the fiftieth year	Lev. 25:11
294	Carry out the laws of sold family properties	Lev. 25:24
295	Not to sell the land in Israel indefinitely	Lev. 25:23
296	Carry out the laws of houses in walled cities	Lev. 25:29
297	The Tribe of Levi must not be given a portion of the land in Israel, rather they are given cities to dwell in	Deut. 18:1
298	The Levites must not take a share in the spoils of war	Deut. 18:1
299	To give the Levites cities to inhabit and their surrounding fields	Num. 35:2
300	Not to sell the fields but they shall remain the Levites' before and after the Jubilee year	Lev. 25:34

BOOK EIGHT: THE BOOK OF SERVICE

Laws of The Temple

301	To build a Sanctuary	Ex. 25:8
302	Not to build the altar with stones hewn by metal	Ex. 20:22
303	Not to climb steps to the altar	Ex. 20:23
304	To show reverence to the Temple	Lev. 19:30
305	To guard the Temple area	Num. 18:2
306	Not to leave the Temple unguarded	Num. 18:5

Laws of Temple Vessels and Employees

307	To prepare the anointing oil	Ex. 30:31
308	Not to reproduce the anointing oil	Ex. 30:32
309	Not to anoint with anointing oil	Ex. 30:32
310	Not to reproduce the incense formula	Ex. 30:37
311	Not to burn anything on the Golden Altar besides incense	Ex. 30:9
312	The Levites must transport the ark on their shoulders	Num. 7:9
313	Not to remove the staves from the ark	Ex. 25:15
314	The Levites must work in the Temple	Num. 18:23
315	No Levite must do another's work of either a Kohen or a Levite	Num. 18:3
316	To dedicate the Kohen for service	Lev. 21:8
317	The kohanic work shifts must be equal during holidays	Deut. 18:6-8
318	The Kohanim must wear their priestly garments during service	Ex. 28:2
319	Not to tear the priestly garments	Ex. 28:32
320	The breastplate must not be loosened from the <i>Efode</i>	Ex. 28:28

Laws of Entering the Temple

321	A Kohen must not enter the Temple intoxicated	Lev. 10:9
322	A Kohen must not enter the Temple with long hair	Lev. 10:6
323	A Kohen must not enter the Temple with torn clothes	Lev. 10:6
324	A Kohen must not enter the Temple indiscriminately	Lev. 16:2
325	A Kohen must not leave the Temple during service	Lev. 10:7
326	To send the impure from the Temple	Num. 5:2
327	Impure people must not enter the Temple	Num. 5:3
328	Impure people must not enter the Temple Mount area	Deut. 23:11

Laws of Entering the Temple

329	Impure Kohanim must not do service in the temple	Lev. 22:2
330	An impure Kohen, following immersion, must wait until after sundown before returning to service	Lev. 22:7
331	A Kohen must wash his hands and feet before service	Ex. 30:19
332	A Kohen with a physical blemish must not enter the sanctuary or approach the altar	Lev. 21:23
333	A Kohen with a physical blemish must not serve	Lev. 21:17
334	A Kohen with a temporary blemish must not serve	Lev. 21:17
335	One who is not a Kohen must not serve	Num. 18:4

Laws of Restrictions Concerning Sacrifices

336	To offer only unblemished animals	Lev. 22:21
337	Not to dedicate a blemished animal for the altar	Lev. 22:20
338	Not to slaughter it	Lev. 22:22
339	Not to sprinkle its blood	Lev. 22:24
340	Not to burn its fat	Lev. 22:22
341	Not to offer a temporarily blemished animal	Deut. 17:1
342	Not to sacrifice blemished animals even if offered by non-Jews	Lev. 22:25
343	Not to inflict wounds upon dedicated animals	Lev. 22:21
344	To redeem dedicated animals which have become disqualified	Deut. 12:15
345	To offer only animals which are at least eight days old	Lev. 22:27
346	Not to offer animals bought with the wages of a harlot or the animal exchanged for a dog	Deut. 23:19
347	Not to burn honey or yeast on the altar	Lev. 2:11
348	To salt all sacrifices	Lev. 2:13
349	Not to omit the salt from sacrifices	Lev. 2:13

Laws of Sacrificial Procedure

350	Carry out the procedure of the burnt offering as prescribed in the Torah	Lev. 1:3
351	Not to eat its meat	Deut. 12:17
352	Carry out the procedure of the sin offering	Lev. 6:18
353	Not to eat the meat of the inner sin offering	Lev. 6:23
354	Not to decapitate a fowl brought as a sin offering	Lev. 5:8
355	Carry out the procedure of the guilt offering	Lev. 7:1

Laws of Sacrificial Procedure

356	The Kohanim must eat the sacrificial meat in the Temple	Ex. 29:33
357	The Kohanim must not eat the meat outside the Temple courtyard	Deut. 12:17
358	A non-Kohen must not eat sacrificial meat	Ex. 29:33
359	To follow the procedure of the peace offering	Lev. 7:11
360	Not to eat the meat of minor sacrifices before sprinkling the blood	Deut. 12:17
361	To bring meal offerings as prescribed in the Torah	Lev. 2:1
362	Not to put oil on the meal offerings of wrongdoers	Lev. 5:11
363	Not to put frankincense on the meal offerings of wrongdoers	Lev. 3:11
364	Not to eat the meal offering of the High Priest	Lev. 6:16
365	Not to bake a meal offering as leavened bread	Lev. 6:10
366	The Kohanim must eat the remains of the meal offerings	Lev. 6:9
367	To bring all avowed and freewill offerings to the Temple on the first subsequent festival	Deut. 12:5-6
368	Not to withhold payment incurred by any vow	Deut. 23:22
369	To offer all sacrifices in the Temple	Deut. 12:11
370	To bring all sacrifices from outside Israel to the Temple	Deut. 12:26
371	Not to slaughter sacrifices outside the courtyard	Lev. 17:4
372	Not to offer any sacrifices outside the courtyard	Deut. 12:13

Laws of Constant and Additional Offerings

373	To offer two lambs every day	Num. 28:3
374	To light a fire on the altar every day	Lev. 6:6
375	Not to extinguish this fire	Lev. 6:6
376	To remove the ashes from the altar every day	Lev. 6:3
377	To burn incense every day	Ex 30:7
378	To light the Menorah every day	Ex. 27:21
379	The Kohen Gadol must bring a meal offering every day	Lev. 6:13
380	To bring two additional lambs as burnt offerings on Shabbat	Num 28:9
381	To make the show bread	Ex. 25:30
382	To bring additional offerings on the New Month	Num. 28:11
383	To bring additional offerings on Passover	Num. 28:19
384	To offer the wave offering from the meal of the new wheat	Lev. 23:10
385	Each man must count the Omer - seven weeks from the day the new wheat offering was brought	Lev. 23:15
386	To bring additional offerings on Shavuot	Num. 28:26

Laws of Constant and Additional Offerings

387	To bring two leaves to accompany the above sacrifice	Lev. 23:17
388	To bring additional offerings on Rosh Hashana	Num. 29:2
389	To bring additional offerings on Yom Kippur	Num. 29:8
390	To bring additional offerings on Sukkot	Num. 29:13
391	To bring additional offerings on Shmini Atzeret	Num. 29:35

Laws of Disqualified Offerings

392	Not to eat sacrifices which have become unfit or blemished	Deut. 14:3
393	Not to eat from sacrifices offered with improper intentions	Lev. 7:18
394	Not to leave sacrifices past the time allowed for eating them	Lev. 22:30
395	Not to eat from that which was left over	Lev. 19:8
396	Not to eat from sacrifices which became impure	Lev. 7:19
397	An impure person must not eat from sacrifices	Lev. 7:20
398	To burn the leftover sacrifices	Lev. 7:17
399	To burn all impure sacrifices	Lev. 7:19

Laws of Yom Kippur Service

400	To follow the procedure of Yom Kippur in the sequence prescribed in Parshat Acharei Mot	Lev. 16:3
-----	---	-----------

Laws of Misusing Sanctified Property

401	One who profaned property must repay what he profaned plus a fifth and bring a sacrifice	Lev. 5:16
402	Not to work consecrated animals	Deut. 15:19
403	Not to shear the fleece of consecrated animals	Deut. 15:19

BOOK NINE: THE BOOK OF SACRIFICES

Laws of Pascal Sacrifice

404	To slaughter the paschal sacrifice at the specified time	Ex. 12:6
405	Not to slaughter it while in possession of leaven	Ex. 23:18
406	Not to leave the fat overnight	Ex. 23:18
407	To slaughter the second paschal lamb	Num. 9:11
408	To eat the paschal lamb with matzah and Marror on the night of the 15th of Nissan	Ex. 12:8
409	To eat the second paschal lamb on the night of the 15th of Iyar	Num.9:11
410	Not to eat the paschal meat raw or boiled	Ex. 12:9
411	Not to take the paschal meat from the confines of the group	Ex. 12:46
412	An apostate must not eat from it	Ex.12:43
413	A permanent or temporary hired worker must not eat from it	Ex. 12:45
414	An uncircumcised male must not eat from it	Ex. 12:48
415	Not to break any bones from the paschal offering	Ex. 12:46
416	Not to break any bones from the second paschal offering	Num. 9:12
417	Not to leave any meat from the paschal offering over until morning	Ex. 12:10
418	Not to leave the second paschal meat over until morning	Num. 9:12
419	Not to leave the meat of the holiday offering of the 14th until the 16th	Deut. 16:4

Laws of Pilgrim Offerings

420	To be seen at the Temple on Passover, Shavuot, and Sukkot	Deut. 16:16
421	To celebrate on these three Festivals (bring a peace offering)	Ex. 23:14
422	To rejoice on these three Festivals (bring a peace offering)	Deut. 16:14
423	Not to appear at the Temple without offerings	Deut. 16:16
424	Not to refrain from rejoicing with, and giving gifts to, the Levites	Deut. 12:19
425	To assemble all the people on the Sukkot following the seventh year	Deut. 31:12

Laws of First Born Animals

426	To set aside the firstborn animals	Ex. 13:12
427	The Kohanim must not eat unblemished firstborn animals outside Jerusalem	Deut. 12:17
428	Not to redeem the firstborn	Num. 18:17
429	Separate the tithe from animals	Lev. 27:32
430	Not to redeem the tithe	Lev. 27:33

Laws of Offerings for Unintentional Transgressions

- | | | |
|-----|---|--------------|
| 431 | Every person must bring a sin offering for his transgression | Lev. 4:27 |
| 432 | Bring an <i>asham talui</i> when uncertain of guilt | Lev. 5:17-18 |
| 433 | Bring an <i>asham vadai</i> when guilt is ascertained | Lev. 5:25 |
| 434 | Bring an <i>oleh v'yored</i> offering (if the person is wealthy, an animal; if poor, a bird or meal offering) | Lev. 5:7-11 |
| 435 | The Sanhedrin must bring an offering when it rules in error | Lev. 4:13 |

Laws of Lacking Atonement

- | | | |
|-----|---|---------------|
| 436 | A woman who had a running issue must bring an offering after she goes to the Mikveh | Lev. 15:28-29 |
| 437 | A woman who gave birth must bring an offering after she goes to the Mikveh | Lev. 12:6 |
| 438 | A man who had a running issue must bring an offering after he goes to the Mikveh | Lev. 15:13-14 |
| 439 | A <i>metzora</i> must bring an offering after going to the Mikveh | Lev. 14:10 |

Laws of Substitution of Sacrifices

- | | | |
|-----|--|------------|
| 440 | Not to substitute another beast for one set apart for sacrifice | Lev. 27:10 |
| 441 | The new animal, in addition to the substituted one, retains consecration | Lev. 27:10 |
| 442 | Not to change consecrated animals from one type of offering to another | Lev. 27:26 |

BOOK TEN: THE BOOK OF PURITY

Laws of Impurity of Human Dead

- 443 Carry out the laws of impurity of the dead Num. 19:14

Laws of The Red Heifer

- 444 Carry out the procedure of the Red Heifer Num. 19:2
445 Carry out the laws of the sprinkling water Num. 19:21

Laws of Impurity through Tzara'at

- 446 Rule the laws of human *tzara'at* as prescribed in the Torah Lev. 13:12
447 The *metzora* must not remove his signs of impurity Deut. 24:8
448 The *metzora* must not shave signs of impurity in his hair Lev. 13:33
449 The *metzora* must publicize his condition by tearing his garments, allowing his hair to grow and covering his lips Lev. 13:45
450 Carry out the prescribed rules for purifying the *metzora* Lev. 14:2
451 The *metzora* must shave off all his hair prior to purification Lev. 14:9
452 Carry out the laws of *tzara'at* of clothing Lev. 13:47
453 Carry out the laws of *tzara'at* of houses Lev. 13:34

Laws of Impurity of Reclining and Sitting

- 454 Observe the laws of menstrual impurity Lev. 15:19
455 Observe the laws of impurity caused by childbirth Lev. 12:2
456 Observe the laws of impurity caused by a woman's running issue Lev. 15:25
457 Observe the laws of impurity caused by a man's running issue Lev. 15:3

Laws of Other Sources of Impurity

- 458 Observe the laws of impurity caused by a dead beast Lev. 11:39
459 Observe the laws of impurity caused by the eight *shratzim* Lev. 11:29
460 Observe the laws of impurity of a seminal emission Lev. 15:16

Laws of Impurity of Food

Laws of Impurity of Food

461 Observe the laws of impurity concerning liquid and solid foods Lev. 11:34

Laws of Vessels (Rabbinical)

Laws of Mikveh

462 Every impure person must immerse himself in a Mikveh to become pure Lev. 15:16

BOOK ELEVEN: THE BOOK OF DAMAGES

Laws of Property Damage

463	The court must judge the damages incurred by a goring ox	Ex. 21:28
464	The court must judge the damages incurred by an animal eating	Ex. 22:4
465	The court must judge the damages incurred by a pit	Ex. 21:33
466	The court must judge the damages incurred by fire	Ex. 22:5

Laws of Theft

467	Not to steal money stealthily	Lev. 19:11
468	The court must implement punitive measures against the thief	Ex. 21:37
469	Each individual must ensure that his scales and weights are accurate	Lev. 19:36
470	Not to commit injustice with scales and weights	Lev. 19:35
471	Not to possess inaccurate scales and weights even if they are not for use	Deut. 25:13
472	Not to move a boundary marker to steal someone's property	Deut. 19:14
473	Not to kidnap	Ex. 20:13

Laws of Robbery and Lost Objects

474	Not to rob openly	Lev. 19:13
475	Not to withhold wages or fail to repay a debt	Lev. 19:13
476	Not to covet and scheme to acquire another's possession	Ex. 20:14
477	Not to desire another's possession	Deut. 5:18
478	Return the robbed object or its value	Lev. 5:23
479	Not to ignore a lost object	Deut. 22:3
480	Return the lost object	Deut. 22:1
481	The court must implement laws against the one who assaults another or damages another's property	Ex. 21:18

Laws of Murder and Preservation of Life

482	Not to murder	Ex. 20:13
483	Not to accept monetary restitution to atone for the murderer	Num. 35:31
484	The court must send the accidental murderer to a city of refuge	Num. 35:25
485	Not to accept monetary restitution instead of being sent to a city of refuge	Num. 35:32
486	Not to kill the murderer before he stands trial	Num. 35:12
487	Save someone being pursued even by taking the life of the pursuer	Deut.

Laws of Murder and Preservation of Life

	25112
488 Not to pity the pursuer	Num. 35:12
489 Not to stand idly by if someone's life is in danger	Lev. 19:16
490 Designate cities of refuge and prepare routes of access	Deut. 19:3
491 Break the neck of a calf by the river valley following an unsolved murder	Deut. 21:4
492 Not to work nor plant that river valley	Deut. 21:4
493 Not to allow pitfalls and obstacles to remain on your property	Deut. 22:8
494 Make a guard rail around flat roofs	Deut. 22:8
495 Not to put a stumbling block before a blind man (nor give harmful advice)	Lev. 19:14
496 Help another remove the load from a beast which can no longer carry it	Ex. 23:5
497 Help others load their beast	Deut. 22:4
498 Not to leave others distraught with their burdens (but to help either load or unload)	Deut. 22:4

BOOK TWELVE: THE BOOK OF ACQUISITION

Laws of Sales

499 Buy and sell according to Torah law	Lev. 25:14
500 Not to overcharge or underpay for an article	Lev. 25:14
501 Not to insult or harm anybody with words	Lev. 25:17
502 Not to cheat a sincere convert monetarily	Ex. 22:20
503 Not to insult or harm a sincere convert with words	Ex. 22:20

Laws of Acquisitions and Gifts (Rabbinical)

Laws of Neighbors (Rabbinical)

Laws of Agents and Partners (Rabbinical)

Laws of Slaves

504 Purchase a Hebrew slave in accordance with the prescribed laws	Ex. 21:2
505 Not to sell him as a slave is sold	Lev. 25:42
506 Not to work him oppressively	Lev. 25:43
507 Not to allow a non-Jew to work him oppressively	Lev. 25:53
508 Not to have him do menial slave labor	Lev. 25:39
509 Give him gifts when he goes free	Deut. 15:14

Laws of Slaves

510 Not to send him away empty-handed	Deut. 15:13
511 Redeem Jewish maidservants	Ex. 21:8
512 Betroth the Jewish maidservant	Ex. 21:8
513 The master must not sell his maidservant	Ex. 21:8
514 Canaanite slaves must work forever unless injured in one of their limbs	Lev. 25:46
515 Not to extradite a slave who fled to Israel	Deut. 23:16
516 Not to wrong a slave who has come to Israel for refuge	Deut. 23:16

BOOK THIRTEEN: THE BOOK OF JUDGEMENTS

Laws of Hiring

517	The courts must carry out the laws of a hired worker and hired guard	Ex. 22:9
518	Pay wages on the day they were earned	Deut. 24:15
519	Not to delay payment of wages past the agreed time	Lev. 19:13
520	The hired worker may eat from the unharvested crops where he works	Deut. 23:25
521	The worker must not eat while on hired time	Deut. 23:26
522	The worker must not take more than he can eat	Deut. 23:25
523	Not to muzzle an ox while plowing	Deut. 25:4

Laws of Borrowing and Depositing

524	The courts must carry out the laws of a borrower	Ex. 22:13
525	The courts must carry out the laws of an unpaid guard	Ex. 22:6

Laws of Creditor and Debtor

526	Lend to the poor and destitute	Ex. 22:24
527	Not to press them for payment if you know they don't have it	Ex. 22:24
528	Press the idolater for payment	Deut. 15:3
529	The creditor must not forcibly take collateral	Deut. 24:10
530	Return the collateral to the debtor when needed	Deut. 24:13
531	Not to delay its return when needed	Deut. 24:12
532	Not to demand collateral from a widow	Deut. 24:17
533	Not to demand as collateral utensils needed for preparing food	Deut. 24:6
534	Not to lend with interest	Lev.25:37
535	Not to borrow with interest	Deut. 23:20
536	Not to intermediate in an interest loan, guarantee, witness, or write the promissory note	Ex. 22:24
537	Lend to and borrow from idolaters with interest	Deut. 23:21

Laws of Plaintiff and Defendant

538	The courts must carry out the laws of the plaintiff, admitter, or denier	Ex. 22:8
-----	---	----------

Laws of Inheritance

Laws of Inheritance

539 Carry out the laws of the order of inheritance Num. 27:8

BOOK FOURTEEN: THE BOOK OF JUDGES

Laws of Sanhedrin and Punishments

540	Appoint judges	Deut. 16:18
541	Not to appoint judges who are not familiar with judicial procedure	Deut. 1:17
542	Decide by majority in case of disagreement	Ex. 23:2
543	The court must not execute through a majority of one; at least a majority of two is required	Ex. 23:2
544	A judge who presented an acquittal plea must not present an argument for conviction in capital cases	Deut. 23:2
545	The courts must carry out the death penalty of stoning	Deut. 22:24
546	The courts must carry out the death penalty of burning	Lev. 20:14
547	The courts must carry out the death penalty of the sword	Ex. 21:20
548	The courts must carry out the death penalty of strangulation	Lev. 20:10
549	The courts must hang those stoned for blasphemy or idolatry	Deut. 21:22
550	Bury the executed on the day they are killed	Deut.21:23
551	Not to delay burial overnight	Deut. 21:23
552	The court must not let the sorcerer live	Ex. 22:17
553	The court must give lashes to the wrongdoer	Ex. 25:2
554	The court must not exceed the prescribed number of lashes	Deut. 25:3
555	The court must not kill anybody on circumstantial evidence	Ex. 23:7
556	The court must not punish anybody who was forced to do a crime	Deut. 22:26
557	A judge must not pity the murderer or assaulter at the trial	Deut. 19:13
558	A judge must not have mercy on the poor man at the trial	Lev. 19:15
559	A judge must not respect the great man at the trial	Lev. 19:15
560	A judge must not decide unjustly the case of the habitual transgressor	Ex. 23:6
561	A judge must not pervert justice	Lev. 19:15
562	A judge must not pervert a case involving a convert or orphan	Deut. 24:17

Laws of Sanhedrin and Punishments

563 Judge righteously	Lev. 19:15
564 The judge must not fear a violent man in judgment	Deut. 1:17
565 Judges must not accept bribes	Ex. 23:8
566 Judges must not accept testimony unless both parties are present	Ex. 23:1
567 Not to curse judges	Ex. 22:27
568 Not to curse the head of state or leader of the Sanhedrin	Ex. 22:27
569 Not to curse any upstanding Jew	Lev. 19:14

Laws of Evidence

570 Anybody who knows evidence must testify in court	Lev. 5:1
571 Carefully interrogate the witness	Deut. 13:15
572 A witness must not serve as a judge in capital crimes	Deut. 19:17
573 Not to accept testimony from a lone witness	Deut. 19:15
574 Transgressors must not testify	Ex. 23:1
575 Relatives of the litigants must not testify	Deut. 24:16
576 Not to testify falsely	Ex. 20:13
577 Punish the false witnesses as they tried to punish the defendant	Deut. 19:19

Laws of Insurgents

578 Act according to the ruling of the Sanhedrin	Deut. 17:11
579 Not to deviate from the word of the Sanhedrin	Deut. 17:11
580 Not to add to the Torah commandments or their oral explanations	Deut. 13:1
581 Not to diminish from the Torah any commandments, in whole or in part	Deut. 13:1
582 Not to curse your father and mother	Ex. 21:17
583 Not to strike your father and mother	Ex. 21:15
584 Respect your father or mother	Ex. 20:12
585 Fear your father or mother	Lev. 19:3
586 Not to be a rebellious son	Deut. 21:18

Laws of Mourning

587 Mourn for relatives	Lev. 10:19
588 The High Priest must not defile himself for any relative	Lev. 21:11
589 The High Priest must not enter under the same roof as a corpse	Lev. 21:11

Laws of Mourning

590 A Kohen must not defile himself for anyone except relatives Lev. 21:1

Laws of Kings and their Wars

591 Appoint a king from Israel Deut.
17:15

592 Not to appoint a convert Deut.
17:15

593 The king must not have too many wives Deut.
17:17

594 The king must not have too many horses Deut.
17:16

595 The king must not have too much silver and gold Deut.
17:17

596 Destroy the seven Canaanite nations Deut.
20:17

597 Not to let any of them remain alive Deut.
20:16

598 Wipe out the descendants of Amalek Deut.
25:19

599 Remember what Amalek did to the Jewish people Deut.
25:17

600 Not to forget Amalek's atrocities and ambush on our journey
from Egypt in the desert Deut.
25:19

601 Not to dwell permanently in Egypt Deut.
17:16

602 Offer peace terms to the inhabitants of a city while holding siege, and treat them
according to the Torah if they accept the terms Deut.
20:10

603 Not to offer peace to Ammon and Moab while besieging them Deut.
23:7

604 Not to destroy fruit trees even during the siege Deut.
20:19

605 Prepare latrines outside the camps Deut.
23:13

606 Prepare a shovel for each soldier to dig with Deut.
23:14

607 Appoint a priest to speak with the soldiers during the war Deut.
20:2

608 He who has taken a wife, built a new home, or planted a vineyard is given a year Deut.

Laws of Kings and their Wars

	to rejoice with his possessions	24:5
609	Not to demand from the above any involvement, communal or military	Deut. 24:5
610	Not to panic and retreat during battle	Deut. 20:3
611	Keep the laws of the captive woman	Deut. 21:11
612	Not to sell her into slavery	Deut. 21:14
613	Not to retain her for servitude after having relations with her	Deut. 21:14

VARIOUS HEBREW PRAYERS

Upon arising:

לְפָנֶיךָ אֲנִי מוֹדֶה-מוֹדָה ,

Mo-deh' - Mo-dah' a-ni' le-fa-nei'-cha
thank, m. thank, f. I to face/presence Your

בִּי שְׁהַחֲזִירָהּ , וְקַיָּם חַי מְלֶךְךָ .

Me'-lech chai ve-ka-yam', she-he-che-zar'-ta bi
King living and enduring , Who caused to return in me

אִם רַבָּה , בְּחַמְלָה נִשְׁמָתִי (. נִתְּנָהּ

nish-ma-ti' be-chem-lah', ra-bah' e-mu-na-te'-cha .
soul my in pity, compassion great (is) faithfulness Your

Ritually wash the hands, then recite:

רַבּ (אֱלֹהֵינוּ יְיָ , אַתָּה רַבּ) , הָעוֹלָם מְלֶךְךָ ,

Ba-ruch' A-tah', Adonai El-o-hei'-nu, Me'-lech ha-o-lam',
blessed (are) You Adonai G-d our, King (of) the universe

קִדְּשָׁנוּ אֲשֶׁר (וְצִוָּנוּ בְּמִצְוֹתָיו) (אֱלֹהֵינוּ)

A-she' ki-de-sha'-nu be-mits-vo-tav' ve-tsi-va'-nu
Who sanctified us with commandments his and commanded us

יָדַיִם נִטִּילַת עַל .

al ne-ti-lat' ♂ ya-da'-yim♂♂.

about lifting up of both hands .

1985 Siddur Sim Shalom, p. 2~~~1998 Siddur Sim Shalom, p.61

♂from the root נטל defined by Klein (p. 413) as: to lift, bear, take, and ne-tilah' defined as "taking, lifting, carrying." The blessing is said after the water is poured over the hands, so in fact they are lifted up physically, as well as being lifted up in terms of symbolizing ritual purity.

♂♂the suffix "-a'-yim" means two of whatever the main root signifies; in this case two hands, ya-da'-yim; pa-a-ma'-yim = two times; ei-na'-yim = two eyes; chod-sha'-yim = two months, etc.

BLESSINGS FOR THE TALLIT

יְיָ אֵת נַפְשִׁי בְּרַכֵּי ,

Ba-re -chi' naf-shi' et Adonai ,
bless (f,imp.) soul my (d.o.) Adonai

מְאֹד גָּדֹלָתְךָ , אֱלֹהֵי יְיָ ,

Adonai e-lo-ha i' , ga-dal'-ta me -od';
Adonai G-d my , You were (and are) great very

לְבָשֶׁתְּךָ וְהָדָר הוֹד ,

hod ve -ha-dar' la-vash'-ta ,
beauty and honor You wore, were clothed in

כְּשֶׁלְמָה אֹר עֹטָה ,

o'-teh or ka -sal -mah',
You are wrapped in light like a mantle, garment
1985 Siddur Sim Shalom, p. 2~~~1998 Siddur Sim Shalom, p.61

כִּירִיעָה שְׂמַיִם נוֹטָה .

no-teh' sha-ma'-yim ka-ye-ri-ah'.
You stretch out, spread out heavens like a curtain

בָּרַךְ (אֱלֹהֵינוּ יְיָ , אַתָּה הוּא) , הָעוֹלָם וְהָמָל ,

Ba-ruch' A-tah', Adonai E-lo-hei'-nu, Me'-lech ha- o-lam',
blessed (are) You Adonai G-d our, King (of) the universe

קִדְשָׁנוּ אֱשֶׁר (בְּמִצְוֹתָיו

A-she'r' kid-sha'-nu be -mits-vo-tav'
Who sanctifies us with commandments His

וְצִוָּנוּ (וְצִוָּנוּ) . בְּצִיצֵת לְהִתְעַטֵּף

ve -tsi-va'-nu le- hit-a-tef' ba-tsi-tsit'.
and commanded us to wrap, cover ourselves with the fringe, tassel

1985 Siddur Sim Shalom, p. 2~~~1998 Siddur Sim Shalom, p.61

Blessing for tefillin; Stand, place tefillin on the arm, then recite:

בָּרַךְ אֱלֹהֵינוּ יְיָ, אַתָּה הָ, הָעוֹלָם מְלֶךְ,

Ba-ruch' A-tah', Adonai E-lo-hei'-nu, Me'-lech ha-o-lam',
blessed (are) You Adonai G-d our King (of) the universe

קִדְּשָׁנוּ רַאשֵׁי וְצִוָּנוּ בְּמִצְוֹתָיו אֱלֹהֵינוּ

A-she'r' kid-sha'-nu be-mits-vo-tav' ve-tsi-va'-nu
Who sanctified us with commandments His and commanded us

. תְּפִלִּין לְהַנִּיחַ

le-ha-ni'-ach te-fi-lin'.

to lay down tefillin*

Tighten the tefillin around the arm and then wrap the forearm, and palm of the hand. Place the head tefillin, and recite:

Blessing for the head tefillin:

בָּרַךְ אֱלֹהֵינוּ יְיָ, אַתָּה הָ, הָעוֹלָם מְלֶךְ,

Ba-ruch' A-tah', Adonai E-lo-hei'-nu, Me'-lech ha-o-lam',
blessed (are) You Adonai G-d our King (of) the universe

קִדְּשָׁנוּ אֲשֶׁר וְצִוָּנוּ בְּמִצְוֹתָיו אֱלֹהֵינוּ

A-she'r' kid-sha'-nu be-mits-vo-tav' ve-tsi-va'-nu

Who sanctified us with commandments His and commanded us

. תְּפִלִּין מִצְוַת עַל

al mitz-vat' te-fi-lin'.

about commandment of tefillin

1985 Siddur Sim Shalom, p. 4 - 6

בָּרַךְ מֶלֶךְ כְּבוֹד שֵׁם הָ, וְעַד לְעוֹלָם תּוֹ

Ba-ruch' shem ke-vod' mal-chu-to' le-o-lam' va-ed.

blessed (is) name of glorious Kingship His for eternity and forever

Adjust the head tefillin; unwrap the strap from the palm, and while or immediately after wrapping the middle finger and hand, say:

לִי וְאֶרְשָׁתִּיךָ , לְעוֹלָם לִי וְאֶרְשָׁתִּיךָ

Ve-e-ras-tich' li le-o-lam', ve-e-ras-tich' li

and I will betroth you to Me for eternity and I will betroth you to Me

בְּצֶדֶק _ בְּמִשְׁפָּט _ סְדִבָּהּ _ . בְּרַחֲמִים

be-tze'-dek u-ve-mish-pat' u-ve-che'-sed u-ve-ra-cha-mim'.

with righteousness and with justice and with kindness and with mercy

בָּאֵם לִי וְאֶרְשָׁתִּיךָ _ . יי אֶת וְיָדְעָה , נָה

ve-e-ras-tich' li be-e-mu-nah', ve-ya-da'-at et Adonai.

and I will betroth you to Me in faithfulness and you will know (d.o.) Adonai

To remove the tefillin, stand and unwind the strap from the fingers, and wind it temporarily around the palm. Remove the head tefillin and replace it in the box, wrapping the straps neatly. Unwrap the hand and arm tefillin, replace it in its box and wrap the strap neatly. Don't wrap the strap around the box itself, but only around the lip of the box. from To Pray as a Jew, by Rabbi Donin

1985 Siddur Sim Shalom, p. 4 – 6

Blessings before Food and Drink

Blessing of the Washing of Hands

בָּרַךְ אֱלֹהֵינוּ יי , אַתָּה ה' , הָעוֹלָם כֻּלּוֹ ,

Ba-ruch' A-tah', Adonai E-lo-hei'-nu, Me'-lech ha-o-lam',
blessed (are) You, Adonai G-d our, King (of) the universe,

קִדְּשָׁנוּ אֲשֶׁר – וְצִוָּנוּ בְּמִצְוֹתָיו –

A-she'r' kid-sha'-nu be-mits-vo-tav' ve-tsi-va'-nu

Who sanctified us with commandments His and commanded us

יָדַיִם נִטִּילַת עַל .

al ne-ti-lat' יא ya-da'-yimיא

about lifting up of both hands .

יאfrom the root נטל defined by Klein (p. 413) as: to lift, bear, take, and
“ne-ti-lah” defined as “taking, lifting, carrying.”.

יאthe suffix “-a'-yim” means two of whatever the main root signifies; in this case two
hands. pa-a-ma'-yim = two times; ei-na'-yim = two eyes; chod-sha'-yim = two months, etc.

Blessing over Bread

בָּרַךְ אֱלֹהֵינוּ יי , אַתָּה ה' , הָעוֹלָם כֻּלּוֹ ,

Ba-ruch' A-tah', Adonai E-lo-hei'-nu, Me'-lech ha-o-lam',
blessed (are) You Adonai God our King (of) the universe

הָאֲרֶץ מִן עֹלֶם הַמּוֹצֵיא

ha- mo-tsi' le'-chem min ha-a'-rets .

the (One Who) brings out bread from the earth .

Rabbinical Council of America Edition of the Artscroll Siddur, p. 224

Siddur Sim Shalom, p. 714-715

יא יא יא

**Before eating other products of wheat, barley, rye, oats or spelt
(some say also rice):**

בָּרַךְ אֱלֹהֵינוּ יי , אַתָּה ה' , הָעוֹלָם כֻּלּוֹ ,

Ba-ruch' A-tah', Adonai E-lo-hei'-nu, Me'-lech ha-o-lam',
blessed (are) You Adonai God our King (of) the universe

מְזוֹנוֹת מִיַּי בּוֹרָא .

bo-re' mi-nei' me-zo-not'.

creator of varieties of foods

⌵ ⌵ ⌵

Before drinking grape juice or wine made from grapes:

בָּרְךָ אֱלֹהֵינוּ יי , אַתָּה יְ , הָעוֹלָם כֻּלּוֹ ,

Ba-ruch' A-tah', Adonai E-lo-hei'-nu, Me'-lech ha-o-lam',

blessed (are) You Adonai God our King (of) the universe

הַגָּפֶן פְּרִי בּוֹרָא .

bo-re' pe-ri' ha-ga'-fen .

(One Who) creates of fruit (of) the vine

⌵ ⌵ ⌵

Before eating fruit of a tree:

בָּרְךָ אֱלֹהֵינוּ יי , אַתָּה יְ , הָעוֹלָם כֻּלּוֹ ,

Ba-ruch' A-tah', Adonai E-lo-hei'-nu, Me'-lech ha-o-lam',

blessed (are) You Adonai God our King (of) the universe

Rabbinical Council of America Edition of the Artscroll Siddur, p. 224

Siddur Sim Shalom, p. 714-715

הָעֵץ פְּרִי בּוֹרָא .

bo-re' pe-ri' ha-etz' .

(One Who) creates fruit (of) the tree.

⌵ ⌵ ⌵

Before eating produce which grew directly out of the earth:

בָּרְךָ אֱלֹהֵינוּ יי , אַתָּה יְ , הָעוֹלָם כֻּלּוֹ ,

Ba-ruch' A-tah', Adonai E-lo-hei'-nu, Me'-lech ha-o-lam',

blessed (are) You Adonai God our King (of) the universe

הָאֲדָמָה פְּרִי בּוֹרָא

bo-re' pe-ri' ha-a-da-mah'.

(One Who) creates fruit (of) the earth

⌵ ⌵ ⌵

Before eating or drinking other foods:

בָּרַךְ אֱלֹהֵינוּ יי , אַתָּה ה' , הָעוֹלָם כֻּלּוֹ ,

Ba-ruch' A-tah', Adonai E-lo-hei'-nu, Me'-lech ha-o-lam',
blessed (are) You Adonai God our King (of) the universe

בְּדִבְרוֹ נִהְיָה שֶׁכֹּל .

she-ha-kol' ni-he-yeh' bi-de-va-ro'.

that the all (everything) becomes, comes to exist by word His
(passive of the verb "to be")

ו ו ו

Rabbinical Council of America Edition of the Artscroll Siddur, p. 224
Siddur Sim Shalom, p. 714-715

...ASHER YATZAR...

בָּרַךְ אֱלֹהֵינוּ יְהוָה אַתָּה ה' , הָעוֹלָם כֻּלּוֹ ,

Ba-ruch' A-tah' Adonai E-lo-hei'-nu Me'-lech ha-o-lam',
blessed (are) You Adonai G-d our King (of) the universe

כְּמַהֲבֶהָ הָאָדָם אֶת יִצָר אֲשֶׁר — בָּרָא ,

A-she'r' ya-tsar' et ha-a-dam' be-choch-mah' u-va-ra'
Who created (d.o.) the human with wisdom and created

חל , נִקְבִּים נִקְבִּים בּוֹ — חל לִים . לִים

vo ne-ka-vim' ne-ka-vim', cha-lu-lim' cha-lu-lim'.

in him holes, perforations hollows, cavities, empty spaces

גַּל — וְיָד י' — שָׂאָם כְּבוֹדָךְ כִּסֵּא לְפָנֶי ע

Ga-lui' ve -ya-du'-a lif-nei' chi-se' che -vo-de'-cha she-im'
public and known before throne of glory, honor Your that if

מֵהֶם אֶחָד יִפָּתַח , מֵהֶם אֶחָד יִסָּתֵם או ,

yi-pa-te'-ach e-chad' me-hem', o yi-sa-tem' e-chad' me-hem'
will be open one of them or will be closed one of them

לְפָנֶיךָ וְלַעֲמֹד לְהִתְקַיֵּם אֶפְשָׁר אֵי .

i ef-shar' le -hit-ka-yem' ve -la-a -mod' le -fa-nei'-cha .

not possible to raise oneself and to stand before presence Your

1985 Siddur Sim Shalom, p.6~~~1998 Siddur Sim Shalom, p.63

בָּרַךְ _ רוּפָא , יְהוּה אַתָּה דְּ

Ba-ruch' A-tah' , Adonai , ro-fe'

blessed (are) You Adonai You heal

בְּשָׂר כָּל _ . לַעֲשׂוֹת מִפְּלִיא

chol ba-sar' u-maf-li' la-a -sot'.

all flesh and wonders to function*

*Although the usual translation of laasot is “to make, to do”, the use in this prayer is like it is used in the Erev Shabbat Kiddush, from Bereshit 2:3: “...asher bara Elohim laasot.” which G-d created to function (thenceforth). This was interpreted by Radak and Ibn Ezra. (see Etz Hayim p. 12)

1985 Siddur Sim Shalom, p.6~~~1998 Siddur Sim Shalom, p.63

MORNING BLESSINGS

בָּרַךְ אֱלֹהֵינוּ יי אַתָּה דְּ הָעוֹלָם מְלֶכְךָ

Ba-ruch' A-tah' Adonai E-lo-hei'-nu Me'-lech ha-o-lam'
blessed (are) You Adonai G-d our King of the universe

יוֹם בֵּין לְהַבְחִין בִּינָה לַשְׁכּוֹי נָתַן אֲשֶׁר

A-sheer na-tan' la-sech-vi' vi-nah' le-hav-chin' bein yom
Who gave to the rooster understanding to differentiate between day

לַיְלָה בֵּין .

u-vein' lai'-lah.
and between night.

בָּרַךְ אֱלֹהֵינוּ יי אַתָּה דְּ הָעוֹלָם מְלֶכְךָ

Ba-ruch' A-tah' Adonai E-lo-hei'-nu Me'-lech ha-o-lam'
blessed (are) You Adonai G-d our King of the universe

בְּצַלְמוֹ שֶׁעָשָׂנִי .

she-a-sa'-ni be-tzal-mo'.
that He made me in image His

בָּרַךְ אֱלֹהֵינוּ יי אַתָּה דְּ הָעוֹלָם מְלֶכְךָ

Ba-ruch' A-tah' Adonai E-lo-hei'-nu Me'-lech ha-o-lam'
blessed (are) You Adonai G-d our King of the universe

1985 Siddur Sim Shalom, p. 10~~~1998 Siddur Sim Shalom, p.65

יִשְׂרָאֵל שֶׁעָשָׂנִי .

she-a-sa'-ni yis-ra-el'
that He made me a Jew.

בָּרַךְ אֱלֹהֵינוּ יי אַתָּה דְּ הָעוֹלָם מְלֶכְךָ

Ba-ruch' A-tah' Adonai E-lo-hei'-nu Me'-lech ha-o-lam'
blessed (are) You Adonai G-d our King of the universe

חורין בת-בן שעשני .

she-a-sa'-ni ben/bat cho-rin'
that He made me son/daughter of freedom

בָּרַךְ אֱלֹהֵינוּ יי אַתָּה הָעוֹלָם מְלֶכֶךְ .

Ba-ruch' A-tah' Adonai E-lo-hei'-nu Me'-lech ha-o-lam'
blessed (are) You Adonai G-d our King of the universe

עוֹרִים פּוֹקֵחַ .

po-ke'-ach iv-rim'.
He opens eyes of (ones who are) blind

בָּרַךְ אֱלֹהֵינוּ יי אַתָּה הָעוֹלָם מְלֶכֶךְ .

Ba-ruch' A-tah' Adonai E-lo-hei'-nu Me'-lech ha-o-lam'
blessed (are) You Adonai G-d our King of the universe
1985 Siddur Sim Shalom, p. 10~~~1998 Siddur Sim Shalom, p.65

עֲרֻמִּים מְלַבֵּשׁ .

mal-bish' a-ru-mim'.
He clothes (ones who are) naked

בָּרַךְ אֱלֹהֵינוּ יי אַתָּה הָעוֹלָם מְלֶכֶךְ .

Ba-ruch' A-tah' Adonai E-lo-hei'-nu Me'-lech ha-o-lam'
blessed (are) You Adonai G-d our King of the universe

אֲסִי מַתִּיר . רִים

ma-tir' a-su-rim'.
(One Who) sets free prisoners/ones who are bound

בָּרַךְ אֱלֹהֵינוּ יי אַתָּה הָעוֹלָם מְלֶכֶךְ .

Ba-ruch' A-tah' Adonai E-lo-hei'-nu Me'-lech ha-o-lam'
blessed (are) You Adonai G-d our King of the universe

כַּף זֹקֵף _ . פִּים

zo-kef' ke-fu-fim'.

(One Who) straightens bent ones

בָּר _ אֱלֹהֵינוּ יי אַתָּה יְ הָעוֹלָם מְלֹךְ.

Ba-ruch' A-tah' Adonai E-lo-hei'-nu Me'-lech ha-o-lam'

blessed (are) You Adonai G-d our King of the universe

1985 Siddur Sim Shalom, p. 10~~~1998 Siddur Sim Shalom, p.65

הַמַּיִם עַל הָאָרֶץ רוֹקֵעַ .

ro-ka' ha-a'-retz al ha-ma'-yim .

(One Who) spreads out the earth upon the waters

בָּר _ אֱלֹהֵינוּ יי אַתָּה יְ הָעוֹלָם מְלֹךְ.

Ba-ruch' A-tah' Adonai E-lo-hei'-nu Me'-lech ha-o-lam'

blessed (are) You Adonai G-d our King of the universe

צָרְכִי כָל לִי שֶׁעָשָׂה .

she-a'-sah li kol tzar-ki'.

Who makes for me every need my

בָּר _ אֱלֹהֵינוּ יי הַאֵתָּה יְ הָעוֹלָם מְלֹךְ.

Ba-ruch' A-tah' Adonai E-lo-hei'-nu Me'-lech ha-o-lam'

blessed (are) You Adonai G-d our King of the universe

גֹּבֵר מִצְעָדֵי הַמַּכִּין .

ha-me-chin' mitz-a-dei' ga'-ver[⌘].

the (One Who) prepares steps of strong man

[⌘](noun ge'-ver changed vowels because it is the last word in the sentence)

בָּר _ אֱלֹהֵינוּ יי אַתָּה יְ הָעוֹלָם מְלֹךְ.

Ba-ruch' A-tah' Adonai E-lo-hei'-nu Me'-lech ha-o-lam'

blessed (are) You Adonai G-d our King of the universe

1985 Siddur Sim Shalom, p. 10~~~1998 Siddur Sim Shalom, p.65

בְּגִבּ יִשְׂרָאֵל אוֹזֵר . רַה

o-zer' yis-ra-el' bi-ge-vu-rah'.

(One Who) girds, encircles Israel with strength

⌘gird, encircle = אֹזֵר help = עֹזֵר two different silent consonants

בָּרְךְ אֱלֹהֵינוּ יְיָ אֱתָהּ . הָעוֹלָם כֻּלּוֹ

Ba-ruch' A-tah' Adonai E-lo-hei'-nu Me'-lech ha-o-lam'

blessed (are) You Adonai G-d our King of the universe

בְּתִפְאָרָה יִשְׂרָאֵל עוֹטֵר .

o-ter' yis-ra-el' be-tif-a-rah'.

He crowns Israel with splendor

בָּרְךְ אֱלֹהֵינוּ יְיָ אֱתָהּ . הָעוֹלָם כֻּלּוֹ

Ba-ruch' A-tah' Adonai E-lo-hei'-nu Me'-lech ha-o-lam'

blessed (are) You Adonai G-d our King of the universe

כֹּחַ לַיָּעֵף הַנוֹתֵן .

ha-no-ten' la-ya-ef' ko'-ach.

the (One Who) gives to the weary one strength, power, vigor

⌘ ⌘ ⌘

1985 Siddur Sim Shalom, p. 10~~~1998 Siddur Sim Shalom, p.65

...Who removes sleep from my eyes

בָּרְךְ אֱלֹהֵינוּ יי אַתָּה דְּהָעוֹלָם מֶלֶךְ

Ba-ruch' A-tah' Adonai E-lo-hei'-nu Me'-lech ha-o-lam'
blessed (are) You Adonai G-d our King of the universe

מַעֲיִנִי שְׁנָה הַמַּעֲבִיר תְּנֵה . פִּימַעֲפֵעַ מִן

ha-ma-a-vir' she-nah' me-ei-nai' u-te-nu-mah' me-af-a-pai'.
the (One Who) sleep from eyes my and slumber from eyelids my
causes to pass

אֱלֹהֵינוּ יי , מִלְפָּנֶיךָ רָצוֹן וִיהִי

Vi-hi' ra-tzon' mil-fa-nei'-cha, Adonai E-lo-hei'-nu
and will be will from Presence Your Adonai G-d our

אֲבוֹתֵינוּ וְאֱלֹהֵינוּ שְׁתַּרְגִּילֵנוּ בְּתוֹרָתְךָ

ve-lo-hei' a-vo-tei'-nu she-tar-gi-le'-nu be-to-ra-te'-cha
and G-d of fathers our that You will accustom us[⌘] with Torah Your
[⌘]make it “regular” for us to study

וְדַבְּקֵנוּ תְּבִיאֵנוּ וְאֵל , בְּמִצְוֹתֶיךָ

ve-dab-ke'-nu be-mitz-vo-te'-cha , ve-al' te-vi-e'-nu
and attach us with commandments Your and do not bring us
1985 Siddur Sim Shalom, p.10-12 ~~~1998 Siddur Sim Shalom, p.65

עֲבֶרָה לַיָּדַי וְלֹא , חֵטָא לַיָּדַי לֹא

lo liy-dei' chet, ve-lo' liy-dei' a-ve-rah' [⌘]
not* to hands of error and not to hands of sin,transgression
*Hebrew uses double negatives.

לַיָּדַי וְלֹא , נִסְיוֹן לַיָּדַי וְלֹא , וְעוֹן

ve-a-von' [⌘], ve-lo' liy-dei' ni-sa-yon' , ve-lo' liy-dei'
and iniquity,guilt and not to hands of temptation and not to hands of
[⌘]averah is from עָבַר , to pass, cross, cross over; avon is from עָוָה , to bend or twist

כָּן תִּשְׁלַט וְאַל , בְּזִיוֹן _ . הִרַע יֵצֵר

bi-za-yon', ve-al' tash-let' ba'-nu ye'-tzer ha-ra'.

shame, disgrace, and do not become master of us inclination the bad
contempt, scorn (the bad inclination or impulse)

וְהִרְחִיקֵנוּ _ רָע מֵאָדָם . רָע מִחֵבֵר

Ve-har-chi-ke'-nu me-a-dam' ra u-me-cha-ver' ra.

and keep far us from person bad and from companion bad

וְדַבְּקֵנוּ _ הַטּוֹב בְּיֵצֵר , טוֹבִים בְּמַעֲשִׂים

ve-dab-ke'-nu be-ye'-tzer ha-tov' u-ve-ma-a-sim' to-vim',

and attach us to inclination the good and to works good
(the good inclination)

1985 Siddur Sim Shalom, p.10-12~~~1998 Siddur Sim Shalom, p.65

יִצְרֵנוּ אֶת וְכוּף _ . לָךְ לְהִשְׁתַּעֲבֹד

ve-chof' et yitz-re'-nu le-hish-ta-e-bed' lach[⌘].

and compel (d.o.) inclination, impulse our to be subjugated to You

⌘lach instead of le-cha' because it is at the end of a sentence, changing the stress
to the first syllable (it just happens to correspond to the female form of "to you").

תִּתֵּן _ הַיּוֹם _ לְחֵן יוֹם בְּכָל _ לְחֶסֶד

u-te-ne'-nu ha-yom' u-ve-chol' yom le-chen' u-le-che'-sed

and give us today and in every day (for) grace and (for) lovingkindness

_, בְּעֵינֶיךָ לְרַחֲמִים _ רוֹאִין כָּל בְּעֵינֵי ,

u-le-ra-cha-mim be-ei-nei'-cha, u-ve-ei-nei' chol ro-ei'-nu ,

and (for) compassion in eyes Your and in eyes of all (who) see us

וְתַגְמִלְנוּ _ בָּר . טוֹבִים חֲסָדִים _ אַתָּה ךְּ

ve-tig-me-le'-nu cha -sa-dim' to-vim'. Ba-ruch' A-tah'

and You will pay, reward us kindnesses good blessed (are) You

. יִשְׂרָאֵל לְעַמּוֹ טוֹבִים חֲסָדִים גּוֹמֵל , יי

Adonai, go-mel' cha-sa-dim' to-vim' le-a-mo' yis-ra-el'.

Adonai (One Who) pays, kindnesses good to people His Israel

SHEMONEH ESREH FOR WEEKDAYS, ABRIDGED EIGHT TEN (EIGHTEEN)

, תִּפְתָּח שִׁפְתַּי , אֲדֹנָי

Adonai, se-fa-tai' tif-tach',
Adonai, lips my You will open

#, תְּהִלָּתְךָ יִגִּיד פִּי

u-fi' ya-gid' te-hi-la-te'-cha .
and mouth my will tell glory Your.

בָּרַךְ # אֱלֹהֵינוּ יי , אַתָּה ׀ # וְאֱלֹהֵי

Ba-ruch' A-tah', Adonai E-lo-hei'-nu ve-lo-hei'
blessed (are) You, Adonai G-d our and G-d of

אֲבוֹתֵינוּ # , אֲבֹרָהֶם אֱלֹהֵי ,

a-vo-tei'-nu , E-lo-hei' av-ra-ham',
fathers our , G-d of Abraham ,

יִצְחָק וְאֱלֹהֵי , יִצְחָק אֱלֹהֵי

, שָׂרָה אֱלֹהֵי , ב
E-lo-hei' yits-chak', ve-lo-hei' ya-a -kov', e-lo-hei' sa-rah',
G-d of Isaac , and G-d of Jacob G-d of Sarah,

: רַחֵל וְאֱלֹהֵי לֵאָה אֱלֹהֵי , רִבְקָה אֱלֹהֵי

e-lo-hei' riv-kah', e-lo-hei' le-ah', ve-lo-hei' ra-chel'
G-d of Rebekah, G-d of Leah, and G-d of Rachel
1985 Siddur Sim Shalom, p.229

, וְהַנּוֹרָא הַגָּבוֹר , הַגָּדוֹל הָאֵל

ha-el' ha-ga-dol', ha-gi-bor' ve -ha-no-ra' ,
the G-d the great , the powerful, and the awesome,
mighty terrible

, טוֹבִים חֲסִדִים גּוֹמֵל . עֲלִיוֹן אֵל

El el-yon'. Go-mel' cha-sa-dim' to-vim',
G-d most high. He rewards merciful, compassionate deeds good

, אָבוֹת חֲסִדֵי וְזוֹכֵר , הַכֹּל וְקוֹנֵה

ve -ko-neh' ha-kol' , ve -zo-cher' chas-dei' a-vot',
and he creates the all and remembers kindnesses of fathers

, בְּנֵיהֶם לְבִנֵי גּוֹאֵל מִבֵּיא

u-me-vi' go-el' li -ve-nei' ve-nei- hem',
and brings a redeemer to children of children their

. בְּאַהֲבָה , שְׁמוֹ לְמַעַן

le -ma'-an she-mo', be -a-ha -vah'.
for the sake of name His in/with love

עוֹזֵר מֶלֶךְ # מוֹשִׁיעַ # . מֶגֶן

Me'-lech O-zer' u-mo-shi'-a u-ma-gen'.
King Helper and Savior and Shield
1985 Siddur Sim Shalom, p.229

בָּרַךְ # . אֲבִרָהֶם מֶגֶן , יְיָ אֲתָהּ

Ba-ruch' A-tah', Adonai , Ma-gen' av-ra-ham'.
blessed (are) You , Adonai, Shield (of) Abraham

ⴌ ⴌ ⴌ

מְתִים מְחַיֶּה , אֲדֹנָי , לְעוֹלָם גִּבּוֹר אֲתָהּ

A-tah' gi-bor' le -o-lam', Adonai, me-cha-yeh' me-tim'
You (are) mighty to eternity, Adonai, enlivening dead

. לְהוֹשִׁיעַ רַב , אֲתָהּ

A'-tah, rav le-ho-shi'-a .
(are) You, great to save .

ⴌ From Shemini Atzeret to Pesach add:

הָר מַשִּׁיב # ח # . הַגָּשֶׁם מוֹרִיד

Mashiv ha-ru'-ach u-mo-rid' ha-ga'-shem. 𐤇

You cause to blow the wind and cause to descend the rain

𐤇 𐤇 𐤇

בְּחֶסֶד חַיִּים מְכַלְכֵּל

Me-chal-kel' chai-yim' be -che'-sed ,

you feed life (the living) with lovingkindness,

1985 Siddur Sim Shalom, p.229

, רַבִּים בְּרַחֲמִים מְחַיֶּה ,

me-chai-yeh' me-tim' be -ra-cha-mim' ra-bim' ,

You enliven (the) dead with compassion great

, חוֹלִים וְרוֹפֵא , נוֹפְלִים סוֹמֵךְ מַתִּיר

So-mech' nof-lim' , ve-ro-feh' cho-lim' , u-ma-tir'

You support (the) falling , and heal (the) sick , and free

אֲס , רִים אָמ מְקַיֵּם . עֶפְר לִישְׁנֵי נָתוּ

a-su-rim' , u-me-ka-yem' e-mu-na-to' li-she-nei' a-far' .

prisoners, and He keeps faith His to sleepers (in) dust

גִּב בָּעַל , כְּמוֹךְ מִי , רוֹת דּוֹמָה מִי

Mi cha-mo'-cha , Ba'-al ge-vu-rot' , u-mi' do'-meh

who (is) like You, Master of powers , and who resembles

מִמִּית מָלְךְ , לְךָ יְהִמֵּךְ

lach, Me'-lech me-mit' u-me-cha-yeh'

to You, King of death and of life

יֵשׁ מַצְמִיחַ . עָה

u-matz-mi'-ach ye-shu-ah' .

and (One Who) causes to grow, to spring up salvation

1985 Siddur Sim Shalom, p.229

מתים חיותלה אַתָּה וְנֶאֱמָן .

Ve-ne-e-man' A-tah' le-ha-cha-yot' me-tim'.
and reliable, (are) You to give life to, enliven dead
faithful

בָּר # . הַמְּתִים מְחַיֶּה , יְיָ , אַתָּה .

Ba-ruch' A-tah' , Adonai , me-chai-yeh' ha-me-tim'.
blessed (are) You , Adonai , giving life to, the dead
enlivening

קָדוֹשׁ וְשִׁמְךָ קָדוֹשׁ אַתָּה ,

A-tah' ka-dosh' ve- shim-cha' ka-dosh',
You (are) holy and name Your (is) holy ,

יְהִלְלֶנּוּ יוֹם בְּכָל קְדוּשִׁים . סְלָה .

u-ke-do-shim' be-chol' yom ye-ha-le-lu'-cha se'-lah .
and holy ones in every day will praise You pause & think

בָּר . הַקְּדוֹשׁ הָאֵל , יְיָ , אַתָּה .

Ba-ruch' A-tah' , Adonai , ha-El' ha-ka-dosh'.
blessed (are) You , Adonai , the G-d the holy .
(the holy G-d)

הַבִּינֵנוּ אֱלֹהֵינוּ יְיָ , דְּרָכֶיךָ לְדַעַת

Ha-vi-ne'-nu Adonai E-lo-hei'-nu la-da'-at de-ra-chei'-cha ,
cause to understand us Adonai G-d our to know ways Your
1985 Siddur Sim Shalom, p.229

לְבַבְנוּ אֶת מוֹלֵךְ לֵן וְתִסְלַח , לִירְאָתְךָ

u-mol' et le-va-ve'-nu lir-a-te'-cha , ve-tis-lach' la'-nu
and circumcise (d.o.) heart our to be in awe of You, and You will forgive to us

גָּא לַהֲיוֹת וְרַחֲקָנוּ , לִים , מִמַּכְאוֹב

li-he-yot' ge-u-lim' , ve-ra-cha-ke'-nu mi-mach-ov'
to be redeemed ones, and cause to be far us from pain, grief

וְדַשְׁנֵנוּ בְּאַרְצֶךָ בְּנֵאוֹת

ve-dash-ne'-nu bin-ot' ar-tze'-cha ,
and we will grow fat, vigorous in pastures of land Your

נָפְּךָ צוֹתֵינִי , תִּקְבְּצֵנִי מֵאַרְבַּע

u-ne-fu-tzo-tei'-nu me-ar-ba' te-ka-betz',
and dispersed ones our from four (corners of earth) You will gather

יִשְׁפֹּט דַּעְתְּךָ עַל וְהַתּוֹעִים ,

ve-ha-to-im' al da-et-cha' yi-sha-fe'-tu ,
and the (ones who) stray regarding knowledge of You will be judged

וְעַל

, יָדְךָ תִּנְיֹף הַרְשָׁעִים _____

ve-al' ha-re-sha-im' ta-nif' ya-de'-cha ,
and toward, against the wicked ones will wave, swing, brandish hand Your
1985 Siddur Sim Shalom, p.229

וְיִשְׂמְחֶנּוּ עִירְךָ בְּבִנְיָן צְדִיקִים

ve-yis-me-chu' tza-di-kim' be-vin-yan' i-re'-cha
and will be happy just ones in building of city Your

בְּתִקְנָה , הִיכָלְךָ וְקֶרֶן בְּצִמְיָחַת

uv-ti-kun' hei-cha-le'-cha , u-vi-tze-mi-chat' ke'-ren
and in repairing Temple Your and in sprouting of glory, strength

עַבְדְּךָ לְדָוִד נֵיר בְּעֵרִיכָה

le-da-vid' av-de'-cha u-va-a-ri-chat' ner
of David servant Your and in the ordering, preparation of lamp

מְשִׁיחֶךָ יֵשִׁי לְבֶן .

le-ven yi-shai' me-shi-che'-cha.
of son of Jesse annointed one Your

כֹּר . תַּעֲנֶנּוּ אַתָּה נִקְרָא טָרֵם , יֵי אַתָּה

te'-rem nik-ra' A-tah' ta-a -neh'. Ba-ruch' A-tah' Adonai,
before we will call You will answer blessed (are) You Adonai

. תַּפְלָה שׁוֹמֵעַ

sho-me'-a te-fi-lah' .

(One Who) hears prayer

1985 Siddur Sim Shalom, p.229-230

אֱלֹהֵינוּ יְיָ , רְצֵה יִשְׂרָאֵל בְּעַמָּךְ ,

Re-tzeh', Adonai E-lo-hei'-nu , be-am-cha' yis-ra-el'

be pleased, Adonai G-d our, with people Your Israel

הַעֲבוֹדָה אֶת וְהָשִׁב תְּפִלָּתָם

u-te-fi-la-tam' ve-ha-shev' et ha-a-vo-dah'

and prayer their and return (d.o.) the service, worship

. בֵּיתְךָ לְדָבִיר

li-de-vir' bei-te'-cha .

to holy of holies of House Your

, בְּרָצוֹן תִּקְבַּל בְּאַהֲבָה תְּפִלָּתָם

U-te-fi-la-tam' be-a-ha-vah' te-ka-bel' be-ra-tzon',

and prayer their with love You will receive, accept with favor

. עַמָּךְ יִשְׂרָאֵל עֲבוֹדַת תָּמִיד לְרָצוֹן תְּהִי

u-te-hi' le-ra-tzon' ta-mid' a-vo-dat' yis-ra-el' a-me'-cha.

and will be for favor always service of Israel people Your

עֵינֵינוּ וְתַחֲזִינָה בְּשׁ לְצִיּוֹן בָּךְ

Ve-te-che-zei'-nah ei-nei'-nu be-shuv-cha' le-tzi-yon'

and You will cause to behold eyes our in return Your to Zion

1985 Siddur Sim Shalom, p.230

בָּר . בְּרַחֲמִים יְיָ אַתָּה ׀

be-ra-cha-mim'. Ba-ruch' A-tah' Adonai

in mercies blessed (are) You Adonai

לְצִיּוֹן שְׁכִינָתוֹ הַמְּחַזֵּיר .

ha-ma-cha-zir' She-chi-na-to' le-tzi-yon'.

the (One Who)causes to reflect Divine Presence His to Zion.

אֲנַחְנּוּ מוֹדִים ה' שְׂאֵתָהּ , לָךְ #א

Mo-dim' a-nach'-nu lach , sha-a-tah' Hu

gratefully acknowledge we to You, that You (are) He

אֱלֹהֵינוּ יְיָ אֲבוֹתֵינוּ וְאֱלֹהֵי לְעוֹלָם

Adonai E-lo-hei'-nu ve-lo-hei' a-vo-tei'-nu le-o-lam'

Adonai G-d our and G-d of fathers our to eternity

צ . וְעַד חַיֵּינוּ ר' יִשְׁעֵנָּה מָגֵן , ,

va-ed'. Tzur chai-ye'-nu , Ma-gen' yish-e'-nu ,

and forever. Rock of life our, Shield of salvation our,

ה' אֵתָהּ לָךְ נֹדֶה . וְדוֹר לְדוֹר א

A-tah' Hu le-dor' va-dor'. No-deh' le-cha'

You (are) He to, for generation and generation. we will thank to You

1985 Siddur Sim Shalom, p.230

חַיֵּינוּ עַל תְּהִלָּתְךָ נְסַפֵּר הַמָּס , רִים

u-ne-sa-per' te-hi-la-te'-cha, al chai-yei'-nu ha-me-su-rim'

and we will tell praise, glory Your, for lives our the (ones) delivered

נִשְׁמֹתֵינוּ וְעַל , בְּיָדְךָ הַפֶּק דֹּת

be-ya-de'-cha , ve-al' nish-mo-tei'-nu ha-pe-ku-dot'

with hand Your , and for souls our the (ones) numbered, counted

מָנַע יוֹם שְׁבָכָל נִסֶּיךָ וְעַל , לָךְ ,

lach, ve-al' ni-sei'-cha she-be-chol' yom i-ma'-nu,

for You, and for miracles Your that in each day (are) with us

וְטוֹבוֹתֶיךָ נִפְלְאוֹתֶיךָ וְעַל

ve-al' nif-le-o-tei'-cha ve-to-vo-tei'-cha
and about wonders Your and goodnesses Your

. וְצִהְרִים וְבֹקֶר עֶרֶב , עֵת שְׁכָכְל

she-be-chol' et' , e'-rev va-vo'-ker ve-tso-ho-ra'-yim.
that (are) in every time, season evening and morning and noon

כָּל לֹא כִי הַטוֹב וְהַמְּרַחֵם , רַחֲמֶיךָ

Ha-tov' ki lo cha-lu' ra-cha-me'i'-cha , ve-ha-me-ra-chem'
the Good for not ended (are) mercies Your and the Compassionate
1985 Siddur Sim Shalom, p.230

תָּמַ לֹא כִי קָ מֵעוֹלָם , חֲסִדֶיךָ יְנִי לָךְ

ki lo ta'-mu cha-sa-dei'-cha , me-o-lam' ki-vi'-nu lach.
for not finished (are) kindnesses Your, from eternity we hoped for you

, שִׁמְךָ וְיִתְרוֹמָם יִתְבָּרַךְ כֻּלָּם וְעַל

Ve-al' ku-lam' yit-ba-rach' ve-yit-ro-mam' shim-cha',
and for all of them will be blessed and will be exalted name Your ,

מִלְכֵּנוּ # . וְעַד לְעוֹלָם תָּמִיד ,

mal-ke'-nu , ta-mid' le-o-lam' va-ed'.
king our , continuously to eternity and forever.

יֹדֵי הַחַיִּים וְכָל # , שְׁלָהָה

Ve-chol' ha-chai-yim' yo-du'-cha se'-lah ,
and all the living will thank You pause and consider ,

וְיִהְיֶה לָּךְ # הָאֵל , בְּאֵמֶת שִׁמְךָ אֵת

vi-ha-le -lu' et shim-cha' be-e-met', ha-el'
and they will praise (d.o.) name Your in truth , the G-d

יֵשׁ עֲתָנ וְעֶזְרָתָנוּ . סֵלָה

ye-shu-a-te'-nu ve-ez-ra-te'-nu se'-la.

help, salvation our and help, assistance our pause and consider.

1985 Siddur Sim Shalom, p.230

בָּרַךְ שְׁמֶךָ הַטּוֹב , יְיָ , אַתָּה רַךְ

Ba-ruch' A-tah', Adonai, ha-tov' shim-cha'

blessed (are) You, Adonai, the good (is) name Your

. לְהוֹדוֹת נָאָה לָךְ .

u-le-cha' na-eh' le-ho-dot'.

and to You it is befitting to give thanks

✧ For morning prayers, shacharit:

טוֹבָה , שְׁלוֹם שִׁים וְחֶסֶד חֵן בְּרָכָה

Sim sha-lom', to-vah', u-ve-ra-chah', chen , va-che'-sed

place peace goodness and blessing favor, grace and kindness

עָלֵינוּ וְרַחֲמִים . עֲמָךְ יִשְׂרָאֵל כָּל וְעַל

ve-ra-cha-mim' a-lei'-nu ve-al' kol yis-ra-el' a-me'-cha .

and mercy upon us and upon all Israel people Your

בְּרַכָּנוּ אֲבוּנוּ , כְּלָנוּ , פָּנֶיךָ בָּאוּר כְּאַחַד

Bar-che'-nu , A-vi'-nu , ku-la'-nu ke-e-chad' be-or' Pa-nei'-cha ,

bless us Father our all of us as one in light of Presence Your

לָנוּ נָתַתָּ פָּנֶיךָ בָּאוּר כִּי אֵלֵהֵינוּ , ,

ki be-or' Pa-nei'-cha na-ta'-ta la'-nu , Adonai E-lo-hei'-nu,

because in light of Presence Your You gave to us, Adonai G-d our

1985 Siddur Sim Shalom, p.230

, חֶסֶד וְאַהֲבַת יִם תּוֹרַת צְדָקָה

to-rat' chai-yim' ve-a-ha-vat' che'-sed , u-tze-da-kah'

a Torah of life and love of kindness and justice

וְשָׁלוֹם וְחַיִּים וְרַחֲמִים בְּרָכָה .

u-ve-ra-chah' ve-ra-cha-mim' ve-chai-yim' ve-sha-lom'.
and blessing and mercy and life and peace.

יִשְׂרָאֵל עֲמָךְ אֶת לְבָרְךָ בְּעֵינֶיךָ וְטוֹב

Ve-tov' be-ei-nei'-cha le-va-rech' et am-cha' yis-ra-el'
and good in eyes Your to bless (d.o.) people Your Israel

עֵת בְּכָל . בְּשָׁלוֹמְךָ שְׁעָה בְּכָל

be-chol' et u-ve-chol' sha-ah' bi-shlo-me'-cha .
in every season and in every hour with peace Your

בָּרַךְ , יְיָ אֲתָהּ

Ba-ruch' a-tah', Adonai ,
blessed (are) You , Adonai

בְּשָׁלוֹם יִשְׂרָאֵל עִמּוֹ אֶת הַמְּבָרֵךְ

ha-me-va-rech' et am-o' yis-ra-el' ba-sha-lom'.
the (one who) blesses (d.o.) people His Israel with the peace
For afternoon and evening prayers (begins on next page):
1985 Siddur Sim Shalom, p.230

תִּבֵּל יוֹשְׁבֵי כָּל וְעַל עַמְּךָ יִשְׂרָאֵל עַל רַב שְׁלוֹם

Sha-lom' rav al yis-ra-el' am-cha' ve-al' kol yosh-vei' te-vel'
peace great upon Israel people Your and upon all dwellers of earth

ה אֲתָהּ כִּי , לְעוֹלָם תִּשָּׂא מֶלֶךְ א

ta-sim' le-o'-lam', ki A-tah' Hu Me'-lech
You will place, lay, put for eternity, because You (are) He King

לְבָרְךָ בְּעֵינֶיךָ וְטוֹב . הַשְׁלוֹם לְכָל אָדוֹן

A-don' le-chol' ha-sha-lom'. Ve-tov' be-ei-nei'-cha le-va-rech'
Master of all the peace and good in eyes Your to bless
(the Master of all peace)

עֵת בְּכָל יִשְׂרָאֵל עִמָּךְ אֵת

et am-cha' yis-ra-el' be-chol' et

(d.o.) people Your Israel in each, every time, season

. בְּשָׁלוֹמְךָ נְעֶה בְּכָל

u-ve-chol' sha-ah' bi-shlo-me'-cha.

and in every hour with peace Your.

בָּרַךְ הַמְּבָרֵךְ , יְיָ , אַתָּה יְיָ

Ba-ruch' a-tah', Adonai , ha-me-va-rech'

blessed (are) You , Adonai , the (one who) blesses

. בְּשָׁלוֹם יִשְׂרָאֵל עִמּוֹ אֵת

et a-mo' yis-ra-el' ba-sha-lom'. 𐤀

(d.o.) people His Israel with the peace.

1985 Siddur Sim Shalom, p.230__

ELOHAI NESHAMAH...

הִיא טְהוֹרָה בִּי שְׁנָתָה נְשָׁמָה , אֱלֹהִי .

E-lo-hai', ne-sha-mah' she-na-ta'-ta bi te-ho-rah' hi .

God my , soul which you gave in me pure (is) it,f.

יִצְרָתָה אֲתָה , בָּרָאתָה אֲתָה ,

A-tah' be-ra-tah', A-tah' ye-tsar-tah',

You created it, f. You formed it, f.

מְשַׁמְרָה וְאֲתָה , בִּי נִפְחָתָה אֲתָה

A-tah' ne-fach-tah' bi, ve-a-tah' me-sham-rah'

You breathed it, f. in me, and You preserve, guard it, f.

בְּקִרְבִּי שְׁהִנְשָׁמָה זְמַן כָּל . בְּקִרְבִּי

be-kir-bi'. Kol ze-man' she-ha-ne-sha-mah' be-kir-bi'

in interior my. all time that the soul (is) in interior my

אֱלֹהֵי יי , לְפָנֶיךָ אֲנִי (מוֹדָה) מוֹדָה

mo-deh'/mo-dah' a-ni' le-fa-nei'-cha, Adonai E-lo-hai'

thank (m.) thank (f.) I to/for Face/Presence Your , Adonai G-d my

1985 Siddur Sim Shalom, p. 8~~~1998 Siddur Sim Shalom, p.63

הַמַּעֲשִׂים כָּל רִבּוֹן , אֲבוֹתֵי וְאֱלֹהֵי

ve-lo-hei' a-vo-tai' , Ri-bon' kol ha-ma-a -sim' ,

and G-d of fathers my Ruler of all the works

בָּר . הַנְּשָׁמוֹת כָּל אֲדוֹן : אֲתָה ׀

A-don' kol ha-ne-sha-mot'. Ba-ruch' A-tah'

Possessor of all the souls Blessed (are) You

מֵתִים לְפָגְרִים נְשָׁמוֹת הַמַּחְזִיר , יי

Adonai, ha-ma-cha-zir ne-sha-mot' lif-ga-rim' me-tim'.

Adonai the (One Who) souls to bodies dead

causes to return

